

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, June 27, 2013 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Danny Gomez, Michael Kmet and Benita Rivera

BOARD MEMBERS ABSENT: Marco "Tulio" Escobar,

STAFF PRESENT: Ismael Aguila, RCS Operations Manager
Linda Bowden-Moreno, Office Specialist
Mayor ProTem Sylvia Ballin

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:00 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden-Moreno.

Present: Angel Avila, Danny Gomez, Michael Kmet, Benita Rivera

Absent: Marco "Tulio" Escobar

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the June 27, 2013 Senior Citizen Advisory Board Meeting

Motion: Angel Avila
For: Unanimous
Against: None
Abstained: None

Second by: Benita Rivera

V. APPROVAL OF MINUTES

Motion was made to approve the minutes for the April 25, 2013 Senior Citizen Advisory Board Meeting.

Motion:	Benita Rivera	Second by:	Angel Avila
For:	Unanimous		
Against:	None		
Abstained:	Danny Gomez		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

A. Housing Rights Center (Marisol Arzate)

- Ms. Arzate, Director of Outreach and Education with the Housing Rights Center, provided the board with information regarding the services provided by this agency. Services include investigating discrimination complaints, free resources such as legal assistance and answers to questions to any landlord/tenant issues. This agency oversees the County of Los Angeles in the area of housing rights. A new office has just opened in the City of Van Nuys.
- Low income and senior housing referrals can be provided by this organization.
- Brochures and contact information provided to the Board Members.
- Benita Rivera had questions regarding the senior housing apartments and rent control in the City of San Fernando. Ms. Arzate reported that privatized buildings are not subject to rent control protection.

IX. OLD BUSINESS

A. Board Member Appointment Update (Introduction of New Board Member: Danny Gomez)

- Staff introduced new Board Member, Danny Gomez, appointed by the Park Avenue Club.
- The Board welcomed Danny Gomez.
- Danny discussed his concern regarding parking issues at Recreation Park. This item will be added to next month's agenda in order to have more dialogue regarding this matter.

B. CSUN/San Fernando Wellness Partnership Update (Liane Fujita)

- Ismael reported that attendance has been steadily increasing in the 22 classes under the Wellness Partnership.
- Class attendance may slow down in August, as this has been the case in the past due to summer vacation but usually pick up again in September.

C. Elderly Nutrition Program Update

- Staff reported that the QA meeting was conducted on June 19, 2013 with the dietician and the caterer. One of positive items discussed was the improvement of the quality of the meals. Participants liked the Chicken Burgundy, Pot Roast and Crispy Fish Tacos.
- Things that need improvement include the ensuring that dividers are inserted correctly in the HDM meals to avoid messy food and also ensuring that the caterer brings the correct number of side dishes for the Congregate Meal Program to avoid delay in serving the meal. The caterer will make every effort to avoid these errors.
- The next QA meeting is scheduled for Thursday, July 25th.
- The 2013-2014 menu was just approved and will be implemented July 1st. Mr. Kmet has reviewed and approved the new menu.
- Farmers Market Coupons valued at \$20.00 will be distributed beginning Monday, July 1, 2013

D. Senior Programming Update

- The Senior Aerobics and Yoga Summer Classes have started. Cost is \$35.00 (twice a week) or \$70.00 (four times week) for Aerobics and \$40.00 for Yoga. The summer session lasts six weeks. The Senior Zumba Class is on Fridays at 10:00 a.m. and registration is ongoing. Registration for classes is handled by Las Palmas Park staff.
- The Las Palmas Senior Club presented the El Mariachi Tesoro de San Fernando with a plaque in appreciation for their performance at the Mothers Day and Fathers Day Senior Club Dances.
- The Food Bank is offering monthly food distributions for seniors. Several members of the Las Palmas Senior Club have assisted in the food distribution keeping the process orderly. The last distribution served over 230 people. The next distribution is scheduled for July 16, 2013.
- LA County Dept. of Consumer Affairs held a workshop today addressing topics concerning fraud, elder abuse and other important subjects. Edison representatives provided information regarding senior discounts.
- The Senior Meal Program will hold a Fourth of July celebration on Wednesday, July 3, 2013. Music, raffles and goodies will be provided.

X. STAFF COMMUNICATIONS

- Ismael informed to the Senior Board that a Homebound Delivery Meal recipient was hospitalized due to a report by the HDM driver indicating the woman was in need of medical attention. The woman resides alone and is very elderly. In cases where an elderly person lives alone, it is important for other community members to report any safety concerns.
- Ismael reported that the Fourth of July event has been cancelled due to difficulty in raising funds to cover the \$25,000 needed for the event.
- Ismael reported that the City is now starting a new Fiscal Year. Next meeting will focus on discussion regarding the purpose of the board and priorities for the board. With the addition of a new board member, this will be a good time to discuss rules, guideline, goals and priorities for the Senior Board.
- Ismael reported that July is *Parks and Recreation Month*. The lifeguard staff will be recognized at the next Council Meeting.
- Clean-Up Days at Rudy Ortega Park will be held during the summer on the last Saturday of the month. Volunteers are needed to help.

- Next Senior Board meeting will be on July 25, 2013.

XI. BOARD MEMBER COMMENTS

- Benita Rivera reported an incident concerning a volunteer that was reportedly offended by an ENP participant. Staff was unable to pursue the matter without a complaint from the “victim”. The volunteer has since decided to discontinue her volunteer service at Las Palmas.
- Benita Rivera reported that the sidewalk just outside the LP Gym is a safety concern as it is lifted and may cause someone to trip. In addition, there is shrubbery near the LP Gym exit that is in need of trimming and pruning to keep a neat appearance.
- Mr. Kmet welcomed new Board Member, Danny Gomez to the Senior Citizen Advisory Board.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:45 p.m.

Motion:	Michael Kmet	Second by: Benita Rivera
For:	Unanimous	
Against:	None	
Abstained:	None	