

# THE CITY OF SAN FERNANDO

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## PRESS RELEASE

FOR IMMEDIATE RELEASE

CONTACT: Julian Venegas, Director of Recreation and Community Services

(818) 898-7381

DATE: May 14, 2018

### SENIOR EXPO 2018

San Fernando, CA – On Friday, May 18, 2018, between the hours of 9 am and 1 pm, the City of San Fernando Recreation and Community Services Department will host the Annual Senior Expo. The event will be held at Las Palms Park located at 505 South Huntington Street, San Fernando. The festivities include exhibitions, health screenings and fitness demonstrations. A continental breakfast and lunch will be available to all participants on a first come first serve basis. In addition, there will be live performances, giveaways and a dance that culminates the celebration.

The Senior Expo 2018 is a free event made possible with the collaboration and support from Healthcare Partners Medical Group, San Fernando Medical Center, Blue Shield of California, Care 1<sup>st</sup> Health Plan, Humana, Facey Medical and Breath of Fitness. The health screenings available to participants include: Bone Density, Body Mass Index, Blood Pressure, Carotid Artery and Glucose Screening. A complete list of the Senior Expo 2018 vendors is as follows:

Vendor	Information
Anthem Blue Cross	Medicare/Medical
HealthCare Partners Medical Group	Bone Density Screening, Insurance and Medicare
Community Integration Services Inc.	Agency Information Flyers, DVD's,
Personal Assistance Services Council	Information related to IHSS,
Providence Community Health Dept.	BMI Screening, Senior outreach program and volunteer information
San Fernando Medical Center	Blood Pressure Screening, Health educational materials
Breath of Fitness	Zumba Demo, Flyers for programs
Alzheimer's Greater Los Angeles	Information programs and services

## ADMINISTRATION DEPARTMENT

117 MACNEIL STREET  
SAN FERNANDO  
CALIFORNIA  
91340

OFFICE OF THE  
CITY MANAGER  
(818) 898-1202

**PRESS RELEASE**

Senior Expo 2018

Page 2 of 2

<b>Vendor</b>	<b>Information</b>
United Health Care	Informative flyers, business services
Health Care Access Insurance Services	Promote Clinic, Day Medicare Advantage Plan
Facey Medical Group	Carotid Artery Screening, Location Sheets, medical group information.
Anthem Blue Cross - Caremore	CMS Compliant print, water, granola bars
Care 1st Health Plan	Agency Flyers
Hillview Mental Health Center	Flyers, fact sheets
LA Care	Monthly activity calendars, class flyers
Office of Senator Hertzberg	"Identity Theft & Protecting Your Privacy," When Disaster Strikes", Cal Fresh, Earned Income Tax Credit Information
BlueShield of CA	Benefit highlight English/Spanish, promo items
Humana	Medicare Information
Crafty Ladies	Information on social group
YWCA San Gabriel	Nutritional Information and Domestic Violence
City of San Fernando - Pickle Ball	Introduction of the sport and interest list
Kaiser Permanente	Information on Diabetes and prevention, future seminars
VIC	Meals on Wheels Program
Office of Congressman Tony Cardenas	Brochures, information about federal offices
3 Wins Fitness	Flyers about 3WF and exercise demonstration
Neighborhood Legal Services of LA County	Health Related Legal issues flyer, services of organization
SCAN Health Plan	Medicare advantage, benefit highlight
Applied General Agency	Agency information
San Fernando Community Health Center	Glucose Screening, Primary Health Care information, DSME classes information, Diabetes Cooking Classes, Classes
Ceballos Estate Planning Services	Agency Information in English/Spanish

For more information regarding the Senior Expo 2018, please call Marisol Diaz, Program Specialist at (818) 898-7340.

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