


You are invited.



life is limitless.
never stop.



Join us for a special ¡Unidos! community event!
Bring your friends and family members....

Date: Saturday July 14, 2018
Time: 10 a.m. to 2 p.m.
Place: San Fernando Recreation Center
208 Park Ave., San Fernando

Join us and certified trainer and nutritionist Sima Cohen as we present healthy living tips, a food demonstration, and exciting raffles for fun prizes.

Arrive early, registration on site

Due to limited space, only registered guests will be admitted.

¡Unidos!

blue 
california

Care1st
HEALTH PLAN