

All Inclusive



**ZUMBA**<sup>®</sup>  
fitness



**Wednesdays @ 6:30pm**

**Recreation Park– 208 Park Ave.**

Same great, high-energy class tailored towards individuals with limited mobility or special needs. Class is open to individuals 14 years of age and older of all levels of physical fitness and will be led by Zumba instructor Leilani Ayson.

*Participants must be accompanied by parent, guardian or caregiver.*

**JOIN US FOR A FREE DEMO CLASS ON**

**Nov. 28th, Dec. 5th & 12th\***

*\*Official class will begin in January as part of the Healthy New Year Fitness Schedule and will be available through the Zumba Pass- \$25 for 10 classes*



**For more information:**

**(818) 898-1290 / [www.sfrcs.com](http://www.sfrcs.com)**

Si necesita asistencia en la traducción, llame al (818) 898-1290

