SUMMMER

SEPTEMBER 2020

Recscape thru Play, Exercise and Creativity

This Month in RecScape...

Mariachi Master Apprentice Program

20 Years of Talent & Tradition

Las Palmas Golden Fun League Activities for Older Adults

Fun From Home After School Projects for Kids

Youth Programs Teens For A Better Community Tutčint Youth <u>Empowerment Program</u>

Community Happenings

Virtual Recreation & Community Services

p. 818-898-1290
e. recreation@sfcity.org
a. 208 Park Ave., San Fernando, CA
w. www.sfcity.org/sfrecreation

FSFRecreation OfficialCityOfSanFernando





The Show Must Go On...

Uncertain times call for creative measures and the City's Mariachi Master Apprentice Program (MMAP) answered that call. Under the direction of master instructor Sergio Alonso, the participants have been able to continue with the program via Zoom breakout sessions. This year the program celebrates 20 years of talent and tradition. To commemorate the years

of success, instructors and participants are working hard to prepare an amazing set for the City's first ever virtual Mariachi Concert. Click on the picture for a sneak peak!

Mariachi Tesoro de San Fernando Virtual Concert Sunday, September 27, 2020 Visit <u>sfcity.org/mmap</u> for more information





The Mariachi Master Apprentice Program, celebrates 20 years in the making. The project was created in collaboration with the late Natividad "Nati" Cano, founder of the world renowned Mariachi Los Camperos, and the City of San Fernando. What began as an experiment has now developed into an award winning, nationally recognized program that unites young students with master musicians to study the popular and traditional Mexican music art form. Master instructors include members of the Grammy Award-winning Mariachi Los Camperos de Nati Cano: Jesus Guzman, Sergio Alonso, Juan Jimenez, and Ernesto Lazaro.





In 2012, MMAP received the National Arts & Humanities Youth Program Award and was invited to perform at the White House for First Lady Michelle Obama.



Not only is the program nationally recognized, it has also won many competitions in New Mexico, Arizona and are two-time "Best of the Best in California" State Fair Champions. In 2019, after taking first place they had the honor of sharing the stage with the legendary Mariachi Vargas de Tecalitlan.



Needless to say the program has proven to be quite a success. In 20 years, master instructors, mentors and City staff have devoted countless hours to ensure a quality program that not only enhances the cultural knowledge of young students but also serves as a catapult for their own personal success. MMAP alumni have gone on to pursue a higher education at institutions such as: CSUN, CSUSF, UCLA, UCSB, Berkely, Loyola Marymount, NAU, Stanford and MIT to name a few. Some have also returned as mentors for MMAP, paying it forward to the community.



LAS PALMAS GOLDEN FUN LEAGUE



Monthly Senior Highlight

Emily Petito has been a long time member of the Las Palmas Senior Club. She is an active member participating in dances, meetings and most importantly the trips. She also enjoys participating in the Golden Fun League; "I love the Golden Fun League with all the activities and getting to see the staff and other players in trivia and loteria. It's good to keep in touch with people."

Emily celebrated her birthday in August by focusing on self care and enjoying a quiet dinner at home.

The month of August was full of fun and exciting games. On August 14th Community Services Supervisor, Juan Salas, led a lunch time Trivia session on American History and Woman's Voting Rights. Participants had a great time learning about the history of voting rights and the amendment that declared woman's right to vote. Our top contestant was Eleanor Villanueva with 11 points, followed by Emily Petito with 9 points.





On August 21st, the League introduced a virtual game of Scattergories. Although there were only a few participants, those who joined had a "fun afternoon" as Maria Madrigal shared about her participation. If you missed our first game of Scattergories, mark your calendars for an exciting second round on September 17th at 12:00 p.m.

A celebration was in order as we wrapped up our inaugural season of the virtual Golden Fun League, first in its kind for our Senior Services Division. And what better way to celebrate than by honoring our senior citizens with an ice cream giveaway on National Senior Citizen's Day on August 21st. Approximately 50 seniors drove-thru Las Palmas Park and received a goodie bag with a USB fan, and Regal pen as well as a lemon or strawberry popsicle. It was a sweet treat for us all to see many of our participants in person. Special thanks to Anthem Blue Cross and Regal Medical Group for their support in celebrating our Seniors!



MORE FUN IN SEPTEMBER!

This year Grandparent's Day falls on September 13th and the League will be celebrating on Monday, Sept., 14th from 8 a.m. to 10 a.m. with a drive-thru "Pan con Cafe!" The contactless giveaway will take place at Las Palmas Park. Anthem agents will be onsite to answer any healthcare plan questions.



Stay Connected and Join the Fun!

For assistance accessing the virtual activities call 818-898-7340.

FUN FROM HOME

Looking for ideas to keep the kids busy while staying safe at home? Check out the links below for some fun and creative projects. Activities are suitable for children ages 5-13 or as family projects. Please note that some projects may require parent/adult supervision.

Trouble with the links? Just hold the CRTL button and click on the link or right-click and select "Open Hyperlink"

AFTER SCHOOL PROJECTS

PINEAPPLE ART

All Ages

Supplies: construction paper, scissors, card stock, ruler, glue stick, pencil and permanent marker

HAND AND FOOTPRINT CRAFTS

All Ages Supplies: listed on the link for various projects

HANDPRINT DOODLE ART

Ages: 9-13 Supplies: construction paper, permanent marker, scissors and glue stick

ZOO ANIMAL TOILET PAPER ROLL CRAFTS

Ages: 5-8 Supplies: listed on the link for the various projects

BEAN ART ANIMALS

Ages: 7-13

Supplies: scrap cardboard, white glue, pencil, dried beans (various sizes), folk art multi-surface acrylic paint, paintbrushes

MARBLE MAZE GAMES

Ages: 9-13 (adult supervision) Supplies: cardboard, marker/pencil, circle pattern (quarter size), glue and exacto knife

Projects and activities were obtained from the following sources: YouTube, Pinterest & DIY.com

MARBLE MAZE

Ages: 5-8

Supplies: shallow box, plastic straws, marbles, glue, duct tape, scissors, pencil (optional)

MARBLE RUN

Ages: All Ages (adult supervision) Supplies: cardboard, craft sticks, hot glue gun, marbles, paper cups

ROBOTIC HAND

Ages: All Ages (adult supervision) Supplies: tape, scissors, card stock plastic drinking straws, straws with bigger diameter, yarn or twine

STRAW GEODESIC DOME AND SPHERE

Ages: All Ages Supplies: straws, pipe cleaners, scissors, ruler



Youth Programs

Teens For A Better Community

The Teens for a Better Community (TBC) and Counselor in Training (CIT) programs offer youth the opportunity to work side by side with Recreation staff to obtain valuable work experience and earn service hours. Unfortunately the programs were cancelled this past summer due to the pandemic. However, staff is working on creating some fun virtual events like a Rock, Paper, Scissors Tournament and Pet Fashion Show for the month of September.



Every year during the month of August, the TBC and Las Palmas Senior Citizen Club collaborate to help raise funds for the teens. The teens are invited to sell refreshements at the August summer dance



and in return the Club donates all profits; helping fund activities, trips and uniforms for the youth program. The teens and seniors have also come together to create projects for the teens to sell at various City events. The department hopes to host many more intergenerational activities that will gather the two groups together to continue learning from one another.

If you're between the ages of 13-17 and would like to join TBC, stop by City Hall and pick up an application. Virtual group meetings begin in September. All hours spent with the program will be recorded as community service hours.

Tutčint Youth Empowerment Program



Now Enrolling for Fall 2020 Free for Youth 13-17 yrs

Online Program

Creating Social Justice leaders by reclaiming our Indigenous knowledge, and focusing on a holistic approach to well-being

Tutoring: Mondays/Wednesday 3-5pm Cultural Program: Tuesdays/Thursdays 5-7pm Recreation/Wellness: Alternate Saturdays 9-11am

Call (818) 336-6105

for Information

Complete Referral on our website: https://www.pukuu.org/tutcint/



Pukúu Cultural Community Services partnered with the City of San Fernando to establish Tutčint Youth Empowerment Program, a free program serving youth between the ages of 13-17. Tutčint offers academic support and cultural programs, with the goal of creating Social Justice leaders by reclaiming Indigenous knowledge, and focusing on a holistic approach to well-being.

Tutčint is now enrolling for the Fall 2020 Online Program. Interested individuals can visit the Pukuu website to complete the referral form or call (818) 336-6105 for more information.

Pukúu Cultural Community Services is a non-profit charitable organization that offers services for low-income American Indian families such as: relief to those in emergency situations, helpthose in fostering, adopting, and educating American Indian youth and cultural awareness. (Information acquired from Pukúu website)

Community San Fernando Community Theatre Presents Dia de Los Muertos Film Festival Oct. 31 - Nov. 2, 2020



Dia de Los Muertos is a celebration in the Latino community that reflects, mourns, and honors family. The San Fernando Community Theatre (SFCT) will host a film festival to reflect the tradition and culture of this beloved homage past and present. SFCT invites film submissions from the public that revolve around Dia de Los Muertos. Top filmakers in four categories will be selected to screen their film during the festival.

Submission Guidelines

Films may be live action or animated. Presently there are no separate categories for live action or animation. However, based on the number of films submitted separate categories may be formed. The filmmaker must live, work or go to school in San Fernando. Submissions will be uploaded via the link below in order to participate in the festival. The SFCT panel will accept film entries



Judging Criteria:

- 25% Originality and uniqueness of the premise of the story
- 25% Creativity in storytelling and production design
- 25% Impact and general effect over your audience
- 25% Technical Criteria
 - Maximum run time of 3:12
 - Film must have a title and credits
 - All footage, images, music and sound must be the property of the filmmaker or the filmmaker must provide physical proof of permission to use said footage, images, music and sound.

The top two films in each age group will be selected for screening during the festival. The SFCT panel will also select one film as Best Film of the Festival. Each winner and runner up will receive a modest honorarium and recognition at a future City Council meeting, date TBD.



Submission Link:

https://sanfernandoca.myrec.com/info/activities/program_details.aspx?ProgramID=29883







<u>Age Categories & Fees</u> 11 and Under, Free 12-15, Free 15-20, Free 21+, \$20 submission fee



Dia De Los Muertos Virtual 5k

SAVE THE DATE

OCT. 24 - NOV. 2, 2020