

**RECREATION & COMMUNITY SERVICES**  
**SENIOR CITIZEN ADVISORY BOARD**

**MEETING MINUTES**  
**Thursday, January 24, 2013 - 1:00 PM**  
**LAS PALMAS PARK**  
**505 S. HUNTINGTON STREET, SAN FERNANDO, CA**

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,  
Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Virginia Ufano, Community Services Supervisor  
Linda Bowden-Moreno, Office Specialist

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**I. CALL TO ORDER**

Michael Kmet called the meeting to order at 1:02 p.m.

**II. PLEDGE OF ALLEGIANCE**

Led by Angel Avila

**III. ROLL CALL**

Roll call by Linda Bowden-Moreno.

Present: Angel Avila, Marco "Tulio" Escobar, Michael Kmet, Benita Rivera

Absent: None

**IV. APPROVAL OF AGENDA**

A motion was made to approve the agenda for the January 24, 2013  
Senior Citizen Advisory Board Meeting

Motion: Benita Rivera  
For: Unanimous  
Against: None  
Abstained: None

Second by: Marco "Tulio" Escobar

**V. APPROVAL OF MINUTES**

A motion was made to approve the minutes for the August 23, 2012  
Senior Citizen Advisory Board Meeting

Motion:	Angel Avila	Second by:	Benita Rivera
For:	Unanimous		
Against:	None		
Abstained:	None		

**VI. CORRESPONDENCE**

- None at this time

**VII. PUBLIC COMMENT**

- None at this time

**VIII. NEW BUSINESS**

- None at this time

**IX. OLD BUSINESS**

**A. CSUN/San Fernando Wellness Partnership Update**

- Liane Fujita unable to attend today's meeting. Item tabled.

**B. Elderly Nutrition Program Update**

- Staff reported that this morning's QA meeting included discussion with the dietician and the catering company on delivery arrival times and food temperature. There have been improvements in these areas lately.
- A meeting to discuss the new menu will be scheduled in the near future. New food requirements will be included in the new menu such as the new requirement to include 3 grams of fiber. Nutrition Program participants will be asked for their input. The menu will be completed by April.
- The next QA meeting will be scheduled on 2/12/13. An in service training will be conducted to focus on donations

**C. Senior Programming Update**

- The latest list of trips and excursions was distributed to the board. Reservations for trips from July-December will be taken in May. Hawaii trip reservations are being accepted at this time.
- Flyers for the next Neighborhood Watch meeting were distributed.
- AARP Driver Safety Program Classes continue to be offered at Las Palmas Park. Dates of upcoming classes were presented to the board.

**D. Board Member Appointment Update (Nominate Sector: Park Avenue)**

- Applications for Senior Board membership were distributed to members of the Park Avenue club. At this time, one individual expressed interested in being appointed to the Board.
- Staff will follow up with the application process in an effort to fill the current vacancy.

**X. STAFF COMMUNICATIONS**

- Staff distributed list of Senior Board meeting dates for 2013 to board members.
- Next Senior Board meeting will be on February 28, 2013.

**XI. BOARD MEMBER COMMENTS**

- Mr. Kmet discussed the importance of emergency preparedness in the event of a disaster.
- Benita Rivera discussed the Nutrition Program ticket distribution process. She expressed concern that some seniors have a more difficult time getting to the park due to health or transportation issues. She feels that the distribution process should be changed to allow those who take the bus an opportunity to obtain a meal ticket.
- Staff explained that the program will not allow any kind of preferential treatment. The tickets must be distributed on a first-come first-served basis in order to be in compliance. Arrangements can be made to have a designated person come in and pick up the ticket for a senior who has a difficult time getting to the park.

- Benita Rivera commented that Las Park is in need of more consistent maintenance. Leaves and debris must be routinely removed in order to keep a tidy and neat appearance.
- Benita reported a need to address the growing number of potholes throughout the City.

## **XII. ADJOURNMENT**

There being no further business, the Senior Board meeting was adjourned at 1:47 p.m.

Motion:	Marco "Tulio" Escobar	Second by: Angel Avila
For:	Unanimous	
Against:	None	
Abstained:	None	