

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, January 26, 2012 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
Clara Krum and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist
Linda Bowden Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:01 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden Moreno

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum and
Benita Rivera

Absent: none

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the January 26, 2012 Senior
Citizen Advisory Board Meeting

Motion:	Benita Rivera	Second by: Marco "Tulio" Escobar
For:	Unanimous	
Against:	None	
Abstained:	None	

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the October 27, 2011
Senior Citizen Advisory Board Meeting

Motion:	Angel Rivera	Second by:	Marco "Tulio" Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

A. Smoke-Free Ordinance: Esther Schiller, Executive Director of S.A.F.E.

- Ms. Schiller discussed the health impact of third hand smoke on those living in multi-family units.
- Ms. Schiller presented the Senior Board with the outcome of the surveys conducted in the City of San Fernando. The results indicate that most people prefer to live in smoke free multi-family units.
- Ms. Schiller asked for the support of the board members in pursuing a smoke-free ordinance in the City of San Fernando.
- After some discussion among board members, consensus was reached in supporting Ms. Schiller in her effort to pass this ordinance.
- Ms. Schiller will contact staff once she is ready to approach City Council with her request of passing a City Ordinance. She will be asking for a letter of support signed by Senior Board Chairman, Michael Kmet on behalf of the Senior Citizen Advisory Board.

IX. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita was not available to attend meeting: Item tabled.

B. Red Cross Emergency Preparedness Workshop Update

- Maribel Perez reported that the Red Cross would be providing an evening workshop for the Spanish speaking community. The proposed dates for the workshop are February 9, 16 or the 23.
- Flyers will be distributed once the date and time are confirmed.

C. Elderly Nutrition Program Update

- An RFP was submitted on 1/17/12 for next year's congregate meals.
- The number of congregate meals served will be increased from 40 meals per day to 50-55 meals per day.
- The homebound meals will also be increased from the current 26 meals to 40 meals per day.
- Ms. Ufano reported that the Facility Audit resulted in a perfect score of 100%.
- The Quality Assurance meeting was held and the caterer was informed of areas that need improvement such as avoiding overcooking of certain food items.
- In-home assessments for HDM participants will begin next month.
- Demographic surveys will be conducted for HDM clients.
- The menu for next year is in preparation. Clients will be surveyed to gather input for selection of menu items.
- Ms. Krum inquired about HDM services for Sylmar residents. Staff will provide information to her after the meeting.
- The Nutrition Program will celebrate Valentine's Day on 2/14/12 with DJ music, raffles and treats.

D. Senior Programming Update

- Staff informed the board that Senior Club trip list has been completed. Upcoming trips include Laughlin and the Grand Canyon.

- Senior Fitness Classes will begin a new semester the first week of February.
- The Alzheimer's Association will be hosting a workshop on February 21st from 10:00 a.m. to 11:30 a.m. at Las Palmas Park.
- The AARP Driver Safety Course Classes will be offered on March 15 and 22. Completing this 8 hour course can decrease auto insurance premiums for seniors. Registrations can be made by phone or in person at Las Palmas Park. Flyers will be made available.

DI. STAFF COMMUNICATIONS

- Staff reported that Council will be presented with the request to install exercise equipment at Las Palmas Park at the February 6th Council Meeting.
- Ismael Aguila advised the board that the flooring located at the tot lot is scheduled to be repaired due to damage from wear and tear.

DII. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for February 23, 2012.

DIII. BOARD MEMBER COMMENTS

- Benita Rivera thanked staff for the lovely Volunteer Recognition Dinner and the New Year's Party. Seniors were happy and enjoyed the events.
- Benita Rivera commented that she happy to hear Senior Meals have been increased.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:55 p.m.

Motion:	Angel Avila	Second by:	Clara Krum
For:	Unanimous		
Against:	None		
Abstained:	None		