

**RECREATION & COMMUNITY SERVICES**  
**SENIOR CITIZEN ADVISORY BOARD**

**MEETING MINUTES**  
**Thursday, October 24, 2013 - 1:00 PM**  
**LAS PALMAS PARK**  
**505 S. HUNTINGTON STREET, SAN FERNANDO, CA**

BOARD MEMBERS PRESENT: Michael Kmet, Danny Gomez and Benita Rivera

BOARD MEMBERS ABSENT: Angel Avila, Marco "Tulio" Escobar

STAFF PRESENT: Ismael Aguila, RCS Operations Manager  
Virginia Ufano, Community Services Supervisor  
Maribel Perez, Program Specialist

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**I. CALL TO ORDER**

Michael Kmet called the meeting to order at 1:00 p.m.

**II. PLEDGE OF ALLEGIANCE**

Led by Angel Avila

**III. ROLL CALL**

Roll call by Maribel Perez

Present: Michael Kmet, Benita Rivera and Danny Gomez  
Absent: Angel Avila and Marco "Tulio" Escobar

**IV. APPROVAL OF AGENDA**

A motion was made to approve the agenda for the October 24, 2013  
Senior Citizen Advisory Board Meeting:

Motion:	Benita Rivera	Second by: Michael Kmet
For:	Unanimous	
Against:	None	
Abstained:	None	

**V. APPROVAL OF MINUTES**

Motion was made to approve the minutes for the August 22, 2013 Senior Citizen Advisory Board Meetings.

Motion:	Benita Rivera	Second by:	Michael Kmet
For:	Unanimous		
Against:	None		
Abstained:	None		

**VI. CORRESPONDENCE**

- None at this time

**VII. PUBLIC COMMENT**

- No public present

**VIII. NEW BUSINESS**

- No New Business

**IX. OLD BUSINESS**

**A. CSUN/San Fernando Wellness Partnership Update**

- Ismael provided an update on the 100 Citizen Exercise Program, which continues to grow and flourish.
- Available programming for seniors includes senior fitness classes, diabetes prevention classes, a walking club and other free programming available at Recreation Park.
- The Arthritis Foundation continues to offer free exercise programs at Recreation Park on Mondays and Wednesdays at 10:00 a.m.

**B. Senior Board Priorities for FY 2013-2014 Update**

- Board members submitted their respective priorities and recommendations for FY 2013-2014. Once the board agrees on 3-5 priorities, these will be forwarded to the Parks Commission and eventually to Council sometime in the near future.

- The Senior Board agreed on the following priorities:
  1. Park Maintenance
  2. Increase Senior Meals
  3. Improvements at Park Ave. Club
  4. Identify Solutions for Parking Situation at Park Avenue
  5. Emergency Preparedness

Motion was made to vote on the Senior Citizen Advisory Board's priorities for Fiscal Year 2013-2014.

Motion:	Michael Kmet	Second by: Danny Gomez
For:	Unanimous	
Against:	None	
Abstained:	None	

Motion was made to adopt the priorities of the Senior Citizen Advisory Board for Fiscal Year 2013-2014.

Motion:	Michael Kmet	Second by: Danny Gomez
For:	Unanimous	
Against:	None	
Abstained:	None	

- Benita Rivera had questions regarding voting on the priorities without all members being present. Staff advised that priorities could be amended in the future if the board wishes to do so.
- An update on the feasibility of these priorities will be provided at the next meeting.

### **C. Elderly Nutrition Program Update**

- Staff discussed the QA meeting held this Monday. Overall, meals and delivery have been fine. There was a meal shortage on three occasions, however, the caterer did return with the missing meals.
- The Nutrition Program will hold their annual Halloween Party on October 31<sup>st</sup> from 9 a.m.-1 p.m. This event will include a DJ, dancing, prizes and much more.

#### **D. Senior Programming Update**

- The Senior Yoga and Aerobics classes will be on vacation the week of Thanksgiving (November 25-29) .
- The meal program will be closed on Thanksgiving Day and on that Friday for the holiday.
- The senior club is currently on a trip to Viejas Casino. There is still space for the Tijuana trip and Tamale Festival. Next year's list will be available in mid-January.
- Revisions will be made on the trip coordinators' duties and responsibilities.

#### **X. STAFF COMMUNICATIONS**

- Staff informed the board that Humana Healthcare will be hosting a movie and ice cream event at Las Palmas Park for seniors. Flyers to be distributed as soon as they are available.
- The City will be celebrating its 102nd birthday at this Sunday's *Concert in the Park* at Recreation Park. .
- Next Senior Board meeting will be on September 26, 2013.

#### **XI. BOARD MEMBER COMMENTS**

- Benita Rivera had questions regarding the method of meal ticket distribution.
- Benita Rivera commented that she would like to see the meal program increase the number of meals distributed due to the significant need in this community.

#### **XII. ADJOURNMENT**

There being no further business, the Senior Board meeting was adjourned at 2:30 p.m.

Motion:	Michael Kmet	Second by: Benita Rivera
For:	Unanimous	
Against:	None	
Abstained:	None	