

**RECREATION & COMMUNITY SERVICES**  
**SENIOR CITIZEN ADVISORY BOARD**

**MEETING MINUTES**  
**Thursday, October 28, 2010 - 1:00 PM**  
**LAS PALMAS PARK**  
**505 S. HUNTINGTON STREET, SAN FERNANDO, CA**

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,  
Clara Krum and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Al Hernandez, Interim City Administrator  
Virginia Ufano, Community Services Supervisor  
Maribel Perez, Program Specialist  
Linda Bowden-Moreno, Office Specialist

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**I. CALL TO ORDER**

Michael Kmet called the meeting to order at 1:04 p.m.

**II. PLEDGE OF ALLEGIANCE**

Led by Michael Kmet

**III. ROLL CALL**

Roll call led by Linda Bowden-Moreno

Present: Angel Avila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum  
and Benita Rivera

Absent: None

**IV. APPROVAL OF AGENDA**

A motion was made to approve the agenda for October 28, 2010 Senior Citizen  
Advisory Board Meeting.

Motion:	Marco Tulio Escobar	Seconded:	Benita Rivera
For:	Unanimous		
Against:	None		
Abstained:	None		

**V. APPROVAL OF MINUTES**

A motion was made to approve the minutes for the September 23, 2010 Senior Citizen Advisory Board Meeting.

Motion:	Marco Tulio Escobar	Seconded:	Benita Rivera
For:	Unanimous		
Against:	None		
Abstained:	None		

**VI. CORRESPONDENCE**

- None at this time

**VII. PUBLIC COMMENT**

- None at this time

**VIII. NEW BUSINESS**

- No New Business

**IX. OLD BUSINESS**

**A. CSUN/San Fernando Wellness Partnership**

- Liane Fujita and Corina Martinez, CSUN graduate students, presented the board members with a revised copy of the surveys to be distributed to the senior population. Board members were asked to review and make recommendations on the questionnaire. All agreed the survey should have questions pertaining to a nutrition component.
- Surveys will be finalized for distribution. Once distributed, seniors will be asked to complete surveys on their own. Assistance will be provided to those who are unable to complete the questionnaire independently.

**B. Elderly Nutrition Program**

- Ms. Ufano reported on the Elderly Nutrition Program Halloween Party held today, Thursday, October 28<sup>th</sup>. The event consisted of a Halloween

Costume Parade, free giveaways, and DJ music for the dance. The program provided 40 congregate meals. There were over 60 participants present for this event.

- Ms. Ufano reported on the County Workshop and Awards Training attended by staff on October 26<sup>th</sup> in West Covina. The Elderly Nutrition Program received the Silver Thermometer Award. The Nutrition Program has been encouraged to apply for the Distinguished Site Award.
- Staff discussed the recent reduction in meals served at the Elderly Nutrition Program. In the past, up to 70 congregate meals were served. At this time, only 40 congregate meals are available on a first come first served basis.
- Board members inquired as to the reason for the recent reduction in meals. Mr. Hernandez reported that funding that was available last year was not available this year. ERA funds along with City funds were not allocated for the Elderly Nutrition Program. The City is looking into additional funds through sponsorships and other programs.

#### **C. Senior Programming Update**

- Ms. Perez reported that the Senior Yoga class is now being offered three times per week. The updated schedule now includes a Wednesday class from 10:00 a.m. to 11:00 a.m., immediately following the aerobics class. The Yoga class may be incorporating a "Zumba" video.
- Tickets are currently on sale for the following Senior Club Events: Thanksgiving Dance, Christmas Dance at the Odyssey Restaurant and the New Year's Eve Dance.
- Next Year's trip list will be available in late December or early January.

#### **D. Term Reappointments**

- Angel Avila and Marco Tulio Escobar will attend the Parks, Wellness and Recreation Commission meeting on November 9<sup>th</sup> to ratify their reappointments to the Senior Board.

#### **E. AB1234 Ethics Training**

- Board members were previously advised that the AB1234 Ethics Training is due for some of the members. At this time, Angel Avila, Michael Kmet, Benita Rivera and Marco Tulio Escobar have completed the training and are in compliance. Certificates have been turned in to the City Clerk.

- Clara Krum will arrange to schedule use of a City Computer sometime between now and January 29, 2011 to complete the Ethics Training.

#### **F. ADA Access for the Post Office**

- Staff reported that Francisco Villalva, City of San Fernando Building & Safety Supervisor, submitted a request to the Access Board to upgrade the Post Office building for handicapped accessibility. He has received a response to his request indicating that a decision will be made in two weeks time. Staff will keep the board informed on any developments made.

### **X. STAFF COMMUNICATIONS**

#### **A. Next Senior Board Meeting: Thursday, January 27, 2011**

- Staff reported on the Smarter Senior Forum held at Las Palmas Park on September 29<sup>th</sup>. Approximately 200 seniors attended the event. Speakers provided important information on fraud, identity theft, foreclosures, etc.
- Staff informed the Senior Board on the upcoming flu shot clinic to be held at Las Palmas Park on Thursday, December 2<sup>nd</sup>. Flyers were distributed.
- Staff provided flyers to Board Members on the Halloween events scheduled at Las Palmas Park on October 31<sup>st</sup> and Recreation Park beginning October 29<sup>th</sup>.
- Staff reported that the Facility Audit Inspection conducted by the county resulted in a score of 99%.
- Staff provided the board with a list of next year's board meeting schedule.

### **XI. BOARD MEMBER COMMENTS**

- Ms. Rivera reported that lighting at Las Palmas Park needs to be inspected. Numerous light posts are out on the walkway and children's playground. The basketball court and baseball fields are dark. This makes the park dark, unsafe and encourages crime activity. In addition, certain streetlights in the area are also out.

- Staff requested addresses of areas where streetlights are out in order to follow up on her request. Although Ms. Rivera has reported the street light issue to City Hall, she will provide addresses of areas with streetlight issues to Las Palmas Park staff.
- Ms. Ufano will inspect outside lighting at Las Palmas Park to address Ms. Rivera's concerns.
- Ms. Rivera commented on the income the City collects from residents including street parking fees, property taxes, sales taxes, etc. Safety issues such as lighting need to be addressed because residents are paying for such services.
- Ms. Rivera commented on the lack of holiday decorations in the City. In past years, holiday decorations were seen throughout the City not only on one or two streets. When Dr. Hernandez was on the City Council, the City had many decorations as well as a holiday parade.
- Interim City Administrator, Al Hernandez reported that the City has very few remaining holiday decorations and purchasing new decorations would be costly, particularly when the City has limited funds to work with.
- Ms. Rivera thanked staff for listening to her concerns and hopes these matters are addressed.

**XII. ADJOURNMENT**

There being no further business, the Senior Board meeting adjourned at 1:52 p.m.

Motion:	Clara Krum	Seconded by:	Marco "Tulio" Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		