

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, February 23, 2012 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
Clara Krum and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Virginia Ufano, Community Services Supervisor
Linda Bowden Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:04 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden Moreno

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum and
Benita Rivera

Absent: none

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the February 23, 2012 Senior
Citizen Advisory Board Meeting

Motion:	Clara Krum	Second by:	Marco "Tulio" Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the January 26, 2012
Senior Citizen Advisory Board Meeting

Motion:	Clara Krum	Second by:	Marco "Tulio" Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

A. Water Rate Increase

- Ron Ruiz, Public Works Director and Al Hernandez, City Administrator were in attendance to discuss the water and sewer rate increases.
- Residents are invited to attend a Town Hall Meeting on Monday, March 12, 2012 to address rate increases. Flyer was distributed to Board Members.
- Residents have an opportunity to protest the proposed water rate increases by completing the bottom portion of the Town Hall flyer.
- Al Hernandez commented that water usage could be controlled by shortening showers and using drought tolerant plants.

IX. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita reported that the senior fitness classes began three weeks ago. Class registrations have been successful. Participants range in age from age 55 through 83.
- A Zumba class will be incorporated into the exercise class offerings.

- An exercise resource book was distributed to board members. The book provides valuable information including exercises that can be done at home.

B. Red Cross Emergency Preparedness Workshop Update

- Staff reported that a Red Cross Workshop was held for Spanish-speaking residents on February 16, 2012.
- This item will be removed from the agenda as it has been addressed.

C. Elderly Nutrition Program Update

- Staff reported that the facility passed the Fire Clearance inspection
- The Public Health Inspection was recently conducted. The facility and program has earned a grade of "A".
- The number of congregate meals served has been increased from 40 meals per day to 50-55 meals per day.
- The homebound meals have also been increased from 26 meals to 40 meals per day. There are six more spaces available at this time.
- The HDM evaluations are in progress at this time.
- Staff reported that the facility audit was completed and the program earned a score of 100%.
- The Nutrition Program's Valentine's Day Dance was very successful. Participants enjoyed music provided by a D.J., prizes and much more.
- Mr. Kmet commented that he has not seen anyone from the Nutrition Program visit the meal program at the Methodist Church.

D. Senior Programming Update

- Staff informed the board that Senior Club has added two more trips in the month of April. A trip to Tijuana and a trip to San Manuel Casino is now available.
- A Healthcare Rights Representative will be available at Las Palmas Park on March 6th from 10:00 a.m. to 11:00 a.m. to answer questions regarding healthcare.

- The Senior Expo will be held this year on Friday, May 25th. This year's theme is "Never too Old to Play". More information will be provided at the next meeting.
- AARP Driver Safety Course Classes will be offered on March 15 and 22. Completing this 8 hour course can decrease auto insurance premiums for seniors. Registrations can be made by phone or in person at Las Palmas Park. Flyers will be made available.

X. STAFF COMMUNICATIONS

- Ismael Aguila advised the board that upgrades to Las Palmas Park were approved. Funds were made available from a previous grant thanks to Ron Ruiz.
- A ribbon cutting ceremony and grand opening will be planned for the exercise equipment at Las Palmas Park. More information will be provided.

XI. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for March 22, 2012.

XII. BOARD MEMBER COMMENTS

- Benita Rivera thanked staff for the repairs to several sidewalks in the City.
- Benita Rivera commented that water rate increases may be a burden to low income families.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 2:10 p.m.

Motion:	Michael Kmet	Second by: Clara Krum
For:	Unanimous	
Against:	None	
Abstained:	None	