

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, March 22, 2012 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
and Benita Rivera

BOARD MEMBERS ABSENT: Clara Krum

STAFF PRESENT: Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:04 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Maribel Perez

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, and Benita Rivera

Absent: Clara Krum

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the March 22, 2012 Senior Citizen Advisory Board Meeting

Motion:	Angel Avila	Second by: Marco "Tulio" Escobar
For:	Unanimous	
Against:	None	
Abstained:	None	

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the February 23, 2012
Senior Citizen Advisory Board Meeting

Motion:	Angel Avila	Second by:	Benita Rivera
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

A. Older Americans Month

- Ms. Perez reported that May is Older American's Month and this year's theme is "Never too Old to Play". A nominee is being solicited for this year's recognition hosted by the County at the Dorothy Chandler Pavilion.
- This year's Older American's Month nominee is Mr. Michael Kmet.
- The Proclamation will be presented at the City Council meeting scheduled in early May.

B. Senior Expo

- A "save the date" flyer was distributed to the board for this year's Senior Expo to be held on Friday, May 25th. Several agencies have confirmed their attendance for the event. Care First Health Plan will potentially be a gold sponsor committing to donate \$200.00 or more towards the event.
- Staff is seeking assistance from the board to guide guests to visit the exhibit tables to gather important information rather than bypassing the information tables to secure a seat in the gym.

- This two-part event will begin with exhibitors from 9:00 a.m. – 11:00 a.m. The gym doors will open at about 10:30 a.m. Demonstrations will include ways to stay active for seniors. This will allow staff to incorporate the exercise equipment recently installed.
- Mr. Kmet suggested appointing specific people to direct visitors to the exhibit tables.
- Staff will provide seating outside the gym for people who cannot stand for long periods of time. Refreshments will be available for those who show up early as the event is scheduled to start at 9:00 a.m.
- This year there will not be any exhibitors placed in the gym. Last year's exhibitors reported too much noise in the gym due to the entertainment.
- Recommendations or suggestions from the board are welcome.

IX. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita was unable to attend this meeting.
- This item was tabled.

B. Elderly Nutrition Program Update

- Staff reported that the facility passed the Fire Clearance inspection.
- The Public Health Inspection was recently conducted. The facility and program has earned a grade of "A". The permit is expected to be mailed within three to four weeks.
- Next year's menu will focus on reducing sodium intake. The caterer will increase the use of spices to improve flavor, as salt use will be reduced. The meals are not geared for those on a low sodium diet, meals are designed for average seniors. Referrals can be provided for those on special diets. Staff discussed setting up a nutritional information board with flyers.
- Staff informed the board that there is a new volunteer representative by the name of Lina Montelongo. She will get feedback from program participants regarding their likes and dislikes. The data will be presented at the QA meetings.

- A facility audit was recently conducted which resulted in a score of 98%. The two-point deduction was due to not having the Health Department permit posted. The permit is expected to be mailed shortly.
- Staff submitted a proposal in January seeking funds from the County to operate the Nutrition Program. The actual award of funds should be known by the end of the month.

C. Senior Programming Update

- Staff informed the board that space is still available for the San Manuel Casino and Tijuana trips scheduled in April.
- The Pancho Villa Restaurant trip was cancelled due to lack of response.
- The Las Palmas Club membership approved the purchase of 104 new chairs, which arrived today. Ten new tables will also be ordered.
- Trip coordinators will be looking to add new bus companies for next year's trips in order to keep options open.
- Ms. Ufano discussed that trip pricing is handled by the club and not the City. Comments have been made regarding the cost of trips and the City not making an effort to reduce pricing. The City does not participate in setting prices.
- The AARP Driver Safety Course scheduled for March 15th and 22nd were cancelled due to low enrollment. The next eight-hour course for first time participants will be split to two four-hour classes on May 17th and May 24th. The next four-hour refresher course class is going to be held on April 5th.

X. STAFF COMMUNICATIONS

- Ms. Ufano informed the board that a ribbon cutting ceremony is planned for the outdoor exercise equipment. A date has not been set but the board is asked to attend the ceremony. More information will be provided as it becomes available.
- Ms. Perez reported that the tot-lot flooring was recently replaced due to poor drainage.

XI. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for April 26, 2012.

XII. BOARD MEMBER COMMENTS

- Benita Rivera had questions regarding protocol pertaining to the use of hairnets and aprons for food servers. Staff advised that food servers must change gloves and aprons if they leave the kitchen and then return to handle food.
- Benita Rivera reported that complaints were made by certain folks regarding the enchilada casserole and fish dishes being served on Fridays. Lina, the new volunteer representative, will gather information to present at QA meetings.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:50 p.m.

Motion: Angel Avila
For: Unanimous
Against: None
Abstained: None

Second by: Marco "Tulio" Escobar