

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, April 24, 2014 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Marco "Tulio" Escobar Michael Kmet, and Danny Gomez

BOARD MEMBERS ABSENT: Angel Avila and Benita Rivera

STAFF PRESENT: Brian Saeki, City Manager
Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist
Linda Bowden-Moreno, RCS Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:05 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Michael Kmet

III. ROLL CALL

Roll call by Linda Bowden-Moreno

Present: Marco "Tulio" Escobar, Michael Kmet and Danny Gomez

Absent: Angel Avila and Benita Rivera

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the April 24, 2014
Senior Citizen Advisory Board Meeting:

Motion:	Marco Tulio Escobar	Second by:	Danny Gomez
For:	Unanimous		
Against:	None		
Abstained:	None		

V. APPROVAL OF MINUTES

Motion was made to approve the minutes for the March 27, 2014 Senior Citizen Advisory Board Meetings.

Motion:	Michael Kmet	Second by:	Danny Gomez
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- No public comment

VIII. NEW BUSINESS

- None at this time

IX. OLD BUSINESS

A. Senior Expo

- This year's Senior Expo is scheduled for Friday, May 23rd with the theme of "Safe Today, Healthy Tomorrow".
- Staff presented board members with three possible designs for the Senior Expo flyer. Draft flyers were developed with the use of templates obtained from the Older Americans website.
- The County is providing several resources including safety tips for seniors on various topics.
- Nine agencies have confirmed their participation at this time. Health screenings will include diabetes, bone density, memory and blood pressure.
- Three sponsors have confirmed their commitment thus far. They will help with the cost of putting on the event.

- Mission Community Hospital will be putting on two presentations on the topics of diabetes prevention and getting the most out of your time with your doctor.
- The May 5th Council meeting will present a proclamation in recognition of Older Americans Month. Board members were invited to attend and accept the proclamation.

B. Elderly Nutrition Program Update

- Virginia Ufano reported that Reva Gilmore is out sick. Anita Martinez and Rita Torres will be filling in. Virginia Ufano and Maribel Perez will also be assisting with the ENP program during Reva's absence.
- The QA meeting on April 14th included discussion on areas that need improvement such as low temperatures of the HDM's and the ice chest having a hole. The discussion also included positive comments on the congregate meals such as the flavor and quality of the meals.
- The 2014-2015 ENP menu was presented to Mr. Kmet previously for his review. The dietician is reviewing the menu for approval. Copies were provided to board members.
- A survey was conducted with the HDM participants, per the request of the dietician. Feedback was quite positive.

C. Senior Programming Update

- The Las Palmas Club hosted a Can Cun trip which departed yesterday. Registrations for the next phase of upcoming trips will begin May 5th. List of trips is available in the lobby.
- The L.A. Food Bank distribution is scheduled for May 5th. Participants must meet income and age requirements. Registration is now necessary in order to participate in this program.
- The Center for Healthcare Rights will be conducting a workshop on May 27th at 10:00 a.m. on the subject of upcoming changes to Medicare and Medi-Cal. This will provide valuable information on enrolling in health plans. The workshop is open to the public and will be offered in English/Spanish.

X. STAFF COMMUNICATIONS

- Virginia Ufano advised the board that a cleanup day at Las Palmas is planned in the month of June. Ismael is asking the board to help select a Saturday in June as well as assist in recruiting volunteers, as this was one of the board's adopted priorities.
- Per Virginia, Ismael will be meeting with the Public Works Director to discuss the problem with drivers exiting the Las Palmas Park parking lot through the entrance, which creates a safety concern.
- Board Members were reminded that the AB1234 Ethics Training is required and due at this time. Board Members are welcome to schedule a date and time with staff to utilize a computer at Las Palmas Park for this training.

XI. BOARD MEMBER COMMENTS

- Mr. Kmet discussed the importance of emergency preparedness. Board members were reminded that L.A. County Department of Health will be distributing emergency preparedness information at this year's Senior Expo.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:32 p.m.

Motion:	Michael Kmet	Second by: Danny Gomez
For:	Unanimous	
Against:	None	
Abstained:	None	