

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, April 26, 2012 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist
Linda Bowden-Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:07 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden-Moreno.

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, and Benita Rivera

Announcement was made by staff regarding the passing of Ms. Clara Krum on
Saturday, April 22, 2012.

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the April 26, 2012 Senior Citizen
Advisory Board Meeting

Motion:	Angel Avila	Second by: Marco "Tulio" Escobar
For:	Unanimous	
Against:	None	
Abstained:	None	

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the March 22, 2012
Senior Citizen Advisory Board Meeting

Motion:	Benita Rivera	Second by:	Marco "Tulio" Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

- None at this time

IX. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita reported that the Spring Exercise Program is ending. The Summer Program will begin on June 4, 2012. The class schedule will remain the same and will continue to be held at Recreation Park.
- Flyers will be available for distribution shortly and information will also be distributed at the Senior Expo.

B. Elderly Nutrition Program Update

- Staff reported that the county dietician has monitored route two of the Home Bound Delivery route.
- The QA meeting was held on 4/17/12. Issues discussed included meal temperatures, the purchase of a thermal bag and the caterer arriving late.

- Drivers will be trained on the process of reading meal temperatures.
- Two parking spaces will be reserved at Las Palmas Park for HDM drivers due to congestion in the loading zone.
- Maribel Perez assisted a training for a new county reporting system. The new system is similar to the old system but will now require more updates.
- The City has been awarded funding for the meal program. The funding will cover the congregate meal program, the HDM program and telephone reassurance. Unit cost per meal has been increased.
- The Nutrition Program will celebrate *Cinco de Mayo* and *Mother's Day* in the month of May.

C. Senior Programming Update

- An updated list of City trips will be available in mid-May. Trips will include excursions to shows, restaurants, and casinos.
- The Senior Zumba class will be held Fridays at Las Palmas from 10:00 a.m. to 11:00 a.m. At this time there are nine people registered. A five-day pass will be available.
- The City will be contracting with Steve Steinberg from Rinaldi Adult School for the Senior Aerobics Summer Session (7/2/12 through 8/10/12). Flyers will be prepared and made available soon. He will also plan to add an aerobics class later during the day.
- The Senior Club Spring Dance is this Saturday. The Club will host the Mother's Day Dinner Dance May 19th.

D. Older Americans Month

- The Older Americans Month Proclamation will be presented at the May 7th Council Meeting. The Senior Board is invited to attend.
- A recognition dinner is scheduled on May 23rd at the Dorothy Chandler Pavilion. Mr. Kmet is this year's nominee. Tickets and information will be available soon.

E. Senior Expo

- A “save the date” flyer was distributed to the board for this year’s Senior Expo to be held on Friday, May 25th. Several agencies have confirmed their attendance for the event. Care First Health Plan will potentially be a gold sponsor committing to donate \$200.00 or more towards the event.
- Staff is seeking assistance from the board to guide guests to visit the exhibit tables to gather important information rather than bypassing the information tables to secure a seat in the gym.
- This two-part event will begin with exhibitors from 9:00 a.m. – 11:00 a.m. The gym doors will open at about 10:30 a.m. Demonstrations will include ways to stay active for seniors. This will allow staff to incorporate the exercise equipment recently installed.
- Mr. Kmet suggested appointing specific people to direct visitors to the exhibit tables.
- Staff will provide seating outside the gym for people who cannot stand for long periods of time. Refreshments will be available for those who show up early as the event is scheduled to start at 9:00 a.m.
- This year there will not be any exhibitors placed in the gym. Last year’s exhibitors reported too much noise in the gym due to the entertainment.
- Recommendations or suggestions from the board are welcome.

X.

X. STAFF COMMUNICATIONS

- Ms. Ufano informed the board that a ribbon cutting ceremony is planned for the outdoor exercise equipment. A date has not been set but the board is asked to attend the ceremony. More information will be provided as it becomes available.
- Ms. Perez reported that the tot-lot flooring was recently replaced due to poor drainage.

XI. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for April 26, 2012.

XII. BOARD MEMBER COMMENTS

- Benita Rivera had questions regarding protocol pertaining to the use of hairnets and aprons for food servers. Staff advised that food servers must change gloves and aprons if they leave the kitchen and then return to handle food.
- Benita Rivera reported that complaints were made by certain folks regarding the enchilada casserole and fish dishes being served on Fridays. Lina, the new volunteer representative, will gather information to present at QA meetings.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:50 p.m.

Motion: Angel Avila
For: Unanimous
Against: None
Abstained: None

Second by: Marco "Tulio" Escobar