

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, April 28, 2011 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
Clara Krum

BOARD MEMBERS ABSENT: Benita Rivera

STAFF PRESENT: Ismael Aguila, RCS Operations Manager
Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist
Linda Bowden Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:01 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Michael Kmet

III. ROLL CALL

Roll call by Linda Bowden Moreno

Present: Angel Ávila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum

Absent: Benita Rivera

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the April 28, 2011 Senior Citizen Advisory Board Meeting

Motion: Michael Kmet
For: Unanimous
Against: None
Abstained: None

Second by: Angel Avila

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the March 24, 2011 Senior Citizen Advisory Board Meeting.

Motion: Angel Avila
For: Unanimous
Against: None
Abstained: None

Second by: Marco Tulio Escobar

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita informed the Board on the Par Course Ribbon Cutting ceremony planned for 5/6/11 at Recreation Park. Local elected officials will be in attendance. All are invited to attend the event and enjoy refreshments. Transportation from Las Palmas Park has been arranged for seniors interested in attending.
- Liane Fujita will be participating in the Senior Expo scheduled for Friday, 5/27/11. An information booth will be assigned to San Fernando Wellness Partnership to provide literature to the community.

B. Red Cross Emergency Preparedness Workshop Update

- Representatives from the Red Cross have been invited to attend the Senior Expo and distribute information to community members.
- Emergency Preparedness Workshops will be scheduled in the near future for those interested in learning about putting together emergency kits. Workshops will be available in English and Spanish.

C. Elderly Nutrition Program Update

- The caterer contract is currently in the process of being finalized. Council has approved the contract, which is currently in revision.

- The number of congregate meals served will be reduced at the end of June. The number will go back to 40 meals per day, Monday through Friday. Staff will continue to seek funding for this program. Staff has asked the board for input and recommendations as to funding sources.
- The board was informed of a program called the "Treasure Chest" which provides a 30-pound box of food for a cost of \$30.00. This is a good option for those on a limited budget looking for a good buy.

D. Senior Programming Update

- Staff updated the board on the upcoming summer exercise classes. The Senior Aerobics and Yoga classes will be offered for a six week summer session at \$30.00 per class beginning in mid-July through the end of August. Flyers are available with details.

IX. NEW BUSINESS

A. Older Americans Month

- This year's Proclamation will be presented at the Council meeting scheduled on 5/2/11. Board members are invited to attend the meeting for the presentation.
- The board agreed to recognize this year's Senior Volunteers at the Senior Expo on 5/27/11. Staff requested the names of those nominated for this recognition no later than 5/12/11.

B. Senior Expo

- This year's expo is scheduled for Friday, 5/27/11 from 9 a.m. to 1:00 p.m. This free event will include entertainment, free health screenings, information booths and lunch. Volunteer Recognitions will be presented at this event.

C. STAFF COMMUNICATIONS

- Ismael Aguila provided the board with an update on the pool. The goal is to open the pool on Memorial Day Weekend. A service agreement with San Fernando Fire & Rescue is in process.
- Virginia Ufano informed the board that Las Palmas parking lot will be restructured for a 30 day trial period. Bus drop-off will loop around in order to exit more efficiently. This change will result in eliminating 2 handicap parking spaces.

- Ismael Aguila discussed the county's effort to reduce the obesity rate in the Los Angeles area. The childhood obesity rate in the City of San Fernando is at 10%, which is higher than that of other L.A. areas. Part of the problem is the availability of unhealthy options in vending machines such as sodas. It is time to encourage policies that require healthy options at a reasonable cost in order to address the obesity problem.

D. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for May 26, 2011.

E. BOARD MEMBER COMMENTS

- Clara Krum commented on the rising cost of food and the impact of the current economic climate in this country.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:34 p.m.

Motion: Clara Krum
For: Unanimous
Against: None
Abstained: None

Second by: Marco Tulio Escobar