

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, June 23, 2011 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
Clara Krum and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Maribel Perez, Program Specialist
Linda Bowden Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:05 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden Moreno

Present: Angel Ávila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum and
Benita Rivera

Absent: None

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the June 23, 2011 Senior Citizen
Advisory Board Meeting

Motion:	Marco "Tulio" Escobar	Second by:	Clara Krum
For:	Unanimous		
Against:	None		
Abstained:	None		

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the April 28, 2011 Senior Citizen Advisory Board Meeting.

Motion:	Marco "Tulio" Escobar	Second by:	Clara Krum
For:	Marco "Tulio" Escobar, Clara Krum, Angel Avila, Michael Kmet		
Against:	None		
Abstained:	Benita Rivera		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Item tabled
- Liane Fujita was unavailable to attend this meeting.

B. Red Cross Emergency Preparedness Workshop Update

- Maribel Perez will be contacting representatives from the Red Cross to schedule workshops. Will provide update at next meeting.

C. Elderly Nutrition Program Update

- The senior board met previously to discuss the upcoming reduction in meals for the ENP. The number of meals served will be at 40 effective July 1st. Tickets will be distributed beginning at 8:00 a.m. on a first-come first- served basis.
- Benita Rivera suggested distributing tickets at a later time to allow those who ride the Mission City Transit an opportunity to obtain a ticket before they run out. Staff reported that tickets need to be distributed earlier to avoid a crowd.
- Benita Rivera asked if additional brown bag lunches will be served as previously done. Staff informed her that a total of 40 meals will be served with no additional bag lunches.

- Board members had questions regarding funding sources. Those questions were referred to Ismael Aguila, RCS Operations Manager.
- At this time, there is a waiting list for the homebound meals.
- Maribel Perez provided the board with flyers on food programs (Commodity Supplemental Food Program and the Treasure Box program).

D. Senior Programming Update

- Staff updated the board on the upcoming summer exercise classes. The Senior Aerobics and Yoga classes will be offered for a six week summer session at \$30.00 per class beginning in mid-July through the end of August. Flyers are available with details.

IX. NEW BUSINESS

A. Older Americans Month

- This year's Proclamation will be presented at the Council meeting scheduled on 5/2/11. Board members are invited to attend the meeting for the presentation.
- The board agreed to recognize this year's Senior Volunteers at the Senior Expo on 5/27/11. Staff requested the names of those nominated for this recognition no later than 5/12/11.

B. Senior Expo

- This year's expo is scheduled for Friday, 5/27/11 from 9 a.m. to 1:00 p.m. This free event will include entertainment, free health screenings, information booths and lunch. Volunteer Recognitions will be presented at this event.

C. STAFF COMMUNICATIONS

- Ismael Aguila provided the board with an update on the pool. The goal is to open the pool on Memorial Day Weekend. A service agreement with San Fernando Fire & Rescue is in process.
- Virginia Ufano informed the board that Las Palmas parking lot will be restructured for a 30 day trial period. Bus drop-off will loop around in

order to exit more efficiently. This change will result in eliminating 2 handicap parking spaces.

- Ismael Aguila discussed the county's effort to reduce the obesity rate in the Los Angeles area. The childhood obesity rate in the City of San Fernando is at 10%, which is higher than that of other L.A. areas. Part of the problem is the availability of unhealthy options in vending machines such as sodas. It is time to encourage policies that require healthy options at a reasonable cost in order to address the obesity problem.

D. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for May 26, 2011.

E. BOARD MEMBER COMMENTS

- Clara Krum commented on the rising cost of food and the impact of the current economic climate in this country.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:34 p.m.

Motion: Clara Krum
For: Unanimous
Against: None
Abstained: None

Second by: Marco Tulio Escobar