

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, July 24, 2014 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Michael Kmet, Angel Avila, Marco "Tulio" Escobar,
Benita Rivera and Danny Gomez

BOARD MEMBERS ABSENT:

STAFF PRESENT: Maribel Perez, Program Specialist
Linda Bowden-Moreno, RCS Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:05 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden-Moreno

Present: Angel Avila, Marco "Tulio" Escobar, Michael Kmet, Danny Gomez,
and Benita Rivera

Absent: None

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the July 24, 2014
Senior Citizen Advisory Board Meeting:

Motion:	Marco Tulio Escobar	Second by: Angel Avila
For:	Unanimous	
Against:	None	
Abstained:	None	

V. APPROVAL OF MINUTES

Motion was made to approve the minutes for the June 26, 2014 Senior Citizen Advisory Board Meetings.

Motion:	Angel Avila	Second by:	Marco Tulio Escobar
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- No public comment

VIII. NEW BUSINESS

A. L.A. Care Health Plan (Dora Evans)

- Dora Evans, Administrator with L.A. Care, reported on the new Family Resource Center to open in Pacoima this November.
- Services will include health education classes, prevention classes, registered dietician consultations, health fitness activities, pain management, CPR classes, mental health services and much more.
- Services are available for those who need assistance with obtaining health insurance, support groups, etc. This center is a result of Obama's Affordable Care Act.
- Ms. Evans will be providing brochures and more information once it becomes available.
- The grand opening for the new center is scheduled to occur in early November. City officials will be invited for the ribbon cutting.
- Mr. Kmet requested that information on this new Family Resource Center be shared with Recreation Park.
- Maribel Perez discussed the presentation offered at Las Palmas Park by the Center for Healthcare Rights several months ago. The workshop was to inform seniors of the new changes for Medicare/Medi-Cal recipients. Unfortunately, many seniors did not take advantage of this workshop.

Staff can look into setting up another presentation now that people are beginning to see changes in their health plans and may need assistance.

B. Adopted Senior Board Priorities for FY 2013-2014-Update

- Item tabled

C. Senior Board Priorities for FY 2014-2015

- Board Members were asked to submit priorities for Fiscal Year 2014-2015.

IX. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Item tabled

B. Elderly Nutrition Program Update

- Maribel Perez reported on the QA meeting held on July 10, 2014. Some of issues discussed with the dietician and the caterer had to do with the logging of food temperatures and departure times. The new menu has been received with positive comments. The next QA meeting is on August 11, 2014, which will include an in-service.
- Virginia Ufano and Maribel Perez will be attending a mandatory training in late August on new procedures for the ENP.
- The enchilada casserole was served for lunch today at the ENP. Since this item was discussed at the last meeting, Maribel provided a photo to the board members to show the presentation and texture of this food item.
- Mr. Kmet announced that he is celebrating his 96th birthday on August 13th. He was invited to attend the ENP on that day as it will include a western themed celebration.
- Mr. Kmet announced that he has been certified as a first responder in disaster situations.

C. Senior Programming Update

- The Las Palmas Club will be holding their monthly dance to celebrate the Club's 44th anniversary this Saturday. This event will include dinner and dancing.

- The Senior Yoga will be starting the new semester on August 11th. The Aerobics class will be recruiting a new instructor since Steve Stein is not returning.
- The Senior Club has some trips coming up including Santa Barbara Old Spanish Days, San Pedro, and Las Viejas Casino.
- A representative from the Alzheimer's Association will be sharing a video with anyone interested on the subject of depression. A flyer will be provided with more information as it becomes available.

X. STAFF COMMUNICATIONS

- The next Senior Board Meeting will be on August 28th. Members can add agenda items by contacting staff.

XI. BOARD MEMBER COMMENTS

- Angel Avila thanked Ms. Dora Evans for sharing the information on the new resource center.
- Benita Rivera discussed her previous request to repair the sidewalks surrounding Las Palmas Park. It is a safety hazard for pedestrians.
- Benita Rivera commented on the door to the LP patio being much too heavy for seniors who need access to the restrooms. The door needs to be easily accessible for those with walkers or canes.
- Benita wished to express her appreciation for being allowed to participate for the last 44 years in the Senior Club and as a volunteer.
- Marco Tulio Escobar announced that the August 16th Senior Club Dance will donate proceeds towards the CIT program.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 2:06 p.m.

Motion:	Benita Rivera	Second by: Angel Avila
For:	Unanimous	
Against:	None	
Abstained:	None	