

RECREATION & COMMUNITY SERVICES
SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES
Thursday, July 26, 2012 - 1:00 PM
LAS PALMAS PARK
505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,
and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Ismael Aguila, RCS Operations Manager
Virginia Ufano, Community Services Supervisor
Maribel Perez, Program Specialist
Linda Bowden-Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:02 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden-Moreno.

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, and Benita Rivera

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the April 26, 2012 Senior Citizen Advisory Board Meeting

Motion:	Marco "Tulio" Escobar	Second by: Benita Rivera
For:	Unanimous	
Against:	None	
Abstained:	None	

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the April 26, 2012
Senior Citizen Advisory Board Meeting

Motion:	Marco "Tulio" Escobar	Second by:	Angel Avila
For:	Unanimous		
Against:	None		
Abstained:	None		

VI. CORRESPONDENCE

- None at this time

VII. PUBLIC COMMENT

- None at this time

VIII. NEW BUSINESS

A. AB1234 Ethics Training

- Staff advised the board members that it is time to complete the AB1234 Ethics Training. Members who do not have computer access will schedule a time to complete the training at Las Palmas Park.

**B. Discussion Regarding Board Member Appointment
(Nominate Sector: Park Ave. Club)**

- The board discussed appointing a new board member from the Park Avenue Club. Board members will reach out to individuals interested in membership.
- Staff advised board members that terms expire for Marco Tulio Escobar and Angel Avila on November 16, 2012. If members are interested in continuing on the board, they will need to seek approval of term re-appointments with the Parks, Wellness and Recreation Commission.

IX. OLD BUSINESS

C. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita reported that the Exercise Program has been very successful. The program made front page of the Daily News regarding the *Popular Choice Award* presented to the program.

- A representative from CSUN will be recognized at the White House as part of the First Lady's *Let's Move Campaign*.
- Mr. Kmet suggested sharing the news article with other seniors and community members.
- Mention of this special recognition will be included in the City Website.

B. Elderly Nutrition Program Update

- Staff reported that the new menu for the ENP was implemented on July 1st. So far, there has been positive feedback on the quality and taste of the food.
- A training on Quality Assurance was held on 7/18/12. There was discussion regarding comments pertaining to the cold food plates. Jackie Taylor, certified dietician, will check with the caterer for more meal choices.
- An RFP is going out to select a catering service for the ENP sometime in August.
- Re-registration of meal participants is in progress. At this time, there are 301 congregate meal participants. Re-assessments will also begin shortly.
- Two parking spaces have been reserved at Las Palmas Park for HDM drivers due to congestion in the loading zone.

C. Senior Programming Update

- The Senior Exercise Summer Session is ending 8/9/12.
- Senior Aerobics Instructor, Steve Steinberg, reported that the Fall Exercise Session has been approved for funding by the school district. Flyers will be provided by the instructor.
- Upcoming Senior Trips include the Apple Festival, Medieval Times and Las Vegas.
- Free Hollywood Bowl Tickets will be made available to anyone interested on a first come, first served basis. This is made possible by Los Angeles County Supervisor, Zev Yaroslavsky.
- The ENP will be hosting a Summer Luau themed party on 8/16/12. Prizes and music by a DJ will be part of the event.

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- The Senior Club Western Summer Dance will be held on 8/18/12. Funds will be raised to benefit the CIT Program.
- AARP Driver Safety Program Classes are still being offered at Las Palmas Park. The next class offered is August 9th.

X. STAFF COMMUNICATIONS

- Ismael Aguila reported that volunteers are being sought to attend the upcoming "Clean Up Days" at Rudy Ortega Sr. Park. For more information contact Recreation Park at (818) 898-1290.
- Ismael Aguila reported that a ribbon cutting ceremony for the exercise equipment at Las Palmas Park will be planned once signs are installed. The Senior Board is invited to attend.

XI. Next Senior Board Meeting

- Next Senior Board meeting is scheduled for August 23, 2012.

XII. BOARD MEMBER COMMENTS

- Benita Rivera wished to thank the City for transportation services for residents. The Mission City Transit and Trolley provide a valuable
- Benita Rivera reported that complaints were made by certain folks regarding the enchilada casserole and fish dishes being served on Fridays. Lina, the new volunteer representative, will gather information to present at QA meetings.
- A new aqua zumba class has been added at the pool facility. Classes are held on Monday and Wednesday evenings at a cost of \$3.00 per class.

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:43 p.m.

Motion:	Benita Rivera	Second by: Angel Avila
For:	Unanimous	
Against:	None	
Abstained:	None	