RECREATION & COMMUNITY SERVICES SENIOR CITIZEN ADVISORY BOARD

MEETING MINUTES Thursday, September 22, 2011 - 1:00 PM LAS PALMAS PARK 505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,

Clara Krum and Benita Rivera

BOARD MEMBERS ABSENT:

STAFF PRESENT: Virginia Ufano, Community Services Supervisor

Maribel Perez, Program Specialist

Linda Bowden Moreno, Office Specialist

I. CALL TO ORDER

Michael Kmet called the meeting to order at 1:02 p.m.

II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

III. ROLL CALL

Roll call by Linda Bowden Moreno

Present: Ángel Ávila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum and

Benita Rivera

Absent: None

IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for the September 22, 2011 Senior Citizen Advisory Board Meeting

Motion: Benita Rivera Second by: Clara Krum

For: Unanimous

Against: None Abstained: None

V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the August 25, 2011 Senior Citizen Advisory Board Meeting.

Motion: Clara Krum Second by: Marco "Tulio" Escobar

For: Unanimous

Against: None Abstained: None

VI. CORRESPONDENCE

None at this time

VII. PUBLIC COMMENT

No public comment

VIII. OLD BUSINESS

A. CSUN/San Fernando Wellness Partnership Update

- Liane Fujita reported that Healthy Family Classes are in progress at Recreation Park. There is an average of 17 people registered per class.
- Classes run through the end of November. Anyone interested is encouraged to visit the park for additional information.
- Mr. Kmet previously inquired about Kaiser providing medical screenings to seniors. Liane will look into this request and report back to the board.

B. Senior Board Re-appointments

- The Parks, Wellness & Recreation Commission Meeting is scheduled to meet on October 11th. Senior Board re-appointments for Mr. Kmet, Ms. Krum and Ms. Rivera will be addressed at that time.
- Ms. Krum is not sure if she will continue on the board. She will let us know if she decides not pursue reappointment.

C. Red Cross Emergency Preparedness Workshop Update

 Maribel Perez reported that the Red Cross will hold a workshop on October 20th or 25th. The training will instruct participants how to build an emergency kit and will be held in English with Spanish translation available. • The training will most likely be held on October 20th to coincide with the "Great Shake Out" drill.

D. Elderly Nutrition Program Update

- Virginia Ufano reported that the nutrition program was evaluated for the Distinguished Site Award. A copy of the audit form used to score performance standards was provided to board members.
- Temo Torres will assist with this year's annual nutrition program participant registration forms.
- In-home assessments for the Homebound Meal Deliveries will be conducted by Maribel and will begin in October.
- The next Quality Assurance meeting will include an in-service training.
- The nutrition program continues to have monthly birthday and holiday celebrations.

E. Senior Programming Update

 Staff informed the board that senior exercise classes are on-going at this time. The cost is \$20.00 for seniors over age 60 and classes run through December.

IX. NEW BUSINESS

None at this time

B. STAFF COMMUNICATIONS

- The Las Palmas Senior Club will be having their monthly dance this Saturday. The cost is \$9.00 for members and \$13.00 for non-members.
- The City of San Fernando will be participating in the "Great Shake Out" on Thursday. October 20th. Staff will conduct a drill and simulation to prepare in the event of an actual earthquake.
- A volunteer recognition event will be planned before the end of the year, possibly towards the Thanksgiving Holiday.

C. Next Senior Board Meeting

Next Senior Board meeting is scheduled for October 27, 2011.

D. BOARD MEMBER COMMENTS

- Benita Rivera commented that she continues to be concerned about the number of meals served and the ticket distribution process. Some seniors who rely on bus transportation do not make it in time to reserve a lunch.
- Benita Rivera also commented that she attended the United Methodist Church meal program and food pantry. It was a very nice meal served to all visitors. No one was turned away.
- Mr. Kmet reported that meals served at the church may be reduced or cut if an insufficient number of people show up

XII. ADJOURNMENT

There being no further business, the Senior Board meeting was adjourned at 1:45 p.m.

Motion: Marco Tulio Escobar Second by: Benita Rivera

For: Unanimous

Against: None Abstained: None