# RECREATION & COMMUNITY SERVICES SENIOR CITIZEN ADVISORY BOARD

# MEETING MINUTES Thursday, September 23, 2010 - 1:00 PM LAS PALMAS PARK 505 S. HUNTINGTON STREET, SAN FERNANDO, CA

BOARD MEMBERS PRESENT: Angel Avila, Marco "Tulio" Escobar, Michael Kmet,

Clara Krum and Benita Rivera

**BOARD MEMBERS ABSENT:** 

STAFF PRESENT: Virginia Ufano, Community Services Supervisor

Francisco Villalva, Building & Safety Supervisor

Linda Bowden-Moreno, Office Specialist

#### I. CALL TO ORDER

Mr. Michael Kmet called the meeting to order at 1:00 p.m.

# II. PLEDGE OF ALLEGIANCE

Led by Angel Avila

#### III. ROLL CALL

Roll call led by Linda Bowden-Moreno

Present: Angel Avila, Marco "Tulio" Escobar, Michael Kmet, Clara Krum

and Benita Rivera

Absent: None

# IV. APPROVAL OF AGENDA

A motion was made to approve the agenda for September 23, 2010 Senior Citizen Advisory Board Meeting.

Motion: Clara Krum Seconded: Benita Rivera

For: Unanimous

Against: None Abstained: None

# V. APPROVAL OF MINUTES

A motion was made to approve the minutes for the July 21, 2010 Senior Citizen Advisory Board Meeting.

Motion: Clara Krum Seconded: Angel Avila

For: Unanimous

Against: None Abstained: None

### VI. CORRESPONDENCE

None at this time

### VII. PUBLIC COMMENT

None at this time

#### VIII. NEW BUSINESS

# A. ADA Access for the Post Office

- Board member Benita Rivera requested this item on the agenda. Ms.
  Rivera reported seeing a wheelchair bound individual who was unable
  to enter the Post Office in San Fernando due to lack of wheelchair
  access. Ms. Rivera discussed other buildings in the City that have
  added wheelchair ramps to accommodate the disabled public.
- Francisco Villalva, City of San Fernando Building & Safety Supervisor, reported that this is a federally owned and historical building. The Community Development Department will make a request to upgrade the building for handicapped accessibility. The website is <a href="www.access-board.gov">www.access-board.gov</a> and anyone can make such a request. Mr. Villalva addressed this issue with the City Engineer and has agreed to make the request on the website. The City does not have any jurisdiction on federally owned buildings. Any updates will be reported as they become available.
- Ms. Rivera also reported that cross walks need to be repainted to be more visible to drivers. Ms. Rivera was instructed to report this issue to the Department of Public Works who handles these matters.

# IX. OLD BUSINESS

# A. CSUN/San Fernando Wellness Partnership

- Liane Fujita and Corina Martinez, CSUN graduate students, reported that The original surveys are being revised to solicit the correct information from the public. Once finished, surveys will be distributed throughout the City to get feedback from the senior population.
- Ms. Ufano asked if there is a target date for finalizing the surveys. Ms.
   Martinez estimates about a month's time. Once it is developed and approved, the Senior Board will have the opportunity to see the surveys before distribution to the community.

# **B. Elderly Nutrition Program**

- Ms. Ufano congratulated Ms. Perez and the seniors who assisted with the September 16<sup>th</sup> celebration, which included D.J. music. Staff took pictures of the event that will be shared with board members at a later date.
- Mr. Avila commented that the event included music and dancing.
   Everyone enjoyed themselves and provided positive feedback on the event.
- Mr. Kmet attended the event and reported that it was a successful celebration.
- The certified menu for this year's nutrition program has now been approved.
- The program monitor conducted an evaluation on August 13<sup>th</sup>. The program earned a score of 95%. Staff was advised not to wear open toe shoes. The monitor reported that the approved menu must be followed exactly. Several points were deducted for these minor infractions in addition to failing to take the temperature of the dessert at the appropriate time. Overall, the program scored quite well with 95%.
- An in-service training was given to staff on August 17<sup>th</sup>, which included meal service requirements and quality improvements.
- On October 26<sup>th</sup>, staff will be attending a County Workshop Annual Awards and Training in Whittier for the program.
- Ms. Rivera reported that she frequently notices that mixed vegetables are overcooked. Staff advised that meal temperature is taken daily.

Ms. Rivera was asked to report this concern to the meal manager when she notices this problem. This was addressed previously, however, the caterer needs to be made aware at the monthly meeting if it is occurring again.

Ms. Rivera reported that a green vegetable was served last week that
was poor in taste. Many people reported not liking that vegetable. Ms.
Ufano will pull and review last week's menus to try to identify that item in
order to report that seniors did not care for that particular vegetable.

# C. Senior Programming Update

- Ms. Perez was to provide an update on the senior trips, however, she
  was called away on emergency. This item will be tabled to the next
  meeting.
- Ms. Ufano reported that the Fall Yoga and Aerobics classes are in session. The classes are quite full. The Arts & Crafts class is also very full at this time. No complaints have been received. The board members had no questions on programs.

# D. Term Reappointments

- Two board members will be up for reappointment at the end of the year.
   Terms for Mr. Escobar and Mr. Avila will be terminating on December 9<sup>th</sup>.
- Both Mr. Escobar and Mr. Avila indicated they are interested in continuing to serve as Senior Board Members. They agreed to attend the Parks, Wellness and Recreation Commission meeting on November 9<sup>th</sup> at 6:30 PM to request confirmation of reappointment to the Senior Board.

# E. AB1234 Ethics Training

 Board members were advised that the AB1234 Ethics Training is due for some of the members. Board members were provided with the website to access the on-line training. They will schedule with staff to use a City computer if they do not have access to a computer.

### X. STAFF COMMUNICATIONS

# A. Next Senior Board Meeting: Thursday, October 28, 2010

• Staff handed out a recap of the Town Hall meeting held on August 19<sup>th</sup>. Questions regarding the budget, property taxes, code enforcement,

customer service, senior concerns and other issues were addressed at the meeting.

- The community was instructed to communicate any requests for new programming to Senior Board Members who will forward information to staff.
- A second Town Hall Meeting is scheduled for Thursday, September 30<sup>th</sup> at Recreation Park. All are invited to attend.
- Staff reported that the Smarter Senior Forum is scheduled for Wednesday, September 29<sup>th</sup>. The L.A. County Supervisor, the Department of Consumer Affairs along with the City of San Fernando are sponsoring the event. Important information on senior issues such as fraud, identity theft, adult protective services, health care, etc., will be addressed at the forum.
- Mission City Transit flyers were handed out to the Board Members. The Public Safety, Veterans Affairs, Technology and Transportation Standing Committee discussed the approval process for transportation to certain medical sites. A Council Member suggested changing the current compliance guidelines to allow the department to handle the decision process as opposed to having to go through the Council process. This will make it much easier for seniors to get approval on certain medical site visits, so long as the site falls within the approved radius. Staff will continue to keep Board Members updated as more information becomes available.

#### XI. BOARD MEMBER COMMENTS

- Mr. Kmet asked about the swimming pool and the Council's decision about the future of the aquatics facility.
- Staff reported that Council decided to close the pool to the public. Schools who wish to rent the pool will need to provide their own lifeguards. The banquet room is still available for rental to the public for private parties.
- Ms. Rivera inquired about the request to cover two windows in the Banquet Room to reduce bright sun light during the nutrition program. Staff will follow up with Public Works on this item previously addressed. An update will also be requested from Public Works on the request for a bench at the Trolley stop across from Las Palmas Park.

#### XII. ADJOURNMENT

# Senior Citizen Board September 23, 2010 Page 6

There being no further business, the Senior Board meeting adjourned at 1:46 p.m.

Motion: Benita Rivera Seconded by: Marco "Tulio" Escobar

For: Unanimous

Against: None Abstained: None