



THE CITY OF
SAN FERNANDO

DEPARTMENT OF RECREATION
AND COMMUNITY SERVICES

NEW FITNESS CLASS!

CYCLING-TRX-CROSSFIT COMBO TRAINING

WEDNESDAYS @ 5:30PM

RECREATION PARK- 208 Park Ave

818-898-1290

The combo class will be offered as part of the FitPass

\$20 for 10 classes



- Cycling
- Crossfit-Cardio
- Yoga
- Combo Training

