

FIREARMS TRAINING COURSE #7

Purpose

Officers must efficiently address threats from any position they may find themselves in during their duties; whether driving a police vehicle, at a desk or in a restaurant. When turning 90 degrees it is natural to stand and pivot on the support leg. This brings the weapon across the body which is not an ideal practice.

Conditions

- Full lighting, single IDPA target, folding chair
- Starting position for each exercise will be with the weapon fully loaded, secured in the holster, seated in a comfortable position indicated in each stage.
- Range for all stages – 7 yards
- Total rounds – 24

Stage 1 – Seated facing LEFT – 6 rounds

- 1 round – 3 seconds – reholster
- 2 rounds – 4 seconds – reholster
- 3 rounds – 5 seconds

Stage 2 – Seated facing DOWNRANGE – 6 rounds

- 1 round – 3 seconds – reholster
- 2 rounds – 4 seconds – reholster
- 3 rounds – 5 seconds

Stage 3 – Seated facing RIGHT – 6 rounds

- 1 round – 3 seconds – reholster
- 2 rounds – 4 seconds – reholster
- 3 rounds – 5 seconds

Scoring

This course is pass/fail. No minimum score, however, all rounds should be on target and the majority should be center mass.