



QUARTERLY PROFICIENCY COURSE

Purpose

To establish a standardized firearms proficiency course to meet department mandated requirements, which can be used for no/low light conditions as well as lighted conditions.

Conditions

- Single IDPA target, with all shooting done freestyle unless otherwise indicated
- The starting position for each exercise will be with a *fully* loaded weapon, holstered with the safety strap snapped, and the hands hanging naturally at the sides (unless utilizing a flashlight)
- Total Rounds – **31**

Stage I 15 yards Multiple Position 10 rounds

- [Freestyle] 5 rounds 10 seconds - reholster
Not until the target turns
- [Kneeling or sitting] 5 rounds 12 seconds

Stage II 10 yards Barricade 12 rounds

- [From the strong side] 3 rounds 5 seconds – REPEAT
RELOAD – 6 SECOND DELAY
- [From the support side] 3 rounds 5 seconds – REPEAT

Stage III 7 yards (Ambient lighting for night) 9 rounds

- [Standing] 2 body/1 head 5 seconds – reholster – **REPEAT 2x**
Longer delay between second and third relay to facilitate reload if needed

Scoring

Points are designated by the target perforations. Outer edge is 0, moving inward the values are 2, 4, and 5. Called headshots are 5 points, uncalled 4 points.

*Proficiency Rating: 148-155 – Distinguished Expert
 140-147 – Expert
 131-139 – Sharpshooter
 116-130 – Qualified
 <116 – Failed to qualify*