

DISABILITY INSURANCE

If you are unable to work due to medical quarantine or illness related to COVID-19 (certified by medical professional) you can file a Disability Insurance (DI) Claim.

- DI provides short-term benefit payments to eligible workers who have a full or partial loss of wages due to a non-work-related illness, injury, or pregnancy.
- Benefit amounts are approximately 60-70 percent of wages (depending on income) and range from \$50-\$1,300 a week.
- [Am I Eligible for Disability Insurance Benefits?](#)
- [How to File a Disability Insurance Claim in SDI Online](#)

UNEMPLOYMENT INSURANCE

If you have lost your job or have had your hours reduced for reasons related to COVID-19.

- Partial wage replacement benefit payments to workers who lose their job or have their hours reduced, through no fault of their own.
- Benefit amounts range from \$40-\$450 per week.
- [Eligibility Requirements](#)
- [File an Unemployment Insurance Claim](#)

PAID FAMILY LEAVE

If you are unable to work because you are caring for an ill or quarantined family member with COVID-19 (certified by a medical professional) you can apply for Paid Family Leave through the State.

- Up to six weeks of benefit payments to eligible workers who have a full or partial loss of wages because they need time off work to care for a seriously ill family member.
- Benefits are approximately 60-70 percent of wages (depending on income) and range from \$50-\$1,300 a week.
- [Am I Eligible for Disability Insurance Benefits?](#)
- [How to File a Disability Insurance Claim in SDI Online](#)

PAID SICK LEAVE

If you or a family member are sick or for preventative care when civil authorities recommend quarantine. You can use the leave you have accumulated or your employer has provided to you under the Paid Sick Leave law.

- Benefit paid to you at your regular rate of pay or an average based on the past 90 days.
- [California Paid Sick Leave: Frequently Asked Questions](#)
- [Division of Labor Standards Enforcement \(DLSE\)](#)

WORKERS' COMPENSATION

If you are unable to do your usual job because you were exposed to and contracted COVID-19 during the regular course of your work, you may be eligible for workers' compensation benefits. Benefits include temporary disability (TD) payments, which begin when your doctor says you can't do your usual work for more than three days or you are hospitalized overnight. You may be entitled to TD for up to 104 weeks. TD stops when either you return to work, your doctor releases you for work, or your doctor says your illness has improved.

- [DWC Workers' Compensation in California: A Guidebook for Injured Workers](#)
- [DWC - How to file a claim](#)

L.A. COUNTY DEPARTMENT OF PUBLIC SOCIAL SERVICES

If you are experiencing economic hardship and are in need of the Department provides temporary financial assistance, employment and job referral programs, in-home supportive services, free and low-cost health care (Medi-Cal) and food benefits (CalFresh).

- [Public Assistance – COUNTY OF LOS ANGELES](#)

<https://lacountyhelpcenter.org> | <https://covid19.lacounty.gov>
disasterhelpcenter@lacounty.gov | 833-238-4450 M-F, 8-4:30pm

www.sfcity.org | info@sfcity.org | (818) 898-1200

