FEBRUARY 2021

RECSCAPE

ESCAPE THRU PLAY, EXERCISE AND CREATIVITY

THIS ISSUE

What's New

Las Palmas Golden Fun League

Fun From Home

Community & Events

VIRTUAL RECREATION & COMMUNITY SERVICES

p. 818-898-1290 e. recreation@sfcity.org a. 208 Park Ave., San Fernando, Ca w. sfcity.org/sfrecreation

FSFRecreation OfficialCityOfSanFernando

Department of Recreation & Community Services

SAN FERNANDO

WHAT'S NEW COMMUNITY INPUT MEETINGS

RCS has been hosting virtual Community Input meetings to inform the public of projects the department is considering and to collect feedback from residents on those particular projects. In 2018, the City's Park Master Plan (PMP) was completed and the report highlighted the need to renovate existing park and recreation facilities. Since then staff has been working to identify projects that best align with the findings in the PMP as well as grants that would help the City complete such projects.

Community Input Meetings give residents an opportunity to share their ideas for new development or opinions on renovation projects, ensuring that the community be part of the entire process. Currently the renovation project sites being considered are Recreation Park, Las Palmas Park and Pioneer Park. Each project site contains it's own unique "wish list" ranging from athletic field renovations and amenities to better lighting and security.



On January 21, RCS hosted its third virtual meeting with 17 community members in attendance. The department received great feedback as to how to better serve the park needs of the community. There are two meetings coming up this month on February 3 and 13, join us and share your ideas!

For Zoom meeting link email Juan Salas at jsalas@sfcity.org



SENIOR TECH WEDNESDAYS

Las Palmas Park is inviting seniors interested in learning how to use smart devices to participate in a virtual workshop. Seniors can learn how to download applications, use Zoom, email and much more.

For more information call Las Palmas Park at (818) 898-7430.

FAMILY BOARD GAME DAY

NEV Best Start Community is co-sponsoring monthly Saturday morning "family board game day", encouraging families to play games together because families that play together stay together. The next two virtual events are **Quarantine Bingo** on January 30th and **Parent and Me Painting** on February 27, 2021. For more info visit SFCITY.ORG

MONTHLY HIGHLIGHTS

January's Winter Craft was a success with six seniors, including a new member of the Golden Fun League! The group was very attentive when the instructor, Jenniffer Moreno, was speaking. They waited patiently, listened to the instructions, and followed

each step at their own pace. Each person demonstrated creativity in their own way. For instance, Maria Flores, a regular participant, was unable to pick up her supplies at the park but was still interested in participating. Fortunately, she has grandchildren who often work on



arts and crafts at home and she guickly realized she had all of the supplies at hand! In the end, every snowman was unique and well

put together. Each senior went at their own pace and

LAS PALMAS **GOLDEN FUN LEAGUE**

STAY CONNECTED & JOIN THE FUN!

For assistance accessing the virtual activities, call Las Palmas Park at (818) 898-7340.



Para asistencia en Espanol, favor de llamar al (818) 898-7340.

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added their style to their craft. If you have not had the chance to join us, mark your calendar for a Valentine-themed craft on Thursday, February 11 at 1:00 PM.

FEBRUARY FUN ACTIVITIES

February is remembered for St. Valentine's Day and romantic love, but it can mean so much more. It can also be love for a family member, a friend, a hobby, or even a beloved pet. It is a month when people can show their community love by being kind to a fellow neighbor or picking up litter around the neighborhood. Instead of giving 55+ participants boring chocolates and flowers, the Golden Fun League is showing love through FUN activities.

President's Day Lunchtime Trivia:

U.S. Presidents

Presidential Medal of Freedom in on time! January 2017 by President Barack *Invite a loved one to play and tell Obama? Hint: They were recently them to mention your name when sworn into office!

BINGO

For all those US history lovers, don't Come play our always popular game miss out on Lunchtime Trivia: U.S. of Bingo! We invite you and your best Presidents edition. The game will pal for a virtual Valentine's edition of take place via ZOOM on Friday, Bingo on Wednesday, February 10 at February 5 at 1:00 PM. Here's a 11:00 AM. Our partner HealthNet will teaser question for the upcoming be providing amazing prizes. Register game: Who was awarded the early and receive your playing card

registering.

¡Scattergories en Español!

¡Scattergories en Español regresa en el día nacional de Chile con Carne! Scattergories es un juego categorías basado en de pensamiento creativo. Esta edición especial cubrirá el tema de cocina. Acompaña al parque de Las Palmas y a Regal Medical Group el jueves, 25 de febrero a 3pm. Se proporcionarán las premios.

CRAFTS MADE WITH LOVE

Bee-Mine Valentine- Heart Crafts for Kids (5-8)

Supplies: construction paper (black, yellow, pink, red), marker, glue or tape, scissors, pipe cleaners, googly eyes

Adorable Minion Valentine's Day Hearts (5-8)

Supplies: construction paper (yellow, black, blue, white, gray), scissors, glue, black marker

Kids Artist's Burton Morris-Inspired Hearts (9-13)

Supplies: cardstock –black and variety of bright colors (or construction paper), scissors, glue, black marker

Building With Straws -A Stem Activity (5-10)

Supplies: bendable drinking straws, tape





FUN FROM HOME

Looking for ideas to keep the kids busy while staying safe at home? Check out the links on this page for some fun and creative projects. Activities are suitable for children ages 5-13 or as family projects. Please note that some projects may require parent/adult supervision.

Trouble with the links? Just hold the CRTL button and click on the link or right-click and select "Open Hyperlink"

Submit photos of your spooky projects and creative costumes at Recreation@sfcity.org

Projects and activities were obtained from the following sources: YouTube, Pinterest & DIY.com

ADULT SUPERVISION REQUIRED

Epic Bottle Rocket (9-13) *Adult Assistance Required Supplies: empty 2 liter soda bottle, duct tape, 3 pencils (or same size

sticks), cork (to fit bottle), paper towels, baking soda, vinegar (large bottle)

String Art (5-13) *Adult Assistance Required

Supplies: string or yarn, liquid water colors (or watered down tempera paint), plastic cups, white cardstock paper, paper towels, old heavy book

DIY Microscope for Kids Craft (5-8) *Adult Assistance Required Supplies: recycled laundry detergent bottle, recycled paper towel roll (or any long cardboard tube), scissors or craft knife, hot glue gun and glue sticks, small pieces of cardboard



RECSCAPE

TEENS FOR A BETTER COMMUNITY

The Teens for a Better Community (TBC) Youth Leadership Program and Counselor in Training (CIT) programs offer youth the opportunity to work side by side with Recreation staff to obtain valuable work experience and earn service hours. Current high school students with a genuine building, interest in character leadership development, and а positive attitude are invited to join by completing the online application



at http://tinyurl.com/TBC2020app. All hours spent with the program will be recorded as community service hours and a certificate of completion will be awarded at the end of the year.

GOLDEN LETTER LEAGUE

The Golden Letter League is off to a great start! Teens from our TBC Program and older adults from our Las Palmas Senior Citizens Club have begun writing letters to each other this month. Now it's time for you to join in the fun!

Community members are encouraged to participate in the program and write uplifting and motivational letters/words to older adults. There is no age limit and both English and Spanish writers are needed.

Click on the link below to register and to tell us which supplies you will need: <u>https://forms.gle/f666RfV9pwQGUPEA6</u>

TUTČINT YOUTH EMPOWERMENT PROGRAM

We are open for enrollment of youth 13-17 years old, in the Northeast San Fernando Valley. Visit our website to submit an online referral: <u>https://www.pukuu.org/tutcint/</u> Or call (818) 336-6105 for more information.



COMMUNITY & EVENTS

CONTACT INFORMATION

<u>Teens For A Better Community</u> Juan Salas jsalas@sfcity.org | 818-898-7340

Yasmin Guillen yguillen@sfcity.org | 818-898-7340



<u>Tutčint Youth Empowerment</u> <u>Program</u> Carrie A. Castro carrie.castro@pukuu.org 661-670-1311







RECSCAPE

Community & Events

Free Covid-19 Testing @ Recreation Park

Free Covid-19 testing is available at Recreation Park, Monday -Saturday from 9am to 3pm. Individuals can make an appointment at <u>curative.com</u>. Please be advised that this testing site is a Walk-Up service. Individuals must park and stand in line in order to be administered the test. Test results are usually available within 48 hours and recipients are notified via text or email. For more information visit curative.com or publichealth.lacounty.gov.



VETERANS RECOGNITION PROGRAM | MAY – NOVEMBER

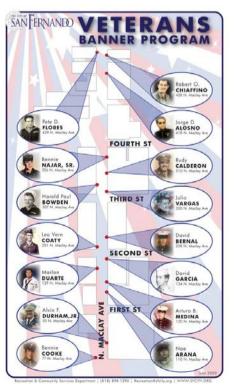
The City's Veteran Recognition Program was created to honor and recognize local U.S. Military Veterans that reside (current or previously) or have a family member that resides in the City of San Fernando. Veteran Banners will be displayed on Maclay Avenue beginning in May (right before May 24) and will go down in November (right after November 19). At the conclusion of each cycle, banners will be returned to the applicant. Every year will have a new design.

Visit the City website for more information: <u>SFCITY.ORG/SFRecreation</u> 818-898-1290









FREE

COVID-19

Fernando Rec. Center.

in Fernando, CA 91340

208 Park A

CORE

ESTING

THES - SAT

9am - 3pm

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FEBRUARY 2021