

# Outdoor Fitness

*Physically Distanced & Fit - Park Fitness Program*

**6-WEEK SESSION: MAY 3 - JUNE 11, 2021**

## **ZUMBA**

MONDAYS

TIME: 5PM - 6PM

FEE: \$20 | AGES: 16+

LAS PALMAS PARK | Leilani

## **TOTAL BODY CONDITIONING**

MONDAY - THURSDAY

TIME: 8AM - 9AM

FEE: \$50 | AGES: 18+

LAS PALMAS PARK | Berenice

## **CARDIO SALSA**

TUESDAYS

TIME: 6PM - 7PM

FEE: \$30 | AGES: 16+

LAS PALMAS PARK | Lenny

## **YOGA**

SATURDAYS

TIME: 8AM - 9AM

FEE: \$20 | AGES: 16+

RUDY ORTEGA PARK | Yovanni

**REGISTER TODAY @ [SFCITY.ORG/SFRECREATION](https://www.sfcity.org/sfrecreation)**

For help with registration go to MyRec homepage, click on Contact, then click on How to Register for step by step instructions.



**MORE INFORMATION 818-898-1290 | [SFCITY.ORG/SFRECREATION](https://www.sfcity.org/sfrecreation)**