

City of San Fernando  
Department of Recreation & Community services

# RECSCAPE

ESCAPE THRU PLAY, EXERCISE  
AND CREATIVITY



WHAT'S NEW  
LAS PALMAS GOLDEN FUN LEAGUE  
COMMUNITY & EVENTS  
FUN FROM HOME

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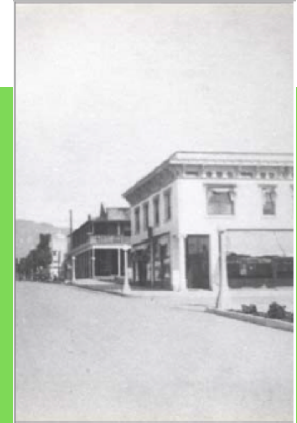
# HAPPY BIRTHDAY CITY OF SAN FERNANDO

Incorporated Augst 31, 1911

**JOIN US FOR THE CITY'S  
110th BIRTHDAY FIESTA**

**Tuesday, August 31, 2021 | 6-8pm | Casa Lopez Adobe**

Tours of Historic Lopez Adobe  
City of San Fernando History  
Oral History by Fernandeno-Tataviam  
Entertainment



# WHAT'S NEW



## ROLLER DERBY

There's something rolling on the courts of Las Palmas Park and it's not basketballs...it's the Valley Community Rollers (VCR). The people of VCR are out in full effect, ready to share all things roller derby with the community!

VCR is the new up and coming roller derby league in the San Fernando area. The community-based team aims to provide all people with the opportunity to learn to skate, roller derby, and give back to the community.

Their principles and practices are rooted in sustainability, community, accessibility, collective and horizontal leadership, and community accountability. They believe that roller skating and roller derby should be accessible to everyone regardless of experience and income.

RCS is excited to partner with VCR and help make their vision of "roller derby for all" a reality. The collaboration will bring derby classes for all ages and abilities.

While we roll out the details you can catch VCR on the courts of Las Palmas Park Wednesday evenings from 6:00-7:30pm. Follow them on Instagram @valleycommunityrollers





# LAS PALMAS GOLDEN FUN LEAGUE

## Slowly Coming Back...

In June, Las Palmas Park had the opportunity to bring fellow seniors back to the center for a Hawaiian-themed Bingo Night. With a group of 25 seniors, participants were happy to enjoy a small in-person gathering. The group played five games with a different pattern each round. At the end of the night, five winners took home a prize, ranging from a portable Bluetooth speaker to a \$50 gift card to California Pizza Kitchen. The staff was also thrilled to see the seniors back in person, host a fun time for them, and see the grin on the winners' faces.

We would like to spotlight Ernesto Alvarado, who has been coming to Las Palmas Park for more than 10 years. Ernesto along with his wife Gloria, is an active member of the Las Palmas Senior Citizens' Club and a volunteer who is always willing to help our department with putting on events. He attended our Bingo Night on June 23 and was a winner of one of five games played. Ernesto stated that "the Bingo Night was entertaining. It was good to be back with friends that we haven't seen in a long time due to the pandemic. The cancellation of activities has affected us in seeing our friends. I would like for Bingo Night to continue." Ernesto understands that in consideration of the safety of all, we are slowly bringing activities back. Join us in August at our next Bingo Night and do not forget to say hi Ernesto.

Golden Fun League presents

## Bingo Night

Monday, August 23  
6:00 P.M.

**\$20 per person**  
Price includes playing card booklet.

Register at Las Palmas Park  
Monday-Friday, 9 am to 5 pm or visit  
[www.sfcity.org/sfrecreation](http://www.sfcity.org/sfrecreation)

Las Palmas Park  
505 S. Huntington St.  
San Fernando 91340

THE CITY OF  
**SAN FERNANDO**





## SENIOR HIGHLIGHT

One of our newest members of the Las Palmas Golden Fun League is Ana Alberto. She began participating in our activities during the pandemic in July of 2020 and has been gracing us with her presence ever since. She found out that the City of San Fernando offered online activities via Zoom and started attending. When Ana participated in the first virtual activity, she “noticed right away there was something different about this group, both participants and organizers were caring and friendly and that was all it took” for her to continue participating. She goes on to share, “I really enjoy the activities and the challenge with Scattergories and found Laura and Marisol to be very caring. Both truly made me feel very comfortable and welcome. I have made new friends online that I hope to meet face to face now that some activities are in person.” That opportunity soon became a reality. When she received our July calendar showing the in-person Bingo and Ice Cream on July 6, she called right away to sign up. She was so excited to be able to come and finally meet us in person. “I had this picture in my head of how the place would be and I was pleased to see it in person. First of all, we got there early and went around the area. It's very quiet and the park is peaceful. The actual center is bigger than I expected and I liked that the Covid recommendations were followed. It was really nice to finally meet some of the organizers and to enjoy the ice cream” Ana said when describing her first visit to Las Palmas Park. Ana was one of our regular winners during virtual Scattergories and Park Bingo. From the looks of it, she proved she will continue to be a winner when she won the first round of bingo on July 6. Although she received many prizes from us in the last year, her favorite prize was the chocolate brownie she won during Lunchtime Trivia - US Presidents. She would like to thank Marisol for making sure her prizes got to her. Ana is also thankful to Laura for her senior wellness call as “those calls make a big difference in some people’s life during these trying times.”



# COMMUNITY & EVENTS

## TEENS FOR A BETTER COMMUNITY

The Teens for a Better Community (TBC) Youth Leadership Program and Counselor in Training (CIT) programs offer youth the opportunity to work side by side with Recreation staff to obtain valuable work experience and earn service hours. If you are a current high school student with a genuine interest in character building, leadership development, have a positive attitude, and would like to join the TBC Youth Leadership Program by completing the online application at <https://tinyurl.com/TBC2021app>. Please complete the online application by Friday, August 27, 2021. The program runs from September 2021 through May 2022. All hours spent with the program will be recorded as community service hours and a certificate of completion will be awarded at the end of the program.



## TUTČINT YOUTH EMPOWERMENT PROGRAM

On Saturday, August 21, 2021, Tutčint Youth Empowerment will hold a Virtual Culmination Ceremony for our current group, Cohort 4, who have completed a six-month program (from March to August of this year).

We will also be enrolling youth ages 12-17 years into Cohort 5, which runs from September 2021 through February 2022.

Our FREE program offers academic support, Cultural/Community engagement, and outdoor activities such as trips to California State Parks, Beaches and Recreational Areas. See our website for more information, and to submit an online referral at: <https://www.pukuu.org/tutcint/>





## SUMMER SPORTS ARE IN SESSION

Summer Sports Clinics will continue into the month of August with Basketball and Soccer clinics for children ages 3.5 - 13 at Pioneer Park. The clinics focus on introductory skill building as well as conditioning for experienced participants. Visit the City website for more information and registration link.

### UPCOMING CLINIC SESSIONS AT PIONEER PARK

Basketball: Mondays | Aug. 16 - Sept. 13, 2021\*

Soccer: Saturdays | Aug. 7-28, 2021\*

City Residents: \$55 per session/sport

Non-City Residents: \$60 per session/sport

\*Space is limited for the Basketball and Soccer clinics.

### UPCOMING ADULT SOFTBALL LEAGUE

Co-Ed Softball: Tuesday | Begins Aug. 31st

Men's Wooden Bat: Wednesday | Begins Sept. 1st

\$325 per team | Registration Now Open

Register online at [www.sfcity.org/sfrecreation](http://www.sfcity.org/sfrecreation)



## COUNSELOR-IN-TRAINING (CIT)

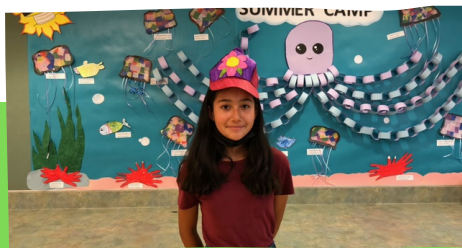
The Counselor-in-Training (CIT) program is a hands-on experience that educates and trains youth to become future counselors for our Summer Day Camp Program. High school students between 14-18 years of age work alongside City staff on day-to-day camp activities such as arts and crafts, science, sports, cooperative games, and more. Summer Camp began on June 21, 2021. Due to COVID, only seven CITs were invited to participate in this year's Summer Day Camp Program. So far, the CITs have collectively volunteered 394 hours of their time to our Summer Day Camp Program. One CIT stated, "This is so much fun! Thank you for this opportunity".

# FUN FROM HOME

Looking for ideas to keep the kids busy while staying safe at home? Check out the links on this page for some fun and creative projects. Activities are suitable for children ages 5-13 or as family projects. Please note that some projects may require parent/adult supervision.

\*Trouble with the links? Just hold the CTRL button and click on the link or right-click and select "Open Hyperlink"

Submit photos of your projects at [Recreation@sfcity.org](mailto:Recreation@sfcity.org)



## **[Build A Gumdrops Geodesic Dome \(Ages 5-13\)](#)**

Supplies: toothpicks, gum drops

## **[Perfect Rainbow Bouncy Ball with Borax \\*\(Ages 5-13\)](#)**

Supplies: warm water, Borax, glue, cornstarch, food coloring

## **[DIY Yarn Woven Heart Shaped Basket \\*\(Ages 5-13\)](#)**

Supplies: heart shaped (or any shape) cardboard, yarn (any colors), toothpicks or wood skewers, felt, yarn needle (optional), scissors, glue, beads

## **[The Ultimate Egg Drop Engineering Project \\*\(Ages 5-13\)](#)**

Supplies: raw eggs, various containers and padding, bubble wrap, cotton balls, plastic bags, plastic food container, string, tape, egg cartons, balloons, straws, craft sticks (some supplies may not be used)

## **[Stick Art \(Ages 5-13\)](#)**

Supplies: Y shaped sticks and straight ones, googly eyes, colored yarn

\*Parental Assistance May Be Needed  
Resources: Pinterest, DIY, You Tube and STEM



# CITY OF SAN FERNANDO RCS DEPARTMENT CONTACTS

## **Recreation Park**

208 Park Ave.  
San Fernando, CA 91340  
818-898-1290

## **Las Palmas Park**

505 S Huntington St.  
San Fernando, CA 91340  
818-898-7340

## **COMMUNITY SERVICES & EVENTS**

### **Teens For A Better Community**

Juan Salas  
jsalas@sfcity.org | 818-898-7340  
  
Yasmin Guillen  
yguillen@sfcity.org | 818-898-7340

### **Las Palmas Golden Fun League**

Marisol Diaz  
mdiaz@sfcity.org | (818) 898-7340

### **Day Camp**

Patty Garcia  
pgarcia@sfcity.org | 818-898-7340

### **Tutćint Youth Empowerment Program**

Carrie A. Castro  
carrie.castro@pukuu.org  
661-670-1311

## **RECREATION**

### **Recreation**

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