

COVID-19 Vaccine Facts



WHY GET A VACCINE?

- COVID-19 vaccines are safe and effective.
- Vaccination is the best way to keep you and your loved ones safe from getting sick, missing work, ending up in the hospital, or dying.
- The vaccines protect against the Delta variants. They also lower the chances of new and even more dangerous variants appearing.



WHO CAN GET A VACCINE?

Anyone 12 years of age or older

- Vaccines are **free** to everyone even if you don't have insurance.
- You will not be asked about your immigration status.
- Vaccines are recommended for everyone 12 and older, including people who are pregnant or breastfeeding, and people who have had COVID-19.
- Most people with allergies can get a vaccine.



There are hundreds of sites across LA County - many are open weekends and evenings and don't need an appointment.



To find a location in your neighborhood:

- Visit VaccinateLACounty.com or call 833-540-0473, 8am to 8:30pm.
- You can also call 2-1-1 which has information in many languages 24/7 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.

Minors need consent from their parent or legal guardian to get vaccinated.

WHICH VACCINES ARE AVAILABLE IN THE US?

Pfizer

Available for: People age 12+

Given as: 2 doses - 21 days apart



Moderna

People age 18+

2 doses - 28 days apart



Johnson & Johnson

People age 18+

1 dose



Additional doses are available for people who are immunocompromised.

Booster doses are available depending on what vaccine you got in your primary series.

WHAT ARE THE SIDE EFFECTS?

- Vaccine side effects are common and may include sore or red arm, feeling tired, fever, chills, headache or muscle ache. They do not mean that you have COVID-19. Not everyone will get them.
- Side effects are a sign that your immune system is **building protection**. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.
- Serious side effects are very rare and are mostly treatable.







WHAT ABOUT SAFETY?

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be safe.
- Every step that is required to make sure a vaccine is safe and effective was followed.
- Since December 2020, millions of people have safely received a COVID-19 vaccine.
- There is no evidence that COVID-19 vaccination causes fertility problems in men and women. All the information we have on pregnancy is reassuring. Scientists continue studying COVID-19 vaccines carefully for safety concerns and share what they learn.

AFTER GETTING VACCINATED

- You are not fully vaccinated until 2 weeks after you get a Johnson & Johnson vaccine or your 2nd Pfizer or Moderna vaccine. It takes time for your body to build immunity.
- After you've been fully vaccinated, keep taking steps to protect yourself and others:
 - Wear a mask that fits well
 - Stay home when sick
 - Wash your hands often
 - Avoid crowded places and spaces with poor air flow
 - Keep your distance



