

### WHY GET A VACCINE?

- COVID-19 vaccines are **safe and effective**.
- Vaccination is the best way to keep you and your loved ones safe from getting sick, missing work or school, ending up in the hospital, or dying.
- The vaccines protect against the Delta variants. They also lower the chances of new and even more dangerous variants appearing.

# WHO CAN GET A VACCINE?

### Anyone 5 years of age or older

- Vaccines are **free** to everyone even if you don't have insurance.
- You will not be asked about your immigration status.
- Vaccines are recommended for everyone age 5 and older, including people who are pregnant or breastfeeding, and people who have had COVID-19.
- Most people with allergies can get a vaccine.

### HOW TO GET A VACCINE

There are hundreds of sites across LA County - many are open weekends and evenings and don't need an appointment.

To find a location in your neighborhood:

- Visit VaccinateLACounty.com or call 833-540-0473, 8am to 8:30pm.
- You can also call 2-1-1 which has information in many languages 24/7 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.

Minors need consent from their parent or legal guardian to get vaccinated.

### WHICH VACCINES ARE AVAILABLE IN THE US?

#### Pfizer

People age 5+

2 doses - 21 days apart

Moderna

People age 18+

2 doses - 28 days apart

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Johnson & Johnson

People age 18+

1 dose

**3rd dose** - for people who are immunocompromised and got Pfizer or Moderna. **Booster doses** - for everyone who got J&J and certain people who got Pfizer or Moderna.







Available for:

Primary series

given as:



# COVID-19 Vaccine Facts

# WHAT ARE THE SIDE EFFECTS?

- Vaccine side effects are common and may include sore or red arm, feeling tired, fever, chills, headache or muscle ache. They do not mean that you have COVID-19. Not everyone will get them.
- Side effects are a sign that your immune system is **building protection**. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.



• Serious side effects are rare and most are treatable.





### WHAT ABOUT SAFETY?

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- COVID-19 vaccines have gone through and continue to go through the most **intensive safety monitoring** in US history.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be **safe and effective**.
- Since December 2020, **hundreds of millions of people** have safely received a COVID-19 vaccine.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

### AFTER GETTING VACCINATED

- You are not fully vaccinated until 2 weeks after you get a Johnson & Johnson vaccine or your 2nd Pfizer or Moderna vaccine. It takes time for your body to build immunity.
- After you've been fully vaccinated, keep taking steps to protect yourself and others:
  - Wear a mask that fits well
  - Stay home when sick
  - Wash your hands often
  - Avoid crowded places and spaces with poor air flow
  - Keep your distance



### VaccinateLACounty.com