



# COVID-19 Vaccine Facts

## WHY GET A VACCINE?



- COVID-19 vaccines are **safe and effective**.
- The best way to protect yourself and loved ones from COVID-19, including variants, is to get vaccinated and boosted.
- Vaccination reduces your risk of getting sick, missing work or school, ending up in the hospital, or dying.

## WHO CAN GET A VACCINE?

### Anyone 5 years of age or older



- Vaccines are **free** to everyone – even if you don't have insurance.
- You will not be asked about your immigration status.
- Vaccines are recommended for everyone, including people who are pregnant or breastfeeding, and people who have had COVID-19.
- Most people with allergies can get a vaccine.

## HOW TO GET A VACCINE

There are hundreds of sites across LA County - many are open weekends and evenings and don't need an appointment.






To find a location in your neighborhood:

- Visit [VaccinateLACounty.com](https://www.vaccinatelacounty.com) or call **833-540-0473**, 8am to 8:30pm.
- You can also call 2-1-1 or ask your doctor or local pharmacist.
- Free transportation and in-home vaccination are also available.

Minors need consent from their parent or legal guardian to get vaccinated.

## WHICH VACCINES ARE AVAILABLE IN THE US?

**Pfizer and Moderna are recommended for both primary and booster doses.**

	<b>Pfizer</b>	<b>Moderna</b>	<b>Johnson &amp; Johnson</b>
<b>Available for:</b>	Age 5+	Age 18+	Age 18+
<b>Primary series:</b>	2 doses - 21 days apart 	2 doses - 28 days apart 	1 dose 
<b>Booster dose:</b>	Age 12+ : 5 months later	Age 18+ : 6 months later	Age 18+ : 2 months later

**Additional dose:** Age 5+ who are immunocompromised and got Pfizer (5-17 only) or Moderna.



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## WHAT ARE THE SIDE EFFECTS?

- Vaccine side effects are common and may include sore or red arm, feeling tired, fever, chills, headache, or muscle ache. They do not mean that you have COVID-19. Not everyone will get them.
- Side effects are a sign that your immune system is **building protection**. They may affect your ability to do some daily activities but should go away within a day or two of getting vaccinated.
- Serious side effects are rare, and most are treatable.



## WHAT ABOUT SAFETY?

- You cannot get COVID-19 from the vaccine. None of the vaccines contain the virus that causes COVID-19.
- COVID-19 vaccines have gone through - and continue to go through - the most **intensive safety monitoring** in US history.
- The vaccines were tested on tens of thousands of people, including people of color, older adults, and people with medical conditions and found to be **safe and effective**.
- Since December 2020, **hundreds of millions of people** have safely received a COVID-19 vaccine.
- There is no evidence that COVID-19 vaccines cause fertility problems. They are safe for pregnant people and are recommended by pregnancy experts.

## AFTER GETTING VACCINATED

- You are not **fully vaccinated** until 2 weeks after you get a Johnson & Johnson vaccine or your 2nd Pfizer or Moderna vaccine.
- After you've been fully vaccinated, take steps to protect yourself and others:
  - **Wear a mask that fits and filters well**
  - Stay home when sick
  - Wash your hands often
  - Avoid crowded places and spaces with poor air flow
  - Keep your distance
  - Get your **booster dose** when it is time if you are age 12 and older

