

You're invited to our Doc Talk: Importance of Natural Foods & Healthy Lifestyle

Presented by Dr. Salman Khan



Importance of Natural Foods

Monday, July 18, 2022, 9:30 a.m. - 10:30 a.m.

Las Palmas Park

505 S. Huntington St., San Fernando, CA 91340

Natural foods often have more beneficial nutrients than conventionally grown food. Learn about the importance of eating foods that are less processed without particular additives such as hormones, antibiotics, sweeteners, food colors, preservatives, or flavorings.



Healthy Lifestyle

Monday, August 1, 2022, 9:30 a.m. - 10:30 a.m.

Las Palmas Park

505 S. Huntington St., San Fernando, CA 91340

A healthy lifestyle keeps you fit, energetic and at reduced risk for disease. Learn how healthy living can help you enjoy more aspects of your life.



Bring your health and wellness questions for a chance to win a \$10 gift card!



Salman Khan, M.D.

Internal Medicine

Dr. Khan has been serving Los Angeles and the San Fernando Valley for more than 20 years. His focus is on primary care, men and women's health, and weight management. He also provides routine DMV physicals and wellness visits

To RSVP, visit

HealthyWayEvents.com. Call Nelly Leng at (818) 798-8384 for further information or questions about these events.

Visit HealthyWayEvents.com to see a full list of FREE programs, classes, and events in your area.