



CHAIR JASON HAYES
COMMISSIONER JOE PONCE
COMMISSIONER NINA HERRERA
COMMISSIONER ROBERT GONZALES
COMMISSIONER NATASHA SANCHEZ-BROOKS

PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR

MEETING NOTICE AND AGENDA

SEPTEMBER 13, 2022 – 6:30 PM

CITY HALL COUNCIL CHAMBER
117 MACNEIL STREET

SAN FERNANDO, CALIFORNIA 91340

TELECONFERENCE – PURSUANT TO PROVISIONS OF ASSEMBLY BILL 361

SPECIAL NOTICE REGARDING COVID-19

NOTICE OF TELECONFERENCE: Pursuant to Adopted Resolution No. 8098 by the City Council of the City of San Fernando, effective January 12, 2022, the City of San Fernando's Legislative Bodies may participate via teleconference and/or video in Accordance with Government Code Section 54953 as permitted under the provisions of Assembly Bill 361

PUBLIC PARTICIPATION OPTIONS

- 1. WATCH THE MEETING:** Live stream with audio and video, via YouTube Live, at: <https://www.youtube.com/c/CityOfSanFernando> Note: Comments submitted via YouTube will not be read into the record.
- 2. SUBMIT PUBLIC COMMENT IN PERSON:** Members of the public may provide comments in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.
- 3. SUBMIT PUBLIC COMMENT VIA EMAIL:** Members of the public may submit comments by email to LMoreno@sfcity.org no later than **4:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Commissioners and read into the record.
- 4. CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:** Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833

Meeting ID: 986 1620 1615

Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes. Note: This is audio only and no video.

Staff Contact Julian Venegas, Director of Recreation and Community Services

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 13, 2022

Page 2 of 4

CALL TO ORDER/ROLL CALL

Chair Jason Hayes
Commissioner Joe Ponce
Commissioner Nina Herrera
Commissioner Robert Gonzales
Commissioner Natasha Sanchez-Brooks

PLEDGE OF ALLEGIANCE

Led by Chair Jason Hayes

APPROVAL OF AGENDA

DECORUM AND ORDER

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Public members attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

PUBLIC STATEMENTS – WRITTEN/ORAL

Members of the public may [provide comments in the City Council Chambers](#) during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **4:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Commissioners and read into the record.

Members of the public may provide a [live public comment by calling in between 6:30 p.m. and 6:45 p.m.](#) and will be limited to three minutes.

Call-in Telephone Number: (669) 900-6833
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PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 13, 2022

Page 3 of 4

CULTURAL ARTS LIAISONS REPORT

CONSENT CALENDAR

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

1. REQUEST TO APPROVE MINUTES OF JULY 12, 2022 – REGULAR MEETING

ADMINISTRATIVE REPORTS

2. ANNUAL REORGANIZATION - SELECTION OF COMMISSIONERS TO SERVE AS CHAIR AND VICE CHAIR FOR THE PARKS, WELLNESS AND RECREATION COMMISSION.

It is Recommended that the PWR Commission:

- a. Select a Commissioner to serve as Chair and Vice Chair, and determine the term of office; and
- b. Discuss the time and date that the Parks, Wellness and Recreation Commission will meet and propose any changes to the fixed schedule.

3. REVIEW OF ROSENBERG’S RULES OF ORDER

It is Recommended that the PWR Commission:

- a. Review the video prepared by the Institute of Local Government (<https://vimeo.com/25152753>) on Rosenberg’s Rules of Order and discuss the item; and
- b. Review the Parliamentary Meeting Process and Guidelines (Attachment “A”) for all future meetings.

4. DEPARTMENT PROGRAMS AND SERVICES UPDATE

It is Recommended that the PWR Commission:

- a. Receive and File the Department Update Report and provide any guidance or recommendations as appropriate.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – September 13, 2022

Page 4 of 4

STAFF COMMUNICATION

GENERAL COMMISSION COMMENTS

ADJOURNMENT

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

*Linda Bowden-Moreno, Administrative Assistant
Signed and Posted: September 8, 2022 (5:00 PM)*

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at www.sfcity.org. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/ accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-1290 at least 48 hours prior to the meeting.

**CITY OF SAN FERNANDO
PARKS, WELLNESS & RECREATION COMMISSION
REGULAR MEETING MINUTES**

**July 12, 2022
ZOOM MEETING STREAMED ON YOUTUBE**

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS & RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>.

CALL TO ORDER/ROLL CALL

Chair Jason Hayes called the meeting to order at 6:31 p.m.

The following persons were recorded as present:

PRESENT: Chair Jason Hayes
Commissioner Robert Gonzales
Commissioner Joe Ponce

ABSENT: Commissioner Nina Herrera
Commissioner Natasha Sanchez-Brooks

ALSO PRESENT: Recreation and Community Services
Director, Julian Venegas
Recreation Supervisor, Maribel Perez
Admin. Assistant, Linda Bowden-Moreno
Recreation Leader, Daisy Veronica

PLEDGE OF ALLEGIANCE

Chair J. Hayes led the Pledge of Allegiance.

APPROVAL OF AGENDA

Motion by Commissioner J. Ponce, seconded by Commissioner Robert Gonzales, to approve the

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes –July 12, 2022

Page 2 of 4

agenda. The motion passed unanimously.

PUBLIC STATEMENTS – WRITTEN/ORAL

No public statements

CULTURAL ARTS LIASON REPORT

Cultural Arts Liaison, Raul Herrera, provided a report on the meeting on the San Fernando Cultural Arts Collective in preparation for the upcoming Day of the Dead festival in terms of coordinating activities, food, entertainment, etc.

The Aztec Dancers have resumed in-person practice at Las Palmas Park on Thursday evenings.

Mesoamerican Ballgame team has also resumed practice in preparation to represent the U.S. at an international tournament in Xcaret, Mexico

Cultural Arts Liaison, Javier Verdin, reported that Folklorico classes have also resumed practice at Las Palmas Park. Mr. Verdin also reported that the Fourth of July event held on Saturday, July 2nd was a great turnout and thanked everyone involved who made this celebration a great success.

Chair Hayes concurred that the Fourth of July event was indeed a great time.

The Chair inquired about the location of the Day of the Dead festival. Mr. Herrera reported that the Day of the Dead portion of the event would take place on Macneil St. and Third Street.

APPROVAL OF MINUTES

Commissioner J. Ponce moved to approve the minutes for the June 14, 2022, Parks, Wellness & Recreation Commission meeting. Motioned was seconded by Commissioner R. Gonzales. The motioned carried.

AYES: J. Hayes, J. Ponce, R. Gonzales
NOES:
ABSENT: N. Herrera, N. Sanchez-Brooks
ABSTAIN:

ADMINISTRATIVE REPORTS

- 1. ANNUAL REORGANIZATION - SELECTION OF CHAIR AND VICE CHAIR FOR THE PARKS, WELLNESS AND RECREATION COMMISSION** – Julian Venegas discussed the annual Commission reorg now that the Commission is at full membership.

Commissioner J. Ponce moved to table this item due to the absence of two Commissioners.

Motioned was seconded by Commissioner R. Gonzales. The motioned carried.

- 2. REVIEW OF ROSENBERG’S RULES OF ORDER**–J. Venegas recommended this item get tabled to the next meeting when all Commissioners are in attendance.

Commissioner J. Ponce moved to table this item to the next meeting. Motioned was seconded by Commissioner R. Gonzales. The motioned carried.

- 3. DEPARTMENT PROGRAMS AND SERVICES UPDATE**– J. Venegas provided the Commission a report with updates on the Department’s programs, activities and events.

The new scholarship program for City residents was introduced to the Commission. This program will cover 50% of the cost of any program or activity for City residents.

Commissioner R. Gonzales had questions regarding how participants can qualify for this program. He also recommended that staff monitor this program to see if any issues arise with qualifying for the scholarship.

Maribel Perez provided an update on youth sports programs such as basketball, baseball clinics and Fall Ball, which is now open for registrations.

Adult softball is on hold for the time being as there is no field available, basketball is planned to resume in the spring of next year, and volleyball open nights is planned to resume for open play. The tennis program has also resumed at Pioneer Park on Saturdays.

Leisure classes currently in progress are Folklorico Dance, Aztec Dance, Karate, Line Dance and fitness and health classes such as 3Wins.

The Lopez Adobe reopened for tours in May. Guided tours are available on the fourth Sunday of the month. A research library will be coming soon to Las Palmas Park. An intern has been working to take inventory and clean out the storage room containing artifacts. Items determined not to be of historical significance will be sold at a rummage sale to raise funds for this project. A book-signing event for the published memoirs authored by a descendant of the Lopez Family will be planned in the near future.

Other activities currently in progress include the Summer Day Camp at Recreation Park, the Senior Meal Program at Las Palmas Park, the Father’s Day event, Walkable Wednesday 5K Challenge, and an update on the Fourth of July celebration was discussed.

Commissioner R. Gonzales recommended offering scholarship opportunities to families who are in need financial assistance for the Day Camp program and field trips. He further commented on how

successful the Fourth of July event was this year.

Upcoming events include an overnight Camping Event at Rudy Ortega Park, La Campana De Libertad event including a presentation by Assemblywoman Luz Rivas for renovation funds to repair Eighth Street Park, and the Movies in the Parks series.

GENERAL COMMISSION COMMENTS

Commissioner Gonzales thanked staff for all the programs and activities. He also expressed how glad he was to see both Cultural Arts Liaisons.

Commissioner Ponce also thanked staff for all their hard work. He also reported having heard from several residents that the phone number advertised to report illegal fireworks in the City went unanswered.

Chair Hayes commented that he also called to report illegal fireworks as pets and veterans in the City are greatly affected by loud sounds. These calls went unanswered.

Commissioner Hayes announced that Theatre Program may be pushed back to September due restructuring. More details on this program will be announced.

STAFF COMMUNICATION

J. Venegas shared the SFPD Chief's report at the last council meeting indicated that SFPD responded to numerous calls regarding fireworks. Citations were issued and 96 lbs. of illegal fireworks were confiscated.

ADJOURNMENT

Commissioner J. Ponce moved to adjourn the meeting. Motioned was seconded by Commissioner R. Gonzales. Meeting adjourned at 7:15 p.m.



AGENDA REPORT

To: Chair Jason Hayes, and Commissioners

From: Julian Venegas, Director of Recreation and Community Services

Date: September 13, 2022

Subject: Annual Reorganization - Selection of Commissioners to Serve as Chair and Vice Chair for the Parks, Wellness and Recreation Commission.

RECOMMENDATION:

It is recommended that the Parks, Wellness and Recreation Commission:

- a. Select a commission member to serve as Chair and Vice Chair, and determine the term of service for the officers.
- b. Discuss the time, and date that the Parks, Wellness and Recreation Commission will meet, and propose any changes to the fixed schedule.

BACKGROUND

1. On April 4, 2021, the Parks, Wellness, and Recreation Commission (PWRC) established a reorganization schedule to select a new Chair and Vice Chair. The term of office would be one calendar year starting in January. However, due to the recommendation of Chair Sandie Richards, the PWRC elected new officers to serve the remainder of the current calendar year. Commissioner Jason Hayes was selected as Chair and Commissioner Sandie Richards was selected as Vice Chair.
2. On or about July 13, 2021, Vice Chair Richards resigned from the PWR Commission due to moving out of the City of San Fernando.
3. On or about September 14, 2021, Commissioner Saydith Navarro resigned from the PWR Commission as she was no longer available to attend meetings as a result of a change in her schedule.

ANALYSIS:

The departure of Vice Chair Richards and Commissioner Navarro hindered scheduling the PWR Commission reorganization for 2022. However, the two vacancies were filled with the addition of Commission member Robert Gonzales on April 12, 2022, and the addition of Commission member Natasha Sanchez-Brooks on June 14, 2022. RCS staff recommends that the PWRC now resume the reorganization schedule. The reorganization of the PWR Commission may include setting a fixed schedule for committee meetings to take place. Chapter 54 of the City's Municipal code sections 54-58 and 54-60 govern the selection process. Below are sections 54-58 and 54-60 for reference.

In accordance with Section 54-58 – Officers

The commission's members shall select from among themselves commissioners who will serve in the capacity of chair and vice chair for the commission. In the absence of the chair and vice, any other member shall call the commission to order, whereupon a chair shall be selected from the members present to preside for that meeting. Cultural arts liaisons may not serve as chair, vice chair or any other commission officer. (Ord. No. 1586, § 4, 3-16-2009; Ord. No. 1689, § 3, 11-18-2019)

In accordance with Section 54-60 Meetings

By resolution of the commission, the commission may establish a regular meeting schedule, provided that the commission shall schedule no more than one regular meeting each month. No meeting may be convened if city support staff is unavailable to participate in such meeting. Any adjourned meeting or special meeting requested by the commission shall be subject to the approval of the city manager based on the availability of city support staff to participate in such additional meetings. All meetings shall be subject to the provisions of the Ralph M. Brown Act (Government Code § 54950 et seq.). (Ord. No. 1586, § 4, 3-16-2009; Ord. No. 1689, § 3, 11-18-2019)

BUDGET IMPACT:

The reorganization of the Parks, Wellness and Recreation Commission will not impact the Fiscal Year 2022-2023 budget.

CONCLUSION:

It is recommended that the Parks, Wellness and Recreation Commission proceed with the annual reorganization for the selection of Chair and Vice Chair, discuss the time and date for the Parks, Wellness and Recreation Commission meetings, and propose any changes to the fixed schedule.

To: Chair Jason Hayes and Commissioners

From: Julian J. Venegas, Director of Recreation and Community Services

Date: September 13, 2022

Subject: Review of Rosenberg’s Rules of Order

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission review the video prepared by the Institute of Local Government (<https://vimeo.com/25152753>) on Rosenberg’s Rules of Order and discuss the item.

BACKGROUND:

The City Council and all City Commissions have adopted and follow a simplified set of rules on parliamentary procedures known as Rosenberg’s Rules of Order that are widely used throughout California.

ANALYSIS:

Rosenberg’s Rules of Order were developed to provide a simple and consistent framework for conducting public meetings. The rules go over how the governing body and those in attendance should conduct themselves. It also provides clear steps on how items are discussed, debated, and how to make motions related to the item.

The video on Rosenberg’s Rules of Order will be watched (approximately 51 minutes in duration) during the Commission meeting to provide an overview of how to implement the procedures properly. A copy of the Parliamentary Meeting Process and Guidelines (Attachment “A”) used by the City Council/Commissions is also attached for review.

BUDGET IMPACT:

There is no budget impact related to the review and discussion of Rosenberg’s Rules of Order.

CONCLUSION:

The Parks, Wellness and Recreation Commission will review the video on Rosenberg's Rules of Order annually at the same meeting where the Commission reorganization is completed.

ATTACHMENT:

- A. Parliamentary Meeting Process and Guidelines

PARLIAMENTARY MEETING PROCESS & GUIDELINES

CALL TO ORDER

- **Chair** calls meeting to order; announces body, date and time for the record
- **Chair** asks **Clerk** to call roll
 - **Clerk** calls roll; **Chair announces** result for the record*
- **Chair** leads Pledge of Allegiance (or asks someone else to)
- **Chair** announces each order of business as it arises and announces each item...

PRESENTATIONS:

- **Chair** announces the item; asks **Staff** for introduction
 - **Staff** introduces the item and presenter
- Presentation is made; generally no more than 5 minutes
- **Chair** asks **Members** if they have questions for the presenter; recognizes each Member
- **Chair** thanks the presenter. No action may be taken.

Repeat for each item

PUBLIC COMMENT PERIOD:

*Members of public submit speaker slips to staff no later than the closure of public comment period;
Staff passes speaker slips to Chair*

- **Chair** announces **open public comment period**
- **Clerk** calls each speaker to podium;
- **Clerk** operates timer, 3 minutes per speaker**
- When there are no more speakers, **Chair** announces **closure of public comment period**

CONSENT CALENDAR:

- **Chair** announces the item; asks if any **Members** wish to **pull an item** for discussion
 - *Any item pulled is heard like a Business Item following approval of remaining Consent items.*
- A **motion is made** to adopt consent items as presented or the remaining items if any are pulled
 - The **motion is seconded**
- **Chair** asks the **Clerk** to call roll for the vote
 - **Clerk calls roll; Chair announces** results for record*
- *Any pulled items are heard in the same way as Business Items below.*

PUBLIC HEARINGS:

Same as Business Items below, except "Public Comment Period" is referred to as "**Public Hearing.**"

- For **Appeal Hearings**, in between Staff's report and Member deliberation, the following occurs, moderated by the **Chair**:
 - **Chair:** Announces that the Public Hearing is now open and requests staff's presentation
 - **Project Applicant** is given extended speaking time (Chair's discretion; typically 10 minutes)
 - Appellant is given extended speaking time (equal to Applicant)
 - **Chair:** Announces **opening of public comments/testimony** for 3 minutes each

- **Clerk** calls each speaker to podium;
- **Clerk** operates timer, 3 minutes per speaker**
- When there are no more speakers, **Chair** announces **closure of public comment period**
- Applicant is given rebuttal period (Chair's discretion; typically 5 minutes)
- Appellant is given rebuttal period (equal to Applicant)
- **Chair** recognizes each **Member** for their chance to **speak and state positions**
- **Chair** facilitates **Member deliberation**
- When discussion is complete, the **Chair** will ask for a **motion**
 - The mover may call on the Chair or other members to help clarify a motion
 - The **motion is seconded**
- **Chair** asks the **Clerk** to call roll for the vote
 - **Clerk calls roll; Chair announces** results for record*

ADMINISTRATIVE REPORT ITEMS:

- **Chair** announces the item; asks **Staff** for report
- **Staff presents report** materials or gives oral report;
 - **Staff** clearly identifies the **recommendation or requested action**
- **Chair** asks **Members** if they have technical questions for **Staff**;
- **Chair** facilitates **Member deliberation**
- **Chair** recognizes each **Member** for their chance to **speak and state positions**
- When discussion is long or complex, the **Chair** keeps deliberation focused on staff's request
- When discussion is complete, a **motion is made**
 - The mover may call on the Chair or other members to help clarify a motion
 - The **motion is seconded**
- **Chair** asks the **Clerk** to call roll for the vote
 - **Clerk calls roll; Chair announces** results for record*

Repeat for each item

STAFF COMMUNICATION/UPDATES

- **Chair** announces the item
- **Staff** makes comments
- **Chair** asks **Members** if they have technical questions for **Staff**;
- **Chair** recognizes each **Member** who wishes to ask questions
- **Chair** thanks the staff member. No action may be taken.

MEMBER COMMENTS/LIAISON UPDATES

- **Chair** announces the item
- **Chair** asks **Members** if they have comments or technical questions for **Staff**;
- **Chair** recognizes each **Member** who wishes to ask questions
- **Members** may request a matter be scheduled for action on a future agenda
- **Chair** will assess whether there is consensus for the future item
- No other action may be taken.

ADJOURNMENT

- **Chair** notes that there is no further business
- **Chair** announces **adjournment**; announces time for the record

***Roll Call Notes**

Attendance/Roll Call, can be called in the order of choice: *Members in alpha order by last name, or by seniority, etc., then Vice-Chair, then Chair last.*

Chair announces results for the record in the form of "*Motion to (Approve/Deny/etc.) (Passes/Fails) (# Yes votes) to (# No votes), (Names) voting Yes and (Names) voting No.*"

****Etiquette Notes**

The Chair is the facilitator of discussion and meeting process; members wishing to speak turn on their microphone light and wait to be recognized by the Chair; the Chair ensures that each member has a chance to be heard. The Chair will call on Staff for additional input when needed.

The Chair will interrupt public speakers who have gone over their time limit, corral other members who get off-topic, and maintain audience order. The Chair generally speaks last, asks questions last, and votes last. The Chair rarely moves or seconds.

Generally, the Chair and Vice-Chair are addressed by members and staff as "Madam/Mister Chair/Vice-Chair" or "Chair/Vice-Chair X." Other members are "Commissioner X," or "Council/Committee/Board Member X."

Staff are typically addressed as "Mr./Ms. X." The City Clerk is sometimes addressed as "Madam/Mister Clerk."



AGENDA REPORT

To: Chair Jason Hayes and Commissioners

From: Julian J. Venegas, Director of Recreation and Community Services
By RCS Staff

Date: September 13, 2022

Subject: Department Programming, Services, Activity, and Business Updates

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activity, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

BACKGROUND:

1. The mission of the Recreation and Community Services Department (RCS) is to develop and implement enriching community, cultural and recreational opportunities that foster the overall well-being and personal development of our community.
2. The Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

DEPARTMENT UPDATES:

Department's Response to Covid-19

The Department's involvement and response to Covid-19 include:

- Carbon Health is continuing to provide Covid-19 testing, vaccinations, and Social Service referrals to the San Fernando community. Carbon Health's hours of operation are

Tuesday - Saturday 8:00 am – 4:00 pm. Walk-Ins are welcome; however, appointments will provide quicker service.

- The Angeles Regional Food Bank continues to provide free food kits containing nutritious items such as meats, canned fruits and vegetables, cereals, and grains. On September 19, 2022, food distribution was held at Las Palmas Park. The program serves seniors aged 60 and over. The program serves an average of 150 seniors monthly. For more information on food assistance programs please contact Las Palmas Park at 818-898-7340. The next distribution will be on Monday, October 3, 2022.

Programs and Services

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park visitors are made aware of safety guidelines being implemented to reassure patrons feel safe while participating in the Department's programs.

RECREATION SCHOLARSHIP PROGRAM

The San Fernando City Council established a Recreation Scholarship Program (RSP) to provide financial assistance to families wishing to participate in the fee base programs offered to San Fernando residents. RSP assistance is available for all recreational programs offered by the Department, including programs for youth, adults, and seniors. Scholarships cover 50% of the cost of the activity.

All residents are eligible for RSP assistance on a first-come, first-serve basis. A brief self-certifying form and a water bill or other identifying document can be submitted to RCS when registering for any fee-based activity. For additional information and eligibility requirements regarding RSP please call (818) 898-1290 or visit SFCITY.ORG/SFRecreation/#Scholarships.

Youth Sports

Mission City Baseball All-Stars

The two teams representing Mission City Baseball played in tournaments hosted in Bakersfield, West Hills, and Santa Clarita. The tournaments consisted of multiple games per day and usually over a 2-3 day period. Although the teams did not advance to the regionals, they represented our new league well. "These games taught them about perseverance," said team mom Brenda Estrada.

Mission City Baseball Summer Clinic

Mission City Baseball collaborated with Game Speed Athletics to offer a 4-week (July 18 – August 3) summer clinic for youth ages 3-14. Approximately 140 youth participated in skill-building activities that got them ready for league play. The program was held at Las Palmas Park, home of Mission City Baseball.

Mission City Baseball Fall Ball

The Fall Season has approximately 110 youth registered for the league, which will field about nine teams. The league will run from September 2022 thru November 2022 out of Las Palmas Park and will serve youth ages 3-14. The fall program will provide both individual registrations as well as an advanced team option.

Youth Basketball Summer League

The summer league is off to a great start, three weeks down and seven more to go. This season the department is running a full program with 120 youth participants distributed between four divisions with a total of 16 coed teams. The program is made possible by the dedicated volunteer and staff coaches, 13 total this season. Games are on Saturday mornings at Recreation Park.

Sports Clinics

Sessions 3 of the Soccer is now open for registration. The Soccer Clinics will run from September 29 thru October 20 July 11, while the Basketball Clinic will start on October 10 and run thru November 7. The clinic provides skill-building drills through a partnership with Youth Evolution Activities.

Tennis Classes

Grab your racket and hit the courts! Tennis classes by Johnny Allen Tennis will continue at Pioneer Park serving youth ages 3-17. New sessions are now open for registration, and classes begin on September 17. Classes are held on Saturday mornings between 8:00 am and 11:00 am.

Leisure & Fitness Classes

Senior Music, Folklorico, Aztec Dance, and Karate are ongoing. The Line Dance class will feature a new instructor when the class resumes after a summer break. For more information and to register please visit the department website.

Register for a fitness class at the park and join the Summer meltdown. Both Zumba and Total Body Conditioning will be offered this month. These classes are affordable and great for beginners; the instructors are high-energy and motivating. Not sure if you can handle the heat?

Come by and observe a class for free. *Please note that the Monday Zumba and Wednesday Inclusive Zumba classes will be on break during July.*

3 Wins Fitness

The summer session is in full swing! Registrations are ongoing, the program runs Monday, Wednesday, and Friday from 8:15-9:15 am at Recreation Park. *(Free)*

Lopez Adobe

The Lopez Adobe is open for guided tours on the 4th Sunday of the month from 1-4 pm. Visitors enjoy the story-like history of early San Fernando as they walk through the rooms of the house and admire the artifacts on display. Private tours are available upon request and are accommodated based on the availability of the volunteer docents.

Lopez Adobe Projects

The department has been working with a history intern from CSUN to help clear the storage room at Las Palmas Park. The end goal is to establish a research-type library for community members to visit and learn about San Fernando's early history. The clean-up project is expected to take up to 6-months to complete, this will include a potential rummage sale to help raise funds for the Lopez Adobe.

Beverly Whitaker Rodgers a descendant of the Lopez family will host a book signing on October 23, 2022, on her memoirs. Light refreshments and guided tours of the Lopez Adobe will be held as well. Due to the Holiday Season, there will not be any tours in November and December.

Programs by Numbers

ACTIVITY	PARTICIPANTS
Mission City Baseball Clinic	Total: 162 Residents: 74 Non-Res: 88
Mission City Fall Ball	Total: 180 Residents: 53 Non-Res: 55
Youth Basketball	Total: 120 Residents: 65 Non-Res: 55
Sports Clinics	New session open for registration
Tennis	Total: 12 Residents: 6 Non-Res: 6
Senior Music	Total: 12 Residents: 4 Non-Res: 12
Folklorico	Total: 32 Residents: 9 Non-Res: 23
Karate	New session open for registration
Line Dance	Total: 20 Residents: 2 Non-Res: 18
Total Body Conditioning	Total: 18 Resident: 7 Non-Res: 11
Inclusive Zumba	Total: 12 Resident: 4 Non-Res: 8

Family Activities:

Day Camps

The Summer Day Camp housed at Recreation Park-208 Park Avenue was very successful. Approximately 69 children ages 5-13 participated in the eight-week long program. Each week a different theme was incorporated into the activities to keep things interesting. Campers also have the opportunity to take field trips to local attractions.

RCS will host a Winter Day Camp filled with fun activities such as arts & crafts, science, sports, and games. The camp is open to youth ages 5 – 13. The camp will run from December 19, 2022, to January 4, 2023, between the hours of 7:30 am and 5:30 pm. The Cost per child per week is \$85.00. Residence may apply for the recreation Scholarship to receive a 50% discount.

Senior Programming

Lunch Program for seniors

In collaboration with ONEgeneration, Las Palmas Park is once again hosting the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a free Grab 'n Go lunch bag that is tasty and nutritious! Folks that are 60+ can receive a hot lunch (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals five days a week! Please call (818) 898-7340 for more information

Social Clubs

The Community Services Division provides opportunities for seniors to gather and socialize, make new friends or rekindle old acquaintances at Las Palmas Park. The social activities available include but are not limited to:

- Las Palmas Senior Club
- Park Ave Club
- Crafty Ladies
- Billiards
- Music Group
- Senior Trips

Health and Wellness

Las Palmas Park also provides a variety of classes, seminars, and workshops to promote the health and wellness of our senior populations. The programs currently being offered include:

- Diabetes Self-Management Program
- Doc Talk with Regal Medical Group
- Walkable Wednesdays
- Movement for Life

Senior Program Numbers

ACTIVITY	TOTAL NO. OF PARTICIPANTS
WALKABLE WEDNESDAY	40
TECH. WEDNESDAY	0
DOC TALK WITH REGAL	12
SENIOR ZUMBA	65
CHAIR ZUMBA	51
PARK BINGO	30
LIVING TRUST VS WILL WKSHP	8
MATINEE-INDEPENDENCE DAY	2
TYE DYE EVENT	1
BILLIARDS	184
FOLKLORICO	47
SENIOR MUSIC CLASS	49
MMAP	146
ADVISORY BOARD MEETING	3
CRAFTY LADIES	63
MUSIC PRACTICE GROUP	66
SENIOR MUSIC CLASS	49
KARATE	29
FATHER'S DAY GIVEAWAY	21
MOVEMENT FOR LIFE	27
LINE DANCING	7
RENO TRIP MEETNG	46

Community Events

Citywide special events provide festivities and entertainment for the entire family. Upcoming special events include:

Beverly Whitaker Rodgers Book Signing
 San Fernando Valley Mile Run &

October 23, 2022 1:00 pm
 October 29, 2022 8:00 am

and Dia de Los Muertos Celebration
Holiday Tree Lighting Ceremony

December 3, 2022 5:00 pm

BUDGET IMPACT:

The programs, services, activities, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the FY 2022-2023 budget.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.