



**Saturday, September
24, 2022**
Location: City of San
Fernando - Recreation
Park Recreation Center
208 Park Ave, San
Fernando, CA 91340
Time: 9:00am - 3:00pm

Free Fall Health & Wellness Family Festival

**Health & Wellness Screening including Event Activities all Free to
the Public**

Children Action Corner

Offering Early Childhood Screening & Services

- Healthcare screening, vision (**free glasses**), and dental exams (floride treatment).

Entertainment

Arts & Crafts, Projects & exciting activities.

Senior Resource Square

Introducing new and updated services to seniors. Also a time to socialize and engage in activities in a safe environment.

Introduction of community programs that accommodate older adults of varying health needs.

Workshops

Join a Workshop: Professional Speakers

- CPR
- First Aid Safety
- Fitness & Meditation
- Health Topics with Q&A
- Fire Department Demo

Business & Resources Vendors

- Visit one of the many hands-on activity booths.
- Families learn about the rich Resources that are available in the community to help people.

Mental & Physical

Help improve ourselves mentally when receiving diagnosis of a chronic illness, day-to-day physical & emotional symptoms, as well as an added financial burden

VACCINATION STATION

- Free COVID-19 vaccination.
- Vaccines are available for everyone age 6 months and over.
- No immigration status questions.
- No appointment is needed

**Recognition in
collaboration**



Co-Sponsorship



Contact info: kqfoundation@gmail.com / 818.521.6348/ www.kidneysquestfoundation.org