

Total Body Conditioning 184

Dec. 5 - 8 & Dec. 12 - 15 | 7pm

Inclusive Zumba 16+

Wed., Dec. 7 & 14 | 6:30pm

Recreation Park

Join us during the month of December and take any of the listed classes for FREE

(REGISTRATION REQUIRED)

In the spirit of holiday giving, we ask participants to consider donating the following items:

- * Non-perishable food items
- * Canned goods
- * Pet food
- Pet accessories.





Tue., Dec. 6 & 13 | 2pm

Mixed Line Dance 18+

Karate 5-16

Sat., Dec. 3, 10, & 17 | 9am Las Palmas Park





Food items will be donated to MEND and the pet supplies will be taken to the Best Friends Animal Society.







