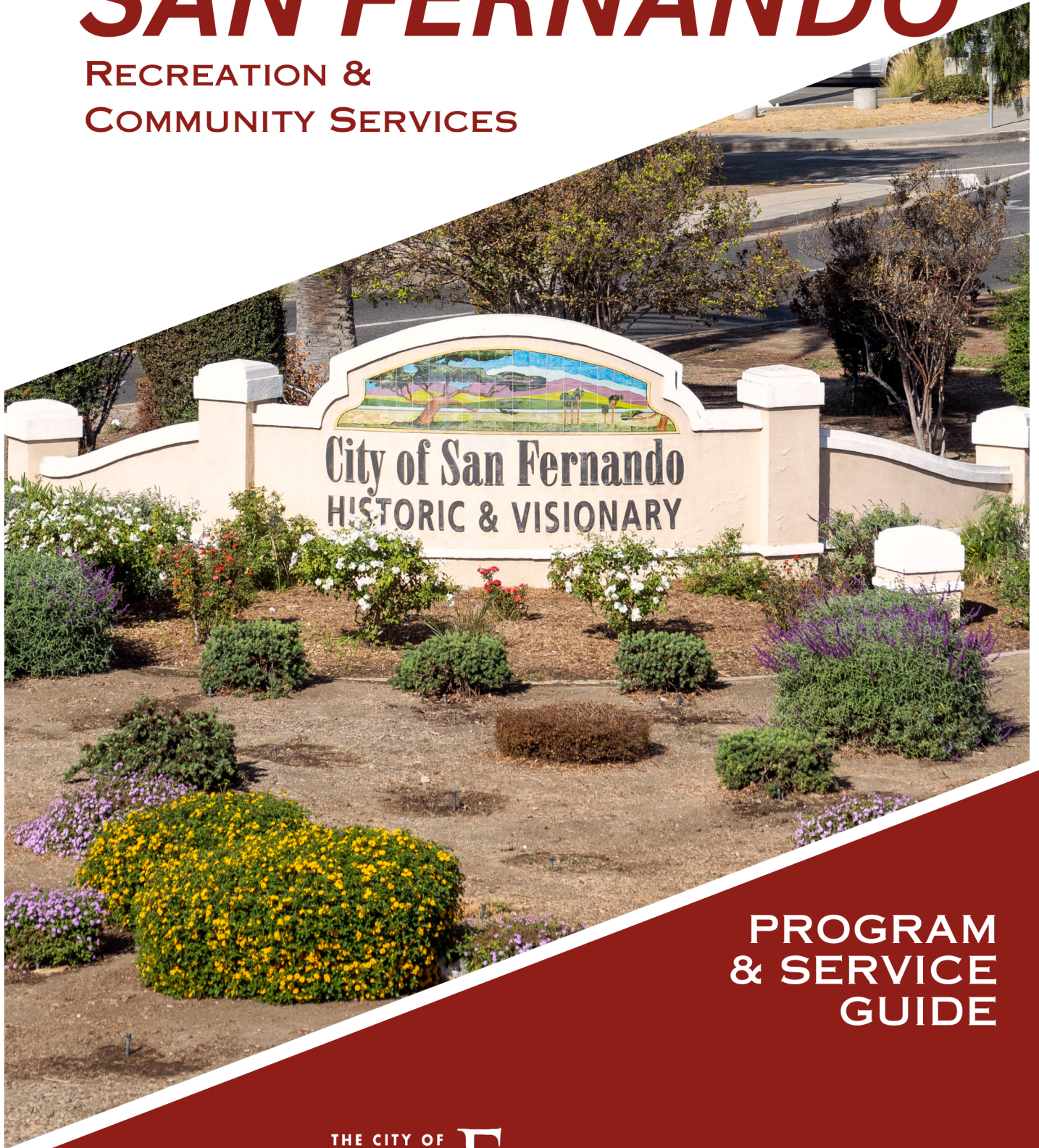


CITY OF SAN FERNANDO

RECREATION &
COMMUNITY SERVICES



PROGRAM
& SERVICE
GUIDE

THE CITY OF
SAN FERNANDO



SFRecreation



OfficialCityOfSanFernando

MISSION STATEMENT

Our mission is to develop and implement programs and activities that provide for the well-being and personal development of the City's residents. Our staff is dedicated to creating those experiences that provide for good citizenship, sense of community and better quality of life.

DEPARTMENT OFFICES

Recreation Park

208 Park Ave.

818-898-1290 | Mon. - Fri. 9-5 PM

Las Palmas Park

505 S. Huntington St.

818-898-7340 | Mon. - Fri. 9-5 PM



CONTACT US

Recreation@sfcity.org

Visit [SFCITY.org/SFRecreation](https://www.sfcity.org/SFRecreation)

to download this current issue to your PHONE

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FACILITIES & RENTALS

The City of San Fernando has seven parks, three of which have facilities or community centers. All facilities are within a 2-mile radius and accessible from public transit.

RENTALS

Whether you are planning a small meeting or a large gathering, the City of San Fernando provides the ideal setting for your event. Visit our website sfcity.org/sfrecreation for additional information or call us at (818) 898-1290 for location availability.

* Parks with
Facilities or Community Centers



FACILITIES

Casa de Lopez Adobe
1100 Pico St.

Pioneer Park
828 Harding St.

Cesar E. Chavez Memorial
Truman & Wolfskill

Rudy Ortega Sr. Park*
2025 Fourth St.

Las Palmas Park*
505 S. Huntington St.

San Fernando Recreation Park*
208 Park Ave.

Layne Park
120 N. Huntington St.

Cindy Montañez Natural Park
801 Eighth St.

RECREATION SCHOLARSHIP PROGRAM

The San Fernando City Council established a Recreation Scholarship Program (RSP) to assist families wishing to participate in the fee-based programs offered to San Fernando residents. RSP assistance is available to San Fernando residents for all recreational programs offered by the Recreation and Community Services Department, including programs for youth, adults, and seniors.



ELIGIBILITY

- Must be a resident of the City of San Fernando
- Complete a brief self-certifying form
- Include proof of San Fernando residency
- Assistance will be available on a first come, first serve basis.
- Program based on availability

Apply at:

RECREATION PARK |
LAS PALMAS PARK or
sfcity.org/sfrecreation



RECREATION

LEISURE CLASSES

MUSIC CLASS

Learn to play an instrument, singing techniques and participate in community presentations.

Ages: 18+
Monthly | Tue. | 9 AM
Las Palmas Park | \$25



LINE DANCING

Explore different styles of Line Dance with a variety of music including country, pop, rock & roll, latin and big band.

Ages: 18+
Apr. 3 - May 22
8-wk session | Wed. | 10 AM
Recreation Park | \$25

CLASE DE CANTO

Descubra el instrument de la voz. El estudiante aprendera vocalizacion, diccion, cuadratura y afinacion para lograr expresar un canto con sentimiento y proyectar una emocion efectiva a su publico. (Instruccion en Español)

Edades: 18+
Mensual | Jue. | 9 AM
Parque de Las Palmas | \$35



TOTAL BODY CONDITIONING

Moderate-to-high intensity full body workout designed for all fitness levels. Develop strength, balance and endurance through cardio and resistance training while increasing cardiovascular agility, burning calories and sculpting your body.

Ages: 18+

Monthly | Mon. - Thu. | 7 PM

Recreation Park | \$60

INCLUSIVE ZUMBA

High energy, calorie burning dance party modified for individuals with limited mobility or special needs. A parent, guardian or caretaker must accompany the registered participant.

Ages: 14+

Monthly | Mon. or Wed. | 6:00 PM

Recreation Park | \$15

3 WINS FITNESS

A nationally recognized community exercise program focused on promoting healthy and active lifestyles. The program offers a structured curriculum modified to three levels of fitness: Introductory (basic, modified exercise), Beginner (moderate intensity), Advance (high intensity) and Senior Fitness (Champions for Life).

Ages: 18+

Weekly | Mon./Wed./Fri. | 8:15 AM

Recreation Park | Free



RECREATION

SPORTS



PICKLEBALL

Jan. - Mar.

Tue. | 5-9 PM

Las Palmas Park | Free

Pickleball instructional Class

5:30-6:30 PM

All abilities welcome

Equipment available for use



JOHNNY ALLEN TENNIS

Participants will learn the basics of Tennis like hand-eye coordination and balance before moving into technique, placement and movement and advancing into competitive skills.

Ages: 3-17

Jan. - Mar. | 3-week sessions | Sat.

8:15 AM - 12 PM | Pioneer Park

Ages 3-5: \$40 - \$45

Ages 6-17, \$50 - \$55



KARATE

Class will teach the traditional form of martial arts known as Shotokan Karate. Sensei Paul Gale will focus on the basic techniques of punching, striking, kicking, blocking and partner drills. The class will emphasize calisthenics, stretching and overall respect towards others.

Ages: 5-16

Monthly | Sat. | 9 AM

Las Palmas Park | \$45

MISSION CITY BASEBALL

Ages: 3-14

Mar. – May 2023 | Las Palmas Park

Foal 3-4 | \$125, \$135

Shetland 5-6 | \$150, \$160

Baseball 7-14 | \$170, \$180

RSP eligible

COACHES NEEDED

Call (818) 898-1290 to inquire



NO LIMIT BASKETBALL CLINIC

Participants will learn the fundamental skills of basketball and build on their abilities. Participants will improve their skills through games, activities and challenges designed to teach proper technique. The classes focuses on the importance of sportsmanship and teamwork to be successful in the game.

Apr. 8 | Apr. 15 | Apr. 22 | Apr. 29
Recreation Park

YOUTH BASKETBALL

Ages: 7-14

Jan. - Mar. 2024

Games are played on Saturdays
Recreation Park | 9 AM - 5 PM



VOLLEYBALL OPEN GYM

Bump, set & spike! Volleyball open gym is a free drop-in program for adults.

Open Gym

Thu. | 5-9 PM

Recreation Park | Free

Spring League: April - June 2024

(No Individual Registrations accepted)



ADULT COED SOFTBALL

Fun, friendly and competitive adult coed league. Gather 16 of your friends and family and register for the upcoming season.

Feb. - Apr.

Tue. | 6 - 10 PM

Recreation Park | \$325 per team

(No Individual Registrations accepted)



ADULT BASKETBALL

The Wednesday night league is designed for adults ages 18 & up. Teams will play 5 on 5 with a maximum of 12 players on the roster.

Spring League: Apr. - Jun.

Wed. | Recreation Park | \$310 per team

(No individual registrations accepted)

COMMUNITY SERVICES

LAS PALMAS SENIOR CLUB

SENIORS
SERVICES

A membership-driven program designed to give seniors a place to gather and socialize. Club activities include monthly meetings, dances, and excursions.

Ages: 55+ | Fees: \$42.00/year

Meeting Schedule

Las Palmas Park

Sun. | 1:30 PM

Jan. 7 | Feb. 4 | Mar. 3

Dance Schedule

Las Palmas Park

Sat. | 7:00 p.m.

Feb. 17 | Mar. 16

Senior Trips

Feb 24 | San Diego Wildlife Safari

Mar. 10 | Pancho Villa Restaurant



CALLING ALL VOLUNTEERS!

Be a part of the team! Volunteers must be 18 years of age, enjoy working with seniors, and willing to work in a variety of areas such as: meal services, participant check-in, room setup/tear down, and as activity lead.

Call us today for more information,
[818-898-7340](tel:818-898-7340).

PARK AVE CLUB

Weekly social club gathers for crocheting, bingo and monthly potlucks.

Tue. | 9 AM

Recreation Park | Free

Park Bingo | 9:45 AM-11 AM

Bingo playing cards | \$6 each or
2/\$10

PARK BINGO

Fri. | 11 AM - 12 PM

Las Palmas | Bingo playing cards -
\$6 or 2 for \$10



CLASE DE INGLES

La clase aprendera a decir numeros,
identificar figuras y sustantivos
(nombres).

Feb. 5 - Mar. 27

lun. & mie. | 11: 30 AM

Las Palmas Park



ELDERLY NUTRITION PROGRAM

Mon. - Fri. | 11 AM to 12 PM

Las Palmas | Free

Dining room opens at 10 AM

Must be 60 years or older to
participate

To register call (818) 654-8990 or
email

Countymeals@Onegeneration.org

Provided by One Generation

TECHNOLOGY WORKSHIP

Having trouble using your smart
device? Do you need the confidence to
get started? We can help! Call for an
appointment.

Intro to Computer

Part 1 | Feb. 7 & 21 | 9:30 AM

Part 2 | Mar. 6 & 13 | 9:30 AM

Las Palmas Park | Free

CRAFTY LADIES

Weekly program focused on the art of
the hook. Learn and share crochet,
knitting and other fun crafting
techniques.

Wed. | 9 AM

Las Palmas Park | Free



SENIOR ZUMBA

Zumba combines low and high intensity dance moves through choreographed routines to offer an interval style, calorie burning dance fitness party suitable for all fitness levels.

Ages: 55+

Monthly | Tue. | 10:30 AM

Las Palmas Park | FREE

Must register monthly

Sponsored by  OPTUM®

CHAIR ZUMBA

Chair Zumba combines low to mid intensity dance moves through choreographed routines to offer an interval style, calorie burning dance fitness party suitable for all fitness levels. All of the routines are done by sitting on a chair and includes some exercises leaning on a chair.

Ages: 55+

Monthly | Thu. | 10:30 AM

Las Palmas Park | \$10/ month



MOVEMENT FOR LIFE

Come join our instructor, David Jimenez in a fun fitness challenge. Build your strength and endurance through challenging but rewarding workouts to help you feel independent.

Monthly | Thu. | 8 AM

Las Palmas Park | \$10/ month

PICKLEBALL

Come and experience the fastest-growing sport in the country. If you have played tennis or ping-pong, you are sure to enjoy this exciting new game! Beginners are trained and will practice with staff. All equipment provided.

Weekly | Mon. | 10 AM
Las Palmas | Free

WALKABLE WEDNESDAYS

Let's get active together! Join this FIT and FUN club that meets weekly to complete a 30 minute walk. All levels are welcome.

Weekly | Wed. | 8:30 AM
Las Palmas Park – Picnic Tables | Free

CHAIR YOGA

Chair Yoga is a form of exercise specifically geared towards the elderly. Benefits include increased mobility and flexibility, improved mental health, and reduced stiffness and stress.

Monthly | Fri | 9 AM
Las Palmas | \$30/ month

PLATICAS DE LA VIDA CON CAFÉ

Acompáñenos para charlar sobre la vida y conversar sobre nuestro dolor emocional, nuestras ansiedades y mucho más.

ene. 25 | feb. 8 | feb. 22 | mar. 7 | mar. 21
9 AM | Las Palmas Park | Free





ADULT COLORING

Join us to improve motor skills and relieve stress
by coloring fun and creative designs

Weekly | Tue. | 10 AM
Las Palmas Park | FREE

TIE DYE MONDAYS

Bring your clothing and create a fun design with
fun colors on your shirts.

Feb 5 & Mar. 4 | 10 AM
Las Palmas Park | Free

*Socks, t-shirt, and shorts are not provided.
Register online or at Las Palmas Park.



NOON MATINEE

12PM | Las Palmas Park | Free

Feb. 1 | The Princess Bride

Mar. 7 | Under the Same Moon/ La Misma Luna

VALENTINE'S CARD MAKING

Feb. 6 | 10 AM

Las Palmas Park | \$5

Fee includes materials

LA AMISTAD CAFE

Feb. 14 | 9:30 AM

Las Palmas Park | Gratis

ST. PATRICK'S BINGO & SUNDAE

Mar. 15 | 12 PM

Las Palmas Park | \$8

Fee includes 3 free games, bonus round and raffle



COMMUNITY SERVICES

COMMUNITY & YOUTH SERVICES

TEENS FOR A BETTER COMMUNITY

Teens for a Better Community (TBC) is a youth leadership program that empowers high school students to take part in community service projects, summer/winter camps, and city-wide events. The program's vision is to foster a passion for service-learning and active civic engagement in a supportive space for personal development and lasting friendships.

Upcoming Meeting Dates:

Jan. 24 / Feb. 21 / Mar. 20

Las Palmas Park at 6:00 PM – 7:30 PM

For more information: (818) 898-7340

TUTCINT

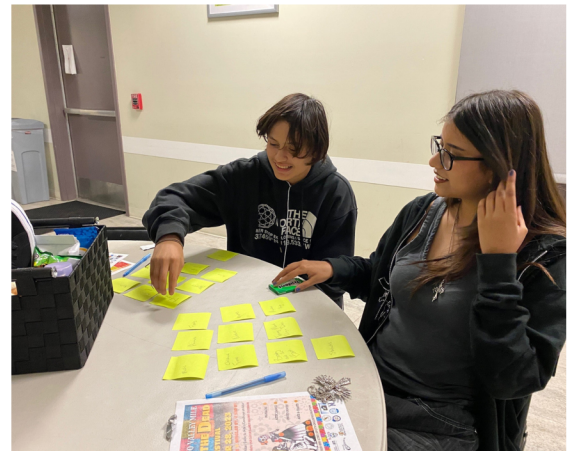
Tutčint Youth Empowerment is now enrolling for our next six-month program. We aim to raise Academic Achievement, promote Cultural and Community engagement.

Online Tutoring | Tue.

Cultural Program | Thu. | Las Palmas Park

Recreation/Outings | Monthly Incentives

For more information
818-639-3932 ext 2003
<https://www.pukuu.org>



CULTURAL ARTS

MARIACHI MASTER APPRENTICE PROGRAM

MMAP unites community youth with Grammy Award-winning master musicians to preserve the mariachi music genre. The program is supported in part by the National Endowment for the Arts, and the City of San Fernando. Led by Master Musicians from Mariachi Los Camperos.

Limited space available.

Call (818) 898-1290 for enrollment information.



AZTEC DANCE

Explore the music, choreography and poetry of this ancient dance tradition while understanding the history behind Danza. Mexica Danza is a form of art that helps build identity and self esteem through the use of culture, history, and the preservation of indigenous traditions.

Ages: 5+

Monthly | Thu. | 7 PM

Las Palmas Park | Free/Drop In

FOLKLORICO

Experience the classical style of Mexican culture; learn regional dances of Mexico through movement and music. Participants will be separated into two categories, beginners and intermediate, and assigned a class day to attend.

Ages: 5+

Jan. 12- Apr. 3

12-wk session | Wed.or Fri. | 7 PM

Las Palmas Park | \$50-\$55



EVENTS

SPRING 2024

SPRING JAMBOREE

Get ready to make unforgettable memories with your family at our Spring Jamboree. Don't miss the fun filled activities and exciting egg hunt for everyone to enjoy!

March 30, 2024

SENIOR EXPO

Connect with agencies that cater to your unique needs and preferences at the Senior Expo - an informative, empowering event for seniors.

May 17, 2024

SUMMER 2024

4TH OF JULY LASER SHOW

Come experience the spectacular Fourth of July Laser Show.

MOVIES IN THE PARK

Get your picnic blankets ready and join us for an unforgettable movie experience this summer.

July 2024.

CONCERTS IN THE PARK

Join us for a night of music, fun, and dancing at the annual concerts in the park.

August 2024

CITY OF SAN FERNANDO 113TH BIRTHDAY CELEBRATION

Celebrate with us the City's 113th Birthday.

August 31, 2024



EVENTS

FALL 2024



SAN FERNANDO VALLEY MILE

In your marks, get set, GO! Grab your running shoes and join us for our third annual San Fernando Valley Mile Run!
October 2024

DAY OF THE DEAD FESTIVAL

Join us for our annual Day of the Dead festival where we come together to honor and celebrate the lives of our loved ones who have passed away. This vibrant festival features music, dancing, and elaborately decorated altars with offerings and decorations.
October 2024



TREE LIGHTING

Get ready to kick off the holiday season with the most magical event of the year - our annual tree lighting celebration! Join us for an unforgettable night filled with festive decorations, lively music, and the lighting of our stunning Christmas tree. Bring your family and friends and get into the holiday spirit with us!

December 7, 2024



SPECIAL INTEREST

CASA LOPEZ ADOBE

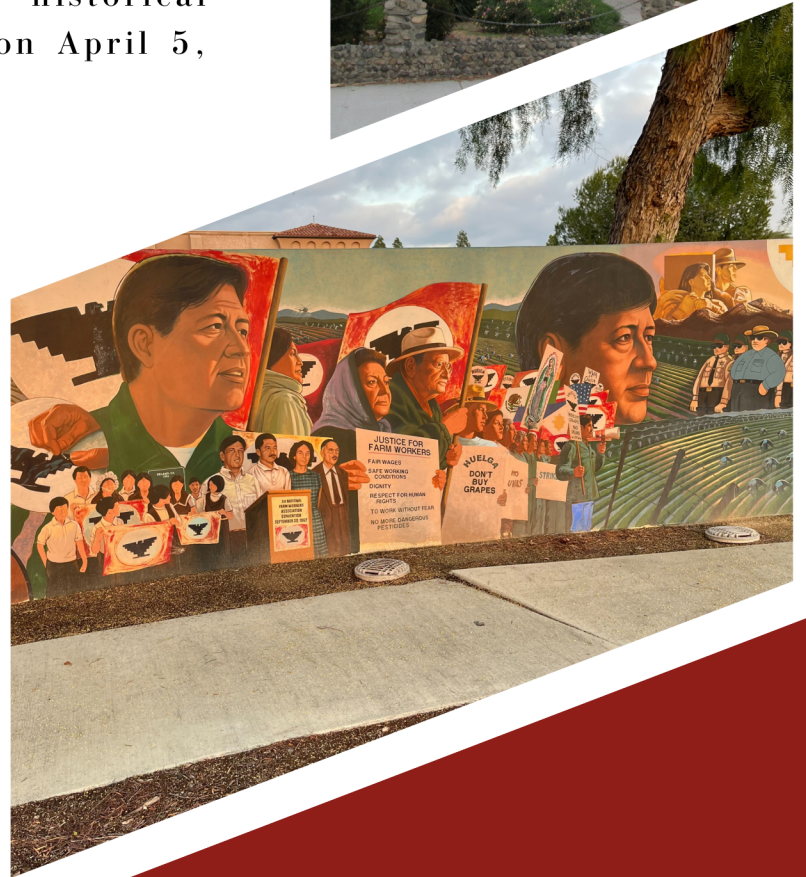
The two-story Monterey-type adobe townhouse was completed in 1883 by Valentin Lopez as a gift for his sister Catalina and her husband Geronimo Lopez. The family lived in the area long before the city of San Fernando was conceived and became known as the town's "first family." Members of the Lopez family lived in the adobe until 1962. The home was purchased from the Lopez family in 1970 and restored in 1974 as the original building for use as an early historical site, opening its doors to the public on April 5, 1975.

Feb. 25, Mar. 24 | 1 - 4 PM
or by appointment, call
(818) 898-1290.

For more information on
monthly events visit:
www.SFCity/SFRecreation.org

CESAR E. CHAVEZ MEMORIAL

The memorial honors the life, work and legacy of Cesar E. Chavez and includes artistic elements such as a mural, statues and eagle fountain which reflect the struggle of the farm workers. Open year-round for self-led tours.



MEET OUR STAFF

ADMINISTRATIVE DIVISION

RCS Director: Coming Soon

Executive Assistant: Maria Calleros
MCalleros@sfcity.org | (818) 898-1290

Administrative Assistant: Linda Bowden-Moreno
LMoreno@sfcity.org | (818) 898-7349

Office Clerk Las Palmas: Soledad Chavez
Schavez@sfcity.org | (818) 898-7340

Office Clerk Recreation Park: Tiffany Hernandez
THernandez@sfcity.org | (818) 898-1290

RECREATION & COMMUNITY SERVICES DIVISION (RCS)

RCS Supervisor (Recreation Park):
Maribel Perez | MPerez@sfcity.org | (818) 361-7156

RCS Supervisor (Las Palmas Park):
Juan Salas | JSalas@sfcity.org | (818) 898-1296

RCS Coordinator:
Marisol Diaz | MDiaz@sfcity.org | (818) 898-7341

RCS Program Specialist (Recreation):
Freddy Tapia | FTapia@sfcity.org | (818) 898-7360

RCS Program Specialist (Community Services):
Patty Garcia | PGarcia@sfcity.org | (818) 361-1290

NEW!

***RCS Social Services
Coordinator:***

Cristina Moreno is serving as the Social Services Coordinator for our vibrant City of San Fernando. She is here to connect the various social services that offer vital community support to residents.

Cristina Moreno
CMoreno@sfcity.org
(818) 898-7350

Stop by and visit at City Hall or Las Palmas Park

