



Proclamation

NATIONAL NUTRITION MONTH

March 2024

WHEREAS, food is the element by which life is sustained, and the type, quality, and amount of food that individuals consume on a daily basis plays a critical role in their overall health and fitness;

WHEREAS, barriers to proper nutrition, including rising food costs, inadequate nutrition education, and a lack of access to quality food options, disproportionately affect populations throughout the City, such as lower-income households, communities of color, and older individuals, and there is a need for wide-scale efforts to expand opportunities for healthy eating practices;

WHEREAS, countless organizations are dedicated to addressing the social, cultural, economic, and institutional factors that are at the root of many challenges to proper nutrition in the state;

WHEREAS, during National Nutrition Month, the City of San Fernando encourages everyone to make informed food choices and develop sound eating and physical activity habits they can follow all year long; and

WHEREAS, this month, the City of San Fernando and all dedicated individuals and organizations throughout the country in advocating for the advancement of the nutritional status of all people.

NOW, THEREFORE, THE SAN FERNANDO CITY COUNCIL DOES hereby proclaim the month of March 2024 to be **National Nutrition Month** in the City of San Fernando, and encourages all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.




CELESTE T. RODRIGUEZ
MAYOR


MARY MENDOZA
VICE MAYOR


JOEL FAJARDO
COUNCILMEMBER


MARY SOLORIO
COUNCILMEMBER

March 18, 2024

THE CITY OF
SAN FERNANDO