



CITY OF SAN FERNANDO
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES
JANUARY 11, 2024
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

CALL TO ORDER/ROLL CALL

Commissioner Robert Gonzales called the meeting to order at 6:55 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

PRESENT:

Commissioners Robert Gonzales, Patty Lopez, Erica Friend, and Natasha Sanchez-Brooks

ABSENT:

ALSO PRESENT:

Recreation and Community Services Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno, and Office Clerk Soledad Chavez

PLEDGE OF ALLEGIANCE

Chair R. Gonzales led the Pledge of Allegiance.

APPROVAL OF AGENDA

Commissioner Friend motioned to approve the agenda for the January 11, 2024 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner Lopez seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, E. Friend and N. Sanchez-Brooks

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – January 11, 2024

Page 2 of 4

NOES:

ABSENT:

ABSTAIN:

PRESENTATIONS

None

PUBLIC STATEMENTS – WRITTEN/ORAL

None

CULTURAL ARTS LIAISONS REPORT

None

CONSENT CALENDAR

Vice Chair Patty Lopez motioned to approve the Consent Calendar approving the Minutes of the November 9, 2023 Parks, Wellness and Recreation Commission Meeting with the following edit: correct title of staff member Freddy Tapia to Recreation Program Specialist. Commissioner Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, E. Friend and N. Sanchez-Brooks

NOES:

ABSENT:

ABSTAIN:

ADMINISTRATIVE REPORTS

1. CESAR E. CHAVEZ MEMORIAL

There are no updates on the part of staff nor the Ad Hoc Committee to report on at this time.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – January 11, 2024

Page 3 of 4

2. DEPARTMENT PROGRAMS AND SERVICES UPDATE

M. Perez reported that all the programs and services are up and running in the Recreation and Community Services Department. The Holiday Tree Lighting event was a great success. Senior programs paused for a short period during December, but now are in full swing. Youth Basketball is beginning this Saturday. Mission City Baseball will begin in February. Adult sports are making a comeback this spring. New leisure classes are now offered, such as the Academic Drawing Class and a new class introducing contact-free martial arts.

Commissioner Friend thanked staff and commented that she is looking forward to the programs and events offered by the RCS Department.

Commissioner Sanchez-Brooks commented that she is excited for baseball season to begin.

Vice Chair Lopez asked if there is a program and event calendar available. She also asked about outreach to seniors who may not have internet access. Staff reported that brochures and monthly calendars are available on the City website. Hardcopies are available at Las Palmas Park. Information can also be sent by U.S. mail upon request. Staff will email the winter brochure to commissioners.

STAFF COMMUNICATION

Staff informed the Commission that applications for the veteran banner program will be available in February. Banners will be displayed from November through May.

Movement for Life exercise class is offering a free demonstration on January 25th. The class will be offered monthly in February. Technology Workshops will be offered beginning in February to teach seniors the basics of navigating a computer. Classes are available in Spanish and English. Matinee afternoons are back at Las Palmas beginning in February. A workshop will be offered on February 6th to learn how to make a lovely Valentine's Day card. On February 14th, Las Palmas Park will host La Amistad Café. In partnership with Optum Health Group, a Café Lounge at Las Palmas Park will offer coffee, tea, and pastries and provide an opportunity to celebrate love and friendship on Valentine's Day.

Staff reported that the 3Wins Fitness Program will now be an in-house led program. Dr. Loy has retired but the program will continue to operate under the instruction of City staff. The goal is to continue offering this free and popular program to the community.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – January 11, 2024

Page 4 of 4

COMMISSIONER UPDATED/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner Friend inquired about a clean up at the City Montanez Natural Park. Staff reported that a clean-up is planned for the 20th as a Day of Service event.

Vice Chair P. Lopez requested an update on the status of the repairs at the Rudy Ortega Tea House. An email was sent to the City Manager several months ago and the Tea House is still in disrepair.

Vice Chair P. Lopez motioned to add an agenda item regarding the status of the repairs at the Rudy Ortega Tea House. Chair R. Gonzales seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, E. Friend and N. Sanchez-Brooks

NOES:

ABSENT:

ABSTAIN:

Vice Chair P. Lopez commented that safety at Rudy Ortega Park is a concern. She would like to recommend more police presence at the park.

Chair R. Gonzales commented that Dr. Loy's retirement is a hard loss to the 3Wins Program. He is happy to hear the program will continue with Dr. Loy's guidance behind the scenes.

ADJOURNMENT

Chair Gonzales adjourned the Parks, Wellness and Recreation Commission meeting at 7:13 p.m.