



CHAIR ROBERT GONZALES
VICE CHAIR PATTY LOPEZ
COMMISSIONER ERICA FRIEND
COMMISSIONER NATASHA SANCHEZ-BROOKS
COMMISSIONER VACANT

CITY OF SAN FERNANDO

PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, MAY 9, 2024 – 6:30 PM

CITY HALL COUNCIL CHAMBERS
117 MACNEIL STREET
SAN FERNANDO, CALIFORNIA 91340

PUBLIC PARTICIPATION OPTIONS

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at: <https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at LMoreno@sfcity.org at least 2 business days prior to the meeting.

SUBMIT PUBLIC COMMENT IN PERSON:

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

SUBMIT PUBLIC COMMENT VIA EMAIL:

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833
Meeting ID: 986 1620 1615
Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – May 9, 2024

Page 2 of 4

CALL TO ORDER

ROLL CALL

TELECONFERENCE REQUESTS/DISCLOSURE

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City’s legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

PLEDGE OF ALLEGIANCE

Led by Vice Chair

APPROVAL OF AGENDA

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

INTRODUCTION OF INCOMING COMMISSIONER

Welcome and Introduction of Incoming Parks, Wellness and Recreation Commission Member

DECORUM AND ORDER

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

PUBLIC STATEMENTS – WRITTEN/ORAL

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – May 9, 2024

Page 3 of 4

Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

CONSENT CALENDAR

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:

- a. April 11, 2024

ADMINISTRATIVE REPORTS

2) UPDATE ON THE SAN FERNANDO PARK OPPORTUNITY PLAN (SF POP)

Recommend that the Parks, Wellness, and Recreation Commission receive and file an update on the SF POP.

3) UPDATE ON THE LAS PALMAS PARK REVITALIZATION PROJECT

Recommend that the Parks, Wellness, and Recreation Commission receive and file a report on the Las Palmas Park Revitalization project.

4) CESAR E. CHAVEZ MEMORIAL

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;
- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.

PARKS, WELLNESS, AND RECREATION COMMISSION

Regular Meeting Notice and Agenda – May 9, 2024

Page 4 of 4

5) DEPARTMENT PROGRAMS AND SERVICES UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

STAFF COMMUNICATION

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

ADJOURNMENT The meeting will adjourn to its next regular meeting.

AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: _____ at: _____

Signed By: _____

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at www.sfcity.org. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or LMoreno@sfcity.org at least 48 hours prior to the meeting.



CITY OF SAN FERNANDO
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES
APRIL 11, 2024
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

CALL TO ORDER/ROLL CALL

Commission Chair Robert Gonzales called the meeting to order at 6:35 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

PRESENT:

Commissioners Robert Gonzales, Patty Lopez, Erica Friend, and Natasha Sanchez-Brooks

ABSENT:

None

ALSO PRESENT:

Recreation and Community Services Director Julio Salcedo, Finance Director/City Treasurer Erica Melton, Acting Lt. Walter Dominguez, Recreation and Community Services Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno, and Office Clerk Soledad Chavez.

PLEDGE OF ALLEGIANCE

Chair R. Gonzales led the Pledge of Allegiance.

APPROVAL OF AGENDA

Commissioner Lopez motioned to approve the agenda for the April 11, 2024 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – April 11, 2024

Page 2 of 6

AYES: R. Gonzales, P. Lopez, E. Friend, N. Sanchez-Brooks

NOES:

ABSENT:

ABSTAIN:

PUBLIC STATEMENTS – WRITTEN/ORAL

None

CONSENT CALENDAR

1. Vice Chair Patty Lopez motioned to approve the Consent Calendar approving the Minutes of the March 14, 2024 Parks, Wellness and Recreation Commission Meeting. Commissioner Natasha Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, E. Friend, N. Sanchez-Brooks

NOES:

ABSENT:

ABSTAIN:

ADMINISTRATIVE REPORTS

2. PRESENTATION OF FISCAL YEAR 2024-2025 BUDGET CALENDAR– Director of Finance/City Treasurer Erica Melton provided presentation and responded to questions from the Commission. She discussed the challenges and accomplishments the City has faced and discussed the budget outlook. The City will continue community outreach, budget study sessions and community town halls. The Commission was invited to all these sessions, specifically the budget study session on May 13 which will be related to Recreation and Community Services.

Vice Chair P. Lopez inquired if these community meetings will be bilingual.

Chair R. Gonzales discussed the financial difficulties the City faced during his tenure on the City Council. He would like to see program fees stay at a low cost and that scholarship program

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – April 11, 2024

Page 3 of 6

continues for low income families. He asked the Finance Director to discuss the opening of the new Target store, and the positive impact new business has on the City's coffers.

3. SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY – Acting Lieutenant Dominguez provided a report and responded to questions on crime activity at the parks covering the first quarter of the year.

4. UPDATE ON THE SAN FERNANDO PARK OPPORTUNITY PLAN (SF POP) – Adriana Carías-Sison with KDI provided a report on the San Fernando Park Opportunity Plan. KDI works with under resourced communities to identify vacant lots for future use and development opportunities through community engagement. The Commission is asked to offer feedback and recommendations throughout this process.

Commissioner N. Sanchez-Brooks inquired how focus groups are selected, what the target age groups are and how the presentation is conducted.

Commissioner E. Friend recommends targeting areas that are in need of green spaces to consider possible park developments, public art and other opportunities.

Vice Chair P. Lopez inquired about outreach for seniors who may be limited due to technology or language barriers.

Chair R. Gonzales recommends outreach to the St. Ferdinand's Senior Group, senior food programs and food banks, outdoor market participants, baseball and basketball league parents, pool participants, and local senior residents.

5. DISCUSSION REGARDING NAMING OF THE PIONEER PARK HOUSE – J. Salcedo provided background on the partnership with the Wild Horse Foundation (Foundation). A presentation was provided to City Council at the last meeting. The goal of the Foundation is to provide comprehensive health and wellness services and programs at Pioneer Park. The property at Pioneer Park has gone through significant property upgrades. The process was held up due to the 2020 Covid pandemic. On April 2, 2024, a representative from the Foundation asked direction on naming the Pioneer Park house, the "San Fernando Family Center at Puig's House". City Council directed staff to bring this item before this Commission.

Chair R. Gonzales provided background on the initiation of the collaboration with the Foundation which was brought forth by professional baseball player, Yasiel Puig. The naming of the house really solidifies the partnership with the City and Puig's vision to offer many family services to this

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – April 11, 2024

Page 4 of 6

community.

Vice Chair P. Lopez suggested utilizing the house as a space for foster families to conduct meetings and look into identifying grant funding to provide services to those families in need.

The overall consensus was that the Commission supports the naming of the house at Pioneer Park to the “San Fernando Family Center at Puig’s House”.

Chair R. Gonzales motioned to support the naming of the Pioneer Park house to the “San Fernando Family Center at Puig’s House”. Vice Chair P. Lopez seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, P. Lopez, E. Friend, N. Sanchez-Brooks

NOES:

ABSENT:

ABSTAIN:

6. UPDATE ON THE LAS PALMAS PARK REVITALIZATION PROJECT – M. Perez presented a reported and responded to questions on the grant award and revitalization project of Las Palmas Park.

Commissioner N. Brooks had questions regarding protection from baseballs and soccer balls to park patrons, water features, and whether the concession stand will be renovated.

Commissioner E. Friend had questions regarding the color scheme, durability of flooring, and about availability of seating areas and benches.

Vice Chair P. Lopez inquired about the number of picnic tables included in the design.

Chair Gonzales had questions regarding improving ADA parking, changing the dip in the walkway, revitalizing the mural, and including solar panels and phone chargers.

7. CESAR E. CHAVEZ MEMORIAL – Chair R. Gonzales provided an update on this item that was brought to this Commission by Vice Chair P. Lopez. The Ad Hoc is working on reviewing the existing MOU with Pueblo Y Salud (PYS) and will look into renewing and updating the MOU. The Ad Hoc will continue meeting with PYS to move forward with the agreement.

J. Salcedo informed the Commission that a Cesar Chavez Day of Service is in the planning stages. More details will be provided as they become available.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – April 11, 2024

Page 5 of 6

Chair P. Lopez is looking forward to continue working with PYS and perhaps the Cesar Chavez March can be brought back.

8. DEPARTMENT PROGRAMS AND SERVICES UPDATE – Staff provided a report and presentation to receive and file providing updates on the programs, activities and events. All information on programming is available on the City website.

STAFF COMMUNICATION

M. Perez informed the Commission that recommendations were forwarded to the Beautification Ad Hoc regarding scheduling future park clean-ups. In regards to the Park Sign Project, all recommendations has been passed along to the appropriate staff.

M. Perez invited all to the upcoming Spring Book Fair at the Lopez Adobe. Enjoy tours and more!

Staff invited all to the two Housing Workshops (Tenant Empowerment and First Time Home Buyers offered in Spanish) offered this Saturday at the parks. Information available on the City Website or contact Recreation Park at 818-898-1290.

Commissioners are invited to a walking workshop on April 27, at 10am to provide feedback and input related to the Downtown Master Plan. Those interested, please meet at parking lot 6N.

J. Salcedo informed the Commission that new collaborations with community based organizations are in the works to expand our programming and the reach of advertising such as radio opportunities. More details will be provided as they become available.

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Chair Gonzales thanked Commissioners for their input and participation, as well as all City staff for their hard work and for making this community better. He also thanked everyone who participated in the community clean up at the Cindy Montanez Park. A tree was planted with the collaboration of Tree People.

PARKS, WELLNESS AND RECREATION COMMISSION

Regular Meeting Minutes – April 11, 2024

Page 6 of 6

Chair R. Gonzales requested calendar invites to Commissioners for any upcoming clean ups or special events as previously requested by Commissioner N. Brooks.

Commissioner N. Brooks requested a map of available land space and empty lots in the City, once it becomes available.

ADJOURNMENT

Chair R. Gonzales adjourned the Parks, Wellness and Recreation Commission meeting at 9:19 p.m.



MEMORANDUM

To: Chair Robert Gonzales and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: 5/9/24

Subject: San Fernando Park Opportunity Plan

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive an update regarding the San Fernando Park Opportunity Plan and offer feedback and recommendations.

BACKGROUND/ANALYSIS

On April 11, 2024, Adriana Carías-Sison with KDI provided a report on the San Fernando Park Opportunity Plan. KDI works with under resourced communities to identify vacant lots for future use and development opportunities through community engagement.

BUDGET IMPACT

There is no impact to the budget by discussing this item.

To: Chair Robert Gonzales, and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services
By: Maribel Perez, Recreation and Community Services Supervisor

Date: May 9, 2024

Subject: Update on the Las Palmas Park Revitalization Project

RECOMMENDATION:

It is recommended that the Commission:

- a. Receive and file a report providing an update on the Las Palmas Revitalization Project.

BACKGROUND:

1. On September 5, 2023, the City Council reviewed the conceptual design and directed staff to post the Las Palmas Park conceptual design on the City's website and share the design on social media and with participants in related community meetings to solicit public comment. City Council also directed staff to include the conceptual design, after the public comment period, on the consent calendar for the September 18, 2023 City Council meeting.
2. On September 18, 2023, the City Council approved the conceptual design for the Las Palmas Park Revitalization Project.
3. On March 14, 2024, PWRC Robert Gonzales requested an update on the project.
4. On April 11, 2024, the PWRC received an update report on the project and requested additional information on some of the elements.

ANALYSIS:

On April 11, 2024 the Parks, Wellness and Recreation Commission received an update report on the Las Palmas Park Revitalization Project. Commissioners reviewed the conceptual plan approved by City Council and made the following comments:

- Will adequate seating (benches) be installed around the playground for park patrons?

- How many picnic tables will there be in the redesign of the pavilions?
- What does the remodel of the concession stand entail?
- What is the life expectancy of the playground flooring and will a maintenance plan be provided?
- Will the existing curb by the picnic area be removed since all ADA parking will be consolidated to the front of the building?
- Were there any discussions during the community engagement meetings about the existing mural and plans to revitalize it?

Staff directed all commissioner comments to the design firm, RJM, and received the following responses:

- Will adequate seating (benches) be installed around the playground for park patrons?

Benches will be installed around the play area for parents to watch their children.

- How many picnic tables will there be in the redesign of the pavilions?

The current layout has two shelters around the play area that will include four (4) tables each. An additional shelter will be added adjacent to the concession building similarly with four (4) tables for a total of twelve (12) picnic tables under shelters.

- What does the remodel of the concession stand entail?

The concession room countertops and base cabinets will be replaced, additional electrical outlets will be installed as long as the electrical load can be supported within the the exiting electrical panel.

- What is the life expectancy of the playground flooring and will a maintenance plan be provided?

The American Society for Testing and Materials (ASTM) states that the standard life expectancy of resilient rubber surfacing is more that 10-15 years with proper maintenance. The installer/manufactor will provide guidelines for a maintenance planin that expected lifespan.

- Will the existing curb by the picnic area be removed since all ADA parking will be consolidated to the front of the building?

Yes, since the ADA parking will be relocated this curb will be removed and replaced with a level walkway.

- Were there any discussions during the community engagement meetings about the existing mural and plans to revitalize it?

Mural revitalization is not within the scope of work and would require a specialized consultant to detail the work.

The conceptual design will continue to undergo further review as the project progresses and revitalization elements evolve. The PWRC will receive periodic updates on the project as appropriate prior to the final design being taken back to City Council for approval.

BUDGET IMPACT:

There is no budget impact to receive and file the update report on the Las Palmas Park Revitalization Project.

CONCLUSION:

It is recommended that the Parks, Wellness and Recreation Commission receive and file the update report on the Las Palmas Park Revitalization Project.



MEMORANDUM

To: Chair Robert Gonzales and Commissioners

From: Julio Salcedo, Director of Recreation and Community Services

Date: 5/9/24

Subject: Cesar E. Chavez Memorial

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Cesar E. Chavez Memorial by the Ad Hoc Committee Members Chair Robert and Vice Chair Patty Lopez.

BACKGROUND/ANALYSIS

The Ad Hoc has met previously with Pueblo Y Salud to discuss the development of a renovation plan for the Cesar E. Chavez Memorial. This item was originally added to the agenda by Vice Chair Patty Lopez.

BUDGET IMPACT

There is no impact to the budget by discussing this item.

To: Chair Robert Gonzales and Commissioners

From: Julio Salcedo, Recreation and Community Services Director
By: Maribel Perez, Recreation and Community Services Supervisor
Linda Bowden-Moreno, RCS Administrative Assistant

Date: May 9, 2024

Subject: Department Programming, Services, Activity, and Business Updates

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

BACKGROUND:

- 1. The mission of the Recreation and Community Services Department (RCS) is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
- 2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

DEPARTMENT UPDATES:

Programs and Services

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

Summer Day Camp

The City of San Fernando's Summer Day Camp will begin accepting registrations on Monday, May 13th, for children ages 5-13 years. Summer Camp is a seven week program starting June 17- August 2 (closed on June 19th and July 4th).

Children will participate in a variety of activities such as: arts & crafts, science, sports, cooperative games, swim and field trips (field trips are at an additional cost). You can register online at [SFCITY.ORG/SFRecreation](https://www.sfcity.org/SFRecreation) or in person at Recreation Park or Las Palmas Park. For questions or more information please call (818) 898-1290.

SENIOR SERVICES

Los Angeles Regional Food Bank Distribution

The Regional Food Bank monthly distribution was held on May 6, 2024 from 9:00am-11:00am. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of 150 seniors monthly. The next distribution will held on June 3, 2024. For more information on food assistance programs please contact Las Palmas Park at 818-898-7340.

SAVE THE DATE!

Senior Fest

The annual Senior Fest (previously known as the Senior Expo) will be held at Las Palmas Park on Friday, May 17, 2024 at 8:30 am. This year's theme, "Powered by Connection", truly embodies the mission of the Recreation and Community Services Department in connecting seniors with services and support. Approximately 300 participants are expected to take part in connecting with over 30 vendors providing valuable information, free health screenings, art activities and more! Continental breakfast and a healthy lunch will be provided, courtesy of One Generation. The event also included raffle prizes and a special live music performance by the very popular Susie Hansen Latin Band.

Senior Meals

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Free nutritious hot meals are served Monday through Friday. The program also provides meals five days a week for folks that are homebound, registration and home assessment required. The program is free for senior 60+ with a suggested donation of \$3.

Technology for Seniors

The program is designed to teach seniors the basics of technology such as navigating a computer and registering for an email address. Workshops are offered in English and Spanish at Las Palmas Park. Laptops provided during the class.

Monthly Birthday Celebrations

Every first Wednesday of the month, staff coordinates a monthly birthday celebration for the seniors. Participants and celebrants enjoy coffee, tea and yummy birthday cake. All this is made possible by the continuous support from Pink Tree Insurance.

Monthly Matinee

Every first Thursday of the month Las Palmas Park is transformed into a matinee featuring family friendly films and treats. The activity is open to the public, showtime is at 12pm.

Platicas de la Vida con Café

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety, and everyday life situations. Classes are held in Spanish at 9am, upcoming sessions on May 23, June 13 and 27.

Mother's Day Tea Party

Las Palmas Park is hosting a delightful afternoon tea event on Friday, May 10 at 12pm, to celebrate Mother's Day. Ladies can dress in their best attire, enjoy treats and partake in a creative art activity.

SAVE THE DATE!

Father's Day Jam Session

Mark your calendars to celebrate Father's Day to honor senior dads on Friday, June 14 at Las Palmas Park. Enjoy a leisure afternoon of live salsa and latin rock music featuring the Juan Flautista Latin Band. Be sure to RSVP!

FREE May Senior Craft

Luis Juarez, a long time participant at Las Palmas Park, led the monthly art class on May 6th. This free class offered the opportunity for seniors to explore their creativity while benefitting from the therapeutic aspects of art, such as improving one's mood and general well-being. All supplies provided at no cost. Be on the lookout for more art class and activities to come.

Las Palmas Senior Club News:

- The Mother's Day Senior Club Dance will be held on Saturday, May 11 at Las Palmas Park. Doors open at 6pm, music by Kalumnia.
- Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm.
- Senior Trips – over 50 participants enjoyed a fun excursions to Old Town San Diego on May 4. Approximately 55 seniors are registered to attend the Soboba Casino day trip

on May 18. Look for the new trip list available at Las Palmas Park at the end of May.

Karaoke and Loteria are back at Las Palmas Park by popular demand!

Karaoke meets on Fridays at 6pm in the Learning Center.

Loteria meets Wednesdays at 11am in the Arts & Crafts Room.

Ongoing Senior Programs

The following senior activities are ongoing. For more details, please call Las Palmas Park at 818-898-7340 or visit the City Website at www.sfcity.org.

- Music Class
- Clase de Canto
- Bingo
- Arthritis Exercise
- Crafty Ladies
- Manejo Personal de Diabetes
- Walkable Wednesday
- Classes de Ingles
- Adult Coloring
- Senior Zumba
- Chair Yoga

SOCIAL SERVICES

Teens for a Better Community (TBC)

April's meeting included a presentation by Scholas USA. The teens learned how the Scholas organization strives to empower and transform lives through education, innovation, and solidarity. The organization brings half a million educational institutions and networks in 190 countries through programs that build citizenship from sport, art and technology. The TBC program meets monthly and exposes youth to paths that provide opportunities for service, leadership and civic engagement. The next meeting will be held at Las Palmas Park on May 15th at 6:00 PM. For more information please call Las Palmas Park at 818-898-7340.

As part of the San Fernando Park Opportunity Plan (SF POP) and in partnership with Pacoima Beautiful, teens ages 12-18 met at Las Palmas Park to discuss San Fernando's recreation opportunities. A separate focus group targeting seniors ages 60+ met on May 7th to provide input and recommendations. These meetings are part of several focus groups targeting specific sectors of the community in an effort to gather feedback on the needs of stakeholders related to recreation, parks and the outdoors.

Social Services – Spotlight on Mental Health Support

LA County Department of Mental Health - Help Line at 800-854-7771

If anyone is experiencing or affected by a mental health, substance use, or suicidal crisis, they are encouraged to dial the 24/7 Help Line at 800-854-7771 for mental health referrals and crisis services.

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

RECREATION

Leisure & Fitness Classes

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visiting www.sfcity.org/sfrecreation.

- **3 Wins Fitness San Fernando**
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**
Mon & Wed | 6:00pm | Recreation Park
- **Ninja Ninja Martial Arts**
Mondays | 3pm | Recreation Park
- **Academic Drawing**
Wednesdays | 4pm | Recreation Park
- **Folklorico**
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**
Saturdays | 9am | Las Palmas Park
- **Senior Music**
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**
Thursdays | 9am | Las Palmas Park

Sports Programs

Adult CoEd Softball

The City of San Fernando Adult CoEd Softball league is nearly wrapping up the spring season. Final games will be played on Tuesday, May 7 at Recreation Park. Stop by and cheer on the teams as they swing to clear the bases, first pitch is at 6pm.

Registrations for the summer league are now open.

Ninja Ninja Learns

The culmination ceremony for the inaugural session of Ninja Ninja Learns was held on April 15 at Recreation Park. The ceremony was a celebration of enrichment, empowerment and skills that the young ninjas learned throughout the 8-week session. All participants received their culmination ninja headbands.

Current session of Ninja Ninja Learns will run through June 17. Registrations for the summer session will open at the beginning of June.

3 WINS Fitness San Fernando

Newly hired recreation staff and 3 WINS instructor, Saul Guzman, received an honorable mention from the American Kinesiology Association for a video submission into the 2024 Undergraduate Student Group Award competition. This program offers a vital service to the community. Participants that have been with the program since its inception as 100 Citizens to folks that have recently joined, have consistently provided testimonials to explain how important 3 WINS Fitness is them. Congratulations to Saul Guzman and the rest of the 3 WINS San Fernando team.

SPECIAL INTERESTS

Lopez Adobe

On April 27, the Lopez Adobe was open for tours and hosted a Spring Book Fair Extravaganza. The book fair featured a rummage sale, books from the old collection, and two special exhibitors: Tia Chucha's Centro Cultural and Bookstore and the Horror Writers Association- Los Angeles Chapter as well as the installation of the Lopez Adobe Little Library and exhibition of the Adobe replica little library. Visitors received complimentary Lopez Adobe bookmarkers with information on the house and QR code for more information.

SAVE THE DATE!

Mark your calendars! The *Independence Day Festival* will be held on July 4th at Recreation Park, 4:30pm-9:30pm. Enjoy Games, Inflatables, Arts&Crafts, Live Entertainment, Food , Vendors, and a spectacular Drone Show to cap the celebration!

BUDGET IMPACT:

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the FY 2023-2024 budget.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.