



CHAIR ROBERT GONZALES  
VICE CHAIR PATTY LOPEZ  
COMMISSIONER ERICA FRIEND  
COMMISSIONER NATASHA SANCHEZ-BROOKS  
COMMISSIONER JULIE CUELLAR

## CITY OF SAN FERNANDO

### PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, SEPTEMBER 12, 2024 – 6:30 PM

CITY HALL COUNCIL CHAMBERS  
117 MACNEIL STREET  
SAN FERNANDO, CALIFORNIA 91340

#### **PUBLIC PARTICIPATION OPTIONS**

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at: <https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) at least 2 business days prior to the meeting.

#### **SUBMIT PUBLIC COMMENT IN PERSON:**

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

#### **SUBMIT PUBLIC COMMENT VIA EMAIL:**

Members of the public may submit comments by email to [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

#### **CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:**

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

**Call-in Telephone Number: (669) 900-6833**  
**Meeting ID: 986 1620 1615**  
**Passcode: 988843**

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

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## **CALL TO ORDER**

## **ROLL CALL**

## **TELECONFERENCE REQUESTS/DISCLOSURE**

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City’s legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

## **PLEDGE OF ALLEGIANCE**

Led by Chair

## **APPROVAL OF AGENDA**

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

## **PRESENTATIONS**

Jessica Martinez, Outdoor Equity Coordinator with Tree People

## **DECORUM AND ORDER**

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

## **PUBLIC STATEMENTS – WRITTEN/ORAL**

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

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Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

## **CONSENT CALENDAR**

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

### **1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:**

- a. August 8, 2024

## **ADMINISTRATIVE REPORTS**

### **2) PRESENTATION BY PUBLIC WORKS DIRECTOR WENDELL JOHNSON ON THE STATUS OF FACILITY REPAIRS AND UPGRADES AT RECREATION PARK**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational presentation.

### **3) CONSIDERATION TO RECEIVE AND FILE THE LAND AND OPEN SPACE INVENTORY STUDY/SAN FERNANDO PARK OPPORTUNITY PLAN (LOSI/SF POP) REPORT FROM KOUNKUEY DESIGN INITIATIVES, INC. (KDI)**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this report.

### **4) PRESENTATION ON THE PROCESS AND PROCEDURES OF FACILITY RENTALS AND SPECIAL EVENTS**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational presentation.

### **5) CESAR E. CHAVEZ MEMORIAL**

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;

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- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.

### **6) PRESENTATION AND DISCUSSION REGARDING POLICIES AND PROCEDURES RELATED TO COOLING CENTERS AND PETS**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational update.

### **7) DEPARTMENT PROGRAMS AND SERVICES UPDATE**

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

### **STAFF COMMUNICATION**

### **COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING**

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

**ADJOURNMENT** The meeting will adjourn to its next regular meeting.

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## AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: \_\_\_\_\_ at: \_\_\_\_\_

Signed By: \_\_\_\_\_

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*Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site ([www.sfcity.org](http://www.sfcity.org)). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at [www.sfcity.org](http://www.sfcity.org). In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/ accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) at least 48 hours prior to the meeting.*

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CITY OF SAN FERNANDO  
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES  
AUGUST 8, 2024  
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

**CALL TO ORDER/ROLL CALL**

Chair R. Gonzales called the meeting to order at 6:31 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

**PRESENT:**

Commissioners Robert Gonzales, Erica Friend and Julie Cuellar.

**ABSENT:**

Commissioners Patty Lopez and Natasha Sanchez-Brooks

**ALSO PRESENT:**

Recreation and Community Services Director Julio Salcedo, Recreation Supervisor Maribel Perez, Recreation and Community Services Program Coordinator Marisol Diaz, Administrative Assistant Linda Bowden-Moreno and Executive Assistant Maria Calleros.

**PLEDGE OF ALLEGIANCE**

Chair R. Gonzales led in the Pledge of Allegiance.

**APPROVAL OF AGENDA**

Chair R. Gonzales pulled agenda items # 2 and #4 to be tabled for next meeting due to Vice Chair P. Lopez and Commissioner N. Sanchez-Brooks being absent.

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Commissioner E. Friend motioned to approve the agenda for the August 8, 2024 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner J. Cuellar seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, E. Friend, J. Cuellar  
NOES:  
ABSENT: Vice Chair P. Lopez, N. Sanchez-Brooks  
ABSTAIN:

## **PRESENTATIONS**

Marisol Diaz, Recreation and Community Services Program Coordinator was introduced and provided background on her career with the City’s Department of Recreation, working with seniors, programs, special events and all the resources she works with for the community.

## **PUBLIC STATEMENTS – WRITTEN/ORAL**

None.

## **CONSENT CALENDAR**

### **1. APPROVAL OF MINUTES**

Commissioner J. Cuellar motioned to approve the Consent Calendar approving the Minutes of the May 9, 2024 and July 11, 2024 Parks, Wellness and Recreation Commission Meetings. Commissioner Erica Friend seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, E. Friend, J. Cuellar  
NOES:  
ABSENT: P. Lopez, N. Sanchez-Brooks  
ABSTAIN:

## **ADMINISTRATIVE REPORTS**

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**2. PRESENTATION ON THE PROCESS AND PROCEDURES OF FACILITY RENTALS AND SPECIAL EVENTS** – Chair Robert Gonzales tabled item to the next meeting as Vice Chair P. Lopez agendized this item, however, she is not in attendance this evening.

**3. CESAR E. CHAVEZ MEMORIAL** – Chair Robert Gonzales provided an update of the MOU and discussed the guidelines of the responsibilities of the City and Pueblo y Salud. A meeting has been scheduled with Pueblo y Salud for August 9, 2024 at 10:00am. More information to follow at next meeting.

**4. PRESENTATION AND DISCUSSION REGARDING POLICIES AND PROCEDURES RELATED TO COOLING CENTERS AND PETS** – Chair R. Gonzales tabled this item to the next meeting as Commissioner N. Sanchez-Brooks agendized, however, she is not in attendance this evening.

**5. PROGRAMS AND ACTIVITIES AT SAN FERNANDO FAMILY CENTER AT PUIG’S HOUSE** – J. Salcedo commented on agreement that was entered by The Wildhorse Foundation and the City of San Fernando to provide various services to the community. The agreement was to create a community center to provide services such as food, education and social services. The MOU was executed in April of 2019 with an investment of \$125,000. At the April 2024 Council meeting, Council agreed that the City would collaborate to seek grants to enhance and create more programming. Also, the City will provide support from the Recreation and Community Services Department for the use of facilities. The facility needs finishing touches in order to begin programs at the Puig House.

Commissioner J. Cuellar had questions regarding the Puig House modifications for disabled individuals and asked if there is a current Ad Hoc committee. She had questions regarding what has been done for the past 2 years as far outreach, funding and grants for improvements. She also inquired about the pledge of funds made by the foundation and the status of the various improvements that were discussed prior to the pandemic.

Chair R. Gonzales discussed a meeting that was held with Mission Community Hospital to partner with the City to offer cooking classes and hiring more Rec staff to offer additional programming.

**6. DEPARTMENT PROGRAMS AND SERVICES UPDATE** – Staff provided a report and presentation to receive and file on the programs, activities and events. All information on programming and activities is available on the City website.

Commissioner J. Cuellar thanked staff for all they do.

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Commissioner E. Friend asked about the City’s QR code and the status of new park signage.

Chair R. Gonzales commented on the War of the Battleships at Summer Camp and was very impressed with the event. He also requested a better PA system for all future events.

## **STAFF COMMUNICATION**

M. Perez reported on Mission City Baseball Clinics ending a week later due to heat advisories. Fall Ball will return to Las Palmas Park. It was on hold temporarily.

J. Salcedo provided an update on new Rec Leader I and II hires for the afterschool programs and possibly Tiny Tots Sports Program for children 3 to 5 years of age. He also informed the commission that staff is working on a grant application that will provide opportunities for youth nature programs.

## **COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING**

Commissioner J. Cuellar requested to repair roof, leaks and upgrade the kitchen at Recreation Park.

J. Salcedo offered to extend an invitation to the Public Works Department to provide an update on facilities at next the meeting.

Commissioner J. Cuellar motioned to add an item to request that Public Works present at the next meeting. Vice Chair R. Gonzales seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: R. Gonzales, J. Cuellar, E. Friend

NOES:

ABSENT: P. Lopez, N. Sanchez-Brooks

ABSTAIN:

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Chair R. Gonzales thanked staff for all the hard work.

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## **ADJOURNMENT**

Chair R. Gonzales adjourned the Parks, Wellness and Recreation Commission meeting at 7:17 p.m.



## MEMORANDUM

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**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services

**Date:** September 12, 2024

**Subject:** Presentation by Public Works Director Wendell Johnson on the Status of Facility Repairs and Upgrades at Recreation Park

### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the status of facility repairs and upgrades at Recreation Park.

### **BACKGROUND/ANALYSIS**

Commissioner Julie Cuellar requested to agendaize this item at the August 8, 2024, PWRC meeting to address the needed repairs and upgrades at Recreation Park, including repair of the roof, leaks and upgrading the kitchen.

### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.

**To:** Chair Robert Gonzales, and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services  
By: Maribel Perez, Recreation and Community Services Supervisor

**Date:** September 12, 2024

**Subject:** Consideration to Receive and File the Land and Open Space Inventory Study/San Fernando Park Opportunity Plan (LOSI/SF POP) Report from Kounkuey Design Initiatives, Inc. (KDI).

**RECOMMENDATION:**

It is recommended that the Parks, Wellness and Recreation Commission:

- a. Receive and File the Land and Open Space Inventory Study Report/San Fernando Park Opportunity Plan from KDI; and
- b. Provide staff direction as appropriate.

**BACKGROUND:**

1. On February 5, 2018, the City Council adopted the Park and Recreation Master Plan (PMP) as an instrument for developing a comprehensive vision for park facility improvements and recreational programs offered to the residents of San Fernando. The PMP identified a lack of recreational facilities such as bike paths, walking trails and dog parks, but also recognized the scarcity of available land to build new park facilities.
2. On June 21, 2022, the City Council amended the Fiscal Year 2022-2023 budget to appropriate \$50,000 of American Rescue Plan Act (ARPA) funds for a Feasibility Study to identify New City Park Space.
3. On July 5, 2022, the City Council requested that staff look into the possibility of developing a dog park in the city.
4. On July 14, 2022, Los Angeles County RPOSD announced a \$185,000 allocation in TAP Services for the City of San Fernando. The funds are earmarked to assist in the development of new park facilities. Subsequently the City entered into a Master Agreement with RPOSD guaranteeing such funds.

## **Consideration to Receive and File the Land and Open Space Inventory Study Report from Kounkuey Design Initiatives, Inc.**

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5. On August 15, 2022, staff presented a concept for a Dog Park at San Fernando Recreation Park that could be funded with RPOSD annual allocation funds. While open to the idea, the City Council directed staff to take a broader approach for developing new park facilities. That approach would take the form of updating the PMP by conducting a land and open space inventory to define potential land for new park facilities.
6. On March 6, 2023, the City Council adopted Resolution No. 8220 allocating the \$185,000 Regional Parks and Open Space TAP Grant towards the study and authorized staff to circulate a Notice Inviting Bids.
7. On August 7, 2023, City Council awarded a Professional Services Agreement to Kounkuey Design Initiatives, Inc. to conduct a land and open space inventory study.

### **ANALYSIS:**

The City of San Fernando is committed to fostering a sustainable and vibrant community through the effective management and preservation of its land and open spaces. As the city continues to grow and develop, it is essential to maintain a comprehensive understanding of the available land resources to ensure that future generations can enjoy a balanced and well-planned community.

The Land and Open Space Inventory report, also known as the San Fernando Park Opportunity Plan (SF POP), serves as a critical tool in this endeavor. It's aimed at enhancing the park system of San Fernando through identifying opportunities for the strategic development of new parks and recreation spaces. It provides an assessment of the city's current land use, highlighting areas designated for residential, commercial, industrial, and recreational purposes as well as expanding the scope to include development consideration of open spaces on public school properties and churches. The report also identifies existing open spaces including parks, underused parcels, tree canopy coverage, and transit lines that contribute to the resident's quality of life.

The information contained in the report is the result of a thorough and collaborative community engagement effort which included a community survey, event pop-up engagements, interviews with key stakeholders, meetings with special interest focus groups and local agencies as well as conceptual design workshops. Incorporating input from various user groups and community members reflects the city's commitment to transparency, sustainability, and long-term planning. As we look to the future, this Land and Open Space Inventory will be a vital reference in updating the Park and Recreation Master Plan (2018), as well as guiding the responsible and thoughtful development of green and recreational spaces in the City of San Fernando.

### **BUDGET IMPACT:**

**Consideration to Receive and File the Land and Open Space Inventory Study Report from Ounkuey Design Initiatives, Inc.**

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The total funding available for conducting the Land and Open Space Inventory was \$235,000. The City Council allocated \$50,000 of ARPA funds and the Los Angeles County Regional Parks and Open Space District allocated \$185,000 from TAP Services. There is no budget impact to receive and file the Land and Open Space Inventory Study- San Fernando Park Opportunity Plan report.

**CONCLUSION:**

It is recommended that the Parks, Wellness and Recreation Commission receive and file the Land and Open Space Inventory Study- SF POP report and provide staff direction as appropriate.



## MEMORANDUM

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**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services

**Date:** September 12, 2024

**Subject:** Presentation on the Process and Procedures of Facility Rentals and Special Events

### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an informational presentation on the process and procedures of Facility Rentals and Special Events.

### **BACKGROUND/ANALYSIS**

This item was agendaized for discussion by Vice Chair Patty Lopez at the July 11, 2024, PWRC meeting.

### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.



## MEMORANDUM

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**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services

**Date:** September 12, 2024

**Subject:** Cesar E. Chavez Memorial

### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Cesar E. Chavez Memorial by Ad Hoc Committee Members Chair Robert Gonzales and Vice Chair Patty Lopez.

### **BACKGROUND/ANALYSIS**

The Ad Hoc Committee has met previously with Pueblo Y Salud to discuss the development of a renovation plan for the Cesar E. Chavez Memorial. The Ad Hoc has met with RCS Director Julio Salcedo to review the existing MOU with Pueblo Y Salud. The Ad Hoc agreed to meet after the July 11, 2024 PWR Commission meeting to sink calendars and schedule a meeting. A meeting was scheduled for August 9, 2024. This item was originally added to the agenda by Vice Chair Patty Lopez.

### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.





## MEMORANDUM

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**To:** Chair Robert Gonzales and Commissioners

**From:** Julio C. Salcedo, Director of Recreation and Community Services

**Date:** September 12, 2024

**Subject:** Presentation and Discussion Regarding Policies and Procedures Related to Cooling Centers and Pets

**RECOMMENDATION:**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file this informational update on the current policies and procedures related to cooling centers and pets.

**BACKGROUND/ANALYSIS:** On July 11, 2024, Commissioner Natasha Sanchez-Brooks requested to agendaize this item for discussion at the PWR Commission Meeting.

**BUDGET IMPACT:** There is no impact to the budget by discussing this item.



## AGENDA REPORT

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**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Recreation and Community Services Director  
By: Maribel Perez, Recreation and Community Services Supervisor  
Linda Bowden-Moreno, RCS Administrative Assistant

**Date:** September 12, 2024

**Subject:** Department Programming, Services, Activity, and Business Updates

### **RECOMMENDATION:**

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

### **BACKGROUND:**

1. The mission of the Recreation and Community Services Department (RCS) is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

### **DEPARTMENT UPDATES:**

#### **Programs and Services**

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

### **City of San Fernando 113<sup>th</sup> Birthday Celebration**

On Saturday, August 31, 2024, the City of San Fernando celebrated its 113th Birthday. The celebration drew in a large crowd to this annual event. With the outstanding voice of the master of ceremonies, Javier Verdin, guests enjoyed great entertainment, courtesy of the Mariachi Master Apprentice Program, Las Palmas Park Folklórico dancers, and an amazing performance by Sazón Tumbao. The Lopez Adobe hosted free guided tours of this 1880's historic landmark, owned by one of the earliest California families in the region. The festivities offered good food, great entertainment, sweet treats, and also the participation of special dignitaries recognizing this special day in the City's history.

### **Cooling Centers**

Heat can become dangerous, especially for seniors, children, pets, people who work outside, and those with certain health conditions. The City of San Fernando provides relief from extreme heat by activating cooling centers at Recreation Park located at 208 Park Avenue and Las Palmas Park located at 505 South Huntington Street. Cooling Center hours are 9:00 am to 7:00 pm. For more information call (818) 898-1290.

#### Simple tips to staying cool

- Drink plenty of cool water! Stay hydrated.
- Wear loose, light-colored clothing that will keep you cool. Wear sunscreen and a hat for protection.
- Check on neighbors who might be vulnerable to the heat, especially those without air conditioning.
- Never leave children or pets in a car - not even for one minute. Temperatures inside a car can quickly skyrocket to deadly levels.
- Never walk your dog on a hot surface (pavement, asphalt, etc.) If you can't walk barefoot on these surfaces comfortably, your dog feels the same way!
- If you work or play outside, take frequent breaks to hydrate and cool off in the shade.
- Don't forget the pets! Keep pets indoors if possible. If kept outside, give them plenty of water and shade to rest in. Never walk your dog on hot pavement. If it's too hot for your bare feet, it's too hot for your dog's paws.
- Symptoms of heat-related illness include dizziness, fatigue, faintness, headaches, muscle cramps, and increased thirst. If you experience these symptoms, seek medical attention.

### **Summer Concerts at the Park**

Participants came out for an evening of great music, dancing, and outdoor family fun during the Summer Concerts Series offered during the month of August. Families showed up with lawn chairs and blankets as the cool evening weather provided the perfect backdrop to enjoy a variety of music genres under the stars. This year's concerts featured outstanding live music

with rhythms of Salsa, Oldies, Latin Rock and groovy Sounds of the 60's. What a great way to cap off the summer!

## **SENIOR SERVICES**

### **National Senior Citizens Day**

Las Palmas Park celebrated National Senior Citizens Day on Wednesday, August 21, 2024. This holiday was an opportunity to celebrate and recognize older Americans in the community. The day emphasized the importance of addressing issues related to the elderly, such as healthcare access, economic security, social isolation, and elder abuse. Participants enjoyed refreshing lemonade, sweet treats and an opportunity to connect with other seniors and staff.

### **Summer Beach Party**

Seniors danced to the sounds of DJ Chris Canelo at this beach themed celebration hosted by Las Palmas Park on Friday, August 23, 2024. As summer is winding down, participants enjoyed an afternoon of refreshing beverages, snacks, raffles and of course, an opportunity to show off their best dance moves.

### **Clase De Inglés**

These free classes offer an opportunity to learn basic skills in English speaking, reading and writing. Learn common phrases, expressions, and daily use sentences that native English speakers often use. If you master these everyday English phrases, you will be able to communicate flexibly in your daily life. Sign up today at Las Palmas Park located at 505 South Huntington Street.

### **Los Angeles Regional Food Bank Distribution**

The Regional Food Bank monthly distribution was held on September 3, 2024 from 9:00am-11:00am. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of over 200 seniors monthly. Due to the Labor Day holiday, the next distribution will be held on Monday, October 7, 2024. For more information on food assistance programs please contact Las Palmas Park at 818-898-7340.

### **Senior Meals**

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Free nutritious hot meals are served Monday through Friday. The program also provides meals five days a week for folks that are homebound, registration and home assessment required. The program is free for senior 60+ with a suggested donation of \$3.

### **Monthly Birthday Celebrations**

Every first Wednesday of the month, staff coordinates a monthly birthday celebration for the seniors. Participants and celebrants enjoy coffee, tea and yummy birthday cake. All this is made possible by the continuous support from Pink Tree Insurance.

### **Monthly Matinee**

Every first Thursday of the month Las Palmas Park is transformed into a matinee featuring family friendly films and treats. The activity is open to the public, showtime is at 12pm.

### **Platicas de la Vida con Café**

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety, and everyday life situations. Classes are held in Spanish at 9am, this month's sessions will be held September 12 and 26.

### **Senior Club News**

- The August Senior Dance was held on Saturday, August 17 at Las Palmas Park – Gym. Flowered shirts, grass skirts, lei necklaces, and colorful sarongs were the perfect attire for this Hawaiian themed celebration. Doors opened at 6pm. Participants danced the night away with a live music performance offered from 7:00 pm to 11:45 pm. Ticket prices were \$15 for members and \$25 for non-members. The next Senior Dance is scheduled on Saturday, September 21, 2024 and will celebrate *Fiestas Patrias*. For more information call Las Palmas Park at (818) 898-7340.
- Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.
- Senior Trips: Upcoming senior trips and excursions include Viva la Tradición at the Ford Theatre, Chumash Casino, Aquarium of the Pacific, Descanso Gardens and more. Stop by and pick up a trip list at Las Palmas Park lobby or call (818) 898-7340 for details.

### **Ongoing Senior Programs**

The following senior activities are ongoing. For more details, please call Las Palmas Park at 818-898-7340 or visit the City Website at [www.sfcity.org](http://www.sfcity.org).

Music Class  
Clase de Canto  
Bingo  
Arthritis Exercise

Crafty Ladies  
Manejo Personal de Diabetes  
Walkable Wednesday  
Classes de Ingles  
Adult Coloring  
Senior Zumba  
Chair Yoga

## **SOCIAL SERVICES**

### **Teens for a Better Community (TBC)**

Teens for a Better Community is up and running again! The Fall Semester Kickoff meeting was held on August 28, 2024 at Las Palmas Park. The meeting included discussions regarding details on the program, exciting volunteer opportunities and delicious snacks. For more information please call Las Palmas Park at (818) 898-7340 or email [jsalas@sfcity.org](mailto:jsalas@sfcity.org)

#### **Next Meeting Date:**

- Date: Wednesday, September 25, 2024
- Time: 6:00 pm to 7:30 pm  
Location: Las Palmas Park – 505 S. Huntington St. San Fernando, CA 91340

## **RECREATION**

### **Leisure & Fitness Classes**

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visting [www.sfcity.org/sfrecreation](http://www.sfcity.org/sfrecreation).

- **3 Wins Fitness San Fernando**  
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**  
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**  
Mon & Wed | 6:00pm | Recreation Park
- **Folklorico**  
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**  
Saturdays | 9am | Las Palmas Park
- **Senior Music**  
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**  
Thursdays | 9am | Las Palmas Park

**Academic Art** serves youth ages 7-14 with a 10-week course focusing on various elements including drawing, proportions, painting, water colors, and mixed media, incorporating the outdoors and landscapes into the lessons. Call Las Palmas Park for more details at (818) 898-7340.

**Cyndy's Mixed Line Dance** class is back! A fresh take on a classic dance, combining different styles of music with dynamic footwork that incorporates the fundamentals of line dance but with a twist. Immersive full-body dancing to the rhythm of latin, pop, country, rock & roll, and big band. All skill levels welcome. Classes held on Wednesday s at 10:00 am at Las Palmas Park,

### **Ukulele for Kids**

The new Ukulele for Kids class is up and running! This fun and engaging class is designed to introduce children to the joy of music through the playful sounds of the ukulele. An experienced instructor will guide your child through the basics of playing this delightful instrument, fostering a love for music and developing essential musical skills. Ukulele provided during class.

### **Ninja Ninja Learns**

Ninja Ninja Learns is moving to Rudy Ortega Sr. Park! The fall session will focus on Kung Fu, the martial art inspired by practitioners observing insects, birds and mammals in the wild. Through play-based target drills, group games, and physical challenges the young participants will learn about animal Kung Fu.

### **Folklorico**

Francisco Javier Verdin, co-director of the acclaimed Ballet Floklorico Ollin, has been teaching folklorico classes for the community at Las Palmas Park for over 20 years. His vast knowledge of dance, love of the cultural arts and performance creates a great class dynamic for all levels of experience. The last 12-week session of the year will run from September 20, 2024 through December 13, 2024. Register today!

### **Lopez Adobe**

As part of the City's 113<sup>th</sup> birthday celebration on August 31, 2024, the Lopez Adobe was the focal point of the big event. The Adobe was open for tours and the first 150 attendees enjoyed a free and refreshing "raspado" from Shaved LA. This month, the Adobe will open on Saturday, September 28, 2024, from 6 pm to 9 pm with a special OktoberFiesta night in the works!

### **Sports Programs**

#### **Mission City Fall Ball**

Fall Ball is set to run September through November at Las Palmas Park. The league offers the opportunity to learn and grow as an athlete with a taste of competition as well as that to develop

lasting friendships through teamwork and comradery. The league is open to youth ages 3-14, register today!

### **Youth Basketball Summer Season**

Summer season of Youth Basketball came to an end on Saturday, August 24. The top two teams of each division faced-off for their shot at the championship title. Congratulations to all the athletes that participated in another successful season and to the Summer 2024 Champions: The Bulls, The Wolves, and the Lakers.

**Winter Youth Basketball** is open for enrollment. Pre-season trainings are scheduled for November with the season beginning in January. Don't miss out, register today and take advantage of the discounts.

**No Limit Basketball Fall Clinic** offers four weeks of off-season training and conditioning with experienced and seasoned coaches. These sessions are offered for youth ages 6-17 and open to all levels. Join the fun, register today!

### **Adult Softball**

#### Coed League

Tuesday night Coed Softball is in full swing this fall with a six-team roster! Returning champions, Mission City (summer '24) and Twisted Heat (spring '24) are joined by other returning teams as well as new participants. Catch the games every Tuesday night, now through October 29, 2024 at Recreation Park.

#### Men's Wooden Bat Softball

Swing for the fences in classic style! San Fernando is bringing back the Men's Wooden Bat Softball League on Wednesday nights at Recreation Park. Register today and join other softball enthusiasts as they come together to play the game the way it was meant to be played and experience the game in its purest form. Fall season is scheduled to begin in this month.

### **Adult Basketball Fall Season**

Fall season began on September 4, 2024 with a full night of games! The gym at Recreation Park buzzed with excitement as the six eager teams, comprised of both novice and seasoned players, took to the court to show off their skills and athleticism. The fall season is off to a good start. Stop by and cheer on the teams, every Wednesday night from 6 pm to 9 pm at Recreation Park.

### **BUDGET IMPACT:**

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the FY 2023-2024 budget.



**CONCLUSION:**

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.