



CHAIR ROBERT GONZALES  
VICE CHAIR PATTY LOPEZ  
COMMISSIONER ERICA FRIEND  
COMMISSIONER NATASHA SANCHEZ-BROOKS  
COMMISSIONER JULIE CUELLAR

## CITY OF SAN FERNANDO

### PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, OCTOBER 10, 2024 – 6:30 PM

CITY HALL COUNCIL CHAMBERS  
117 MACNEIL STREET  
SAN FERNANDO, CALIFORNIA 91340

#### **PUBLIC PARTICIPATION OPTIONS**

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at: <https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) at least 2 business days prior to the meeting.

#### **SUBMIT PUBLIC COMMENT IN PERSON:**

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

#### **SUBMIT PUBLIC COMMENT VIA EMAIL:**

Members of the public may submit comments by email to [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

#### **CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:**

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

**Call-in Telephone Number: (669) 900-6833**  
**Meeting ID: 986 1620 1615**  
**Passcode: 988843**

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

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## **CALL TO ORDER**

## **ROLL CALL**

## **TELECONFERENCE REQUESTS/DISCLOSURE**

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City’s legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

## **PLEDGE OF ALLEGIANCE**

Led by Chair

## **APPROVAL OF AGENDA**

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

## **PRESENTATIONS**

Jessica Martinez, Outdoor Equity Coordinator with Tree People

## **DECORUM AND ORDER**

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

## **PUBLIC STATEMENTS – WRITTEN/ORAL**

Members of the public may **provide comments in person in the City Council Chambers** during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

Members of the public may submit comments by email to [LMoreno@sfcity.org](mailto:LMoreno@sfcity.org) no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

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Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

## **CONSENT CALENDAR**

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

### **1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:**

- a. September 12, 2024

## **ADMINISTRATIVE REPORTS**

### **2) SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational report by SFPD, updating on activity and crime in the parks.

### **3) PRESENTATION ON THE PACOIMA WASH BIKEWAY PROJECT**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational presentation.

### **4) NEW PARK SIGNAGE UPDATE**

Recommend that the Parks, Wellness, and Recreation Commission receive and file this informational update on the status of new signage at the parks.

### **5) CESAR E. CHAVEZ MEMORIAL**

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Discuss Ad Hoc Committee Updates;

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- b. Continue to meet with Pueblo Y Salud until a renovation plan for the Memorial Plaza can be developed; and
- c. Provide staff direction as appropriate.

## **6) DEPARTMENT PROGRAMS AND SERVICES UPDATE**

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

## **STAFF COMMUNICATION**

### **COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING**

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

**ADJOURNMENT** The meeting will adjourn to its next regular meeting.

### **AFFIDAVIT OF POSTING**

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: \_\_\_\_\_ at: \_\_\_\_\_

Signed By: \_\_\_\_\_



CITY OF SAN FERNANDO  
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES  
SEPTEMBER 12, 2024  
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

**CALL TO ORDER/ROLL CALL**

Vice Chair P. Lopez called the meeting to order at 6:43 p.m. Administrative Assistant, Linda Bowden-Moreno, called the roll call.

The following persons were recorded as present:

**PRESENT:**

Commissioners Patty Lopez, Erica Friend and Julie Cuellar.

**ABSENT:**

Commissioners Robert Gonzales and Natasha Sanchez-Brooks

**ALSO PRESENT:**

Recreation and Community Services Director Julio Salcedo, Public Works Director Wendell Johnson, Recreation Supervisor Maribel Perez, Administrative Assistant Linda Bowden-Moreno and Office Clerk Soledad Chavez.

**PLEDGE OF ALLEGIANCE**

Vice Chair P. Lopez led in the Pledge of Allegiance.

**APPROVAL OF AGENDA**

Commissioner J. Cuellar motioned to approve the agenda for the September 12, 2024 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner E. Friend seconded the motion. The motion passed unanimously with the following roll call vote:

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AYES: P. Lopez, E. Friend, J. Cuellar

NOES:

ABSENT: Chair R. Gonzales, N. Sanchez-Brooks

ABSTAIN:

## **PRESENTATIONS**

None.

## **PUBLIC STATEMENTS – WRITTEN/ORAL**

None.

## **CONSENT CALENDAR**

### **1. APPROVAL OF MINUTES**

Commissioner J. Cuellar motioned to approve the Consent Calendar approving the Minutes of the August 8, 2024 Parks, Wellness and Recreation Commission Meetings. Commissioner Erica Friend seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: P. Lopez, E. Friend, J. Cuellar

NOES:

ABSENT: R. Gonzales, N. Sanchez-Brooks

ABSTAIN:

## **ADMINISTRATIVE REPORTS**

**2. PRESENTATION BY PUBLIC WORKS DIRECTOR WENDELL JOHNSON ON THE STATUS OF FACILITY REPAIRS AND UPGRADES AT RECREATION PARK** – Director of Public Works, Wendell Johnson provided a presentation on the Public Works Capital Improvement Projects. Presentation included updates on projects in progress such as the City Facility Assessment Report, Pacoima Wash Bikeway Project, Pioneer Park Playground Renovation Project, Emergency Generator and the Cindy

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Montanez Natural Park. He also discussed updates on upcoming projects for the Las Palmas Park Revitalization Project and Calles Verdes – Carlisle Street Green Alley Reconstruction Project. At this time, he opened the floor for questions.

**3. CONSIDERATION TO RECEIVE AND FILE THE LAND AND OPEN SPACE INVENTORY STUDY/SAN FERNANDO PARK OPPORTUNITY PLAN (LOSI/SF POP) REPORT FROM KOUNKUEY DESIGN INITIATIVES, INC. (KDI)** – KDI Senior Design Principal Lauren Elachi provided a presentation on the project overview and progress of LOSIS/SF POP identifying the priority amenities, their sites and approach. At this time, she opened the floor for questions.

**4. PRESENTATION ON THE PROCESS AND PROCEDURES OF FACILITY RENTALS AND SPECIAL EVENTS** – J. Salcedo provided a presentation on the process and procedures of facility rentals, special events and fee waivers. At this time, he opened the floor for questions.

**5. CESAR E. CHAVEZ MEMORIAL** – J. Salcedo discussed a meeting that was held with Pueblo Y Salud, the AdHoc committee which includes Robert Gonzales and Patty Lopez and himself to renew the current MOU agreement. He reported that Pueblo Y Salud committed to provide a date to tour the Cesar Chavez Monument and Recreation Park facility. They are to follow up next week with a date. An update will be provided at the next Commission meeting.

**6. PRESENTATION AND DISCUSSION REGARDING POLICIES AND PROCEDURES RELATED TO COOLING CENTERS AND PETS** – This item was agendized by Commissioner N. Sanchez-Brooks. J. Salcedo provided an information sheet to each commissioner. He discussed dangers of high temperatures especially for children, elderly, individuals with health conditions and pets. Per AB 781, Cooling Centers must accommodate household pets which are defined as domesticated animals such as a dog or a cat. He also discussed cooling center hours of operation, when they are activated, locations and safety tips.

**7. DEPARTMENT PROGRAMS AND SERVICES UPDATE** – Staff provided a presentation to receive and file on the programs, activities and events. All Information on programming and activities is available on the City website.

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## **STAFF COMMUNICATION**

L. Moreno invited all to “save the date” for the upcoming event of Dia de Los Muertos on October 26, 2024 at San Fernando Recreation Park. More details to follow.

J. Salcedo thanked the Recreation and Community Services team for all of the summer programs, daily activities and events at the parks.

## **COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING**

Commissioner E. Friend made a motion to agendize a presentation on the Pacoima Wash Bikeway Project. Commissioner J. Cuellar seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: P. Lopez, E. Friend, J. Cuellar

NOES:

ABSENT: R. Gonzales, N. Sanchez-Brooks

ABSTAIN:

J. Salcedo offered to extend an invite to Public Works Director, Wendell Johnson to provide more information at next the meeting.

Vice Chair P. Lopez made a motion to agendize an update on park signage.

Commissioner J. Cuellar seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: P. Lopez, J. Cuellar, E. Friend

NOES:

ABSENT: R. Gonzales, N. Sanchez-Brooks

ABSTAIN:



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## **ADJOURNMENT**

Vice Chair P. Lopez adjourned the Parks, Wellness and Recreation Commission meeting at 8:45 p.m.

**To:** Chair Robert Gonzales, and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services  
By: Maribel Perez, Recreation & Community Services Supervisor  
Brian Woodworth, SFPD Lieutenant  
Sylvia Ortega, Police Records Administrator

**Date:** October 10, 2024

**Subject:** San Fernando Police Department Update on Park Activity

**RECOMMENDATION:**

It is recommended that the Parks, Wellness and Recreation Commission:

- a. Receive and file an update from SFPD on activity and crime in the Parks; and
- b. Provide staff direction as appropriate.

**BACKGROUND:**

1. On February 8, 2024 the Parks, Wellness and Recreation Commission requested to receive quarterly updates from SFPD reporting on activity and crime in the Parks.

**ANALYSIS:**

The recreational value of parks is integral to the well-being of the community and its residents, offering spaces for leisure, exercise, and social interaction. However, amid the serene environment of these public areas, parks also become focal points for various activities, both constructive and detrimental. As guardians of public safety, the City of San Fernando Police Department has diligently monitored and analyzed the trends in park activity and crime to ensure the continued enjoyment and safety of all park-goers.

The quarterly report aims to provide an overview of the recent activity and crime trends observed within the parks under the department’s jurisdiction, which are the following:

- Recreation Park, 208 Park Ave.
- Layne Park, 120 N. Huntington St.

## San Fernando Police Department Update on Park Activity

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- Las Palmas Park, 505 S. Huntington St.
- Pioneer Park, 828 Harding Ave.
- Rudy Ortega Senior Park, 2025 Fourth St.
- Cindy Montañez Natural Park, 801 Eight St.

The quarterly report will include a San Fernando City Parks Crime Trends table (Attachment A) illustrating information regarding police reports, moving citations, parking citations, traffic collisions and Community Resource Management (CRM's) that occurred in and around the parks. The report will also provide a map view of the City with color-coded citations (Attachment B) to provide an overview of the information reported on the table.

In addition to providing the data, a representative from the Police Department will attend the PWRC meetings on a quarterly basis to present the report and answer any questions from the commission.

### Schedule of Quarterly Reports

<b>Commission Meeting</b>	<b>SFPD Update Quarterly Report</b>
January	October - December
April	January - March
July	April – June
October	July - Sept

### **BUDGET IMPACT:**

There is no budget impact to receive and file the San Fernando Police Department Update on Park Activity.

### **CONCLUSION:**

It is recommended that the Parks, Wellness and Recreation Commission receive and file the update report and provide staff with direction as appropriate.

### **ATTACHMENTS:**

- A.** Park Crime Trends Report
- B.** Park Crime Map

<b>San Fernando City Parks Crime Trends</b>		<b>July 2024</b>	<b>August 2024</b>	<b>September 2024</b>	<b>Total</b>
<b>Recreation Park</b>	Reports	0	1	3	4
	Citations	0	2	5	7
	Parking Citations	3	0	3	6
	Traffic Collisions	0	0	0	0
	CRMs	32	22	41	95
<b>Layne Park</b>	Reports	0	0	1	1
	Citations	0	0	0	0
	Parking Citations	0	0	0	0
	Traffic Collisions	0	0	0	0
	CRMs	4	2	5	11
<b>Las Palmas Park</b>	Reports	2	1	1	4
	Citations	0	2	7	9
	Parking Citations	3	0	2	5
	Traffic Collisions	0	0	0	0
	CRMs	32	30	43	105
<b>Pioneer Park</b>	Reports	0	0	0	0
	Citations	0	0	0	0
	Parking Citations	1	0	0	1
	Traffic Collisions	0	0	0	0
	CRMs	10	6	6	22
<b>Ortega Park</b>	Reports	0	1	2	3
	Citations	0	0	0	0
	Parking Citations	2	0	0	2
	Traffic Collisions	0	0	0	0
	CRMs	6	6	7	19
<b>Cindy Montanez Natural Park</b>	Reports	0	0	0	0
	Citations	0	0	0	0
	Parking Citations	0	0	0	0
	Traffic Collisions	0	0	0	0
	CRMs	2	1	1	4

CRM: Community Resource Management

## Recreation Park

**Reports:** Jul: ---  
Aug: (1) Warrant Arrest  
Sep: (1) Curfew Violation for Minor, (1) Unlicensed Driver, (1) Assault

**Citations:** Jul: ---  
Aug: (2) Possession of Tobacco in City Park  
Sep: (4) Possession of Open Alcohol Container, (1) Smoking Cannabis in Public

**Parking Citations:** Jul: (2) Green Zone, (1) Expired Registration  
Aug: ---  
Sep: (3) Sweeper Violation

**Traffic Collisions:** Jul: ---  
Aug: ---  
Sep: ---

## Layne Park

**Reports:** Jul: ---  
Aug: ---  
Sep: (1) Located Stolen Vehicle

**Citations:** Jul: ---  
Aug: ---  
Sep: ---

**Parking Citations:** Jul: ---  
Aug: ---  
Sep: ---

**Traffic Collisions:** Jul: ---  
Aug: ---  
Sep: ---

## Las Palmas Park

**Reports:** Jul: (1) Robbery, (1) Vandalism  
Aug: (1) Medical Call for Service  
Sep: (1) Impounded Vehicle

**Citations:** Jul: ---  
Aug: (2) In Park after Hours  
Sep: (4) In Park after Hours, (2) Smoking Cannabis in Public, (1) Possession of Open Alcohol Container, (1) Possession of Tobacco in City Park

**Parking Citations:** Jul: (2) Handicap Violation, (1) Expired Registration  
Aug: ---  
Sep: (2) Expired Registration

**Traffic Collisions:** Jul: ---  
Aug: ---  
Sep: ---

## Pioneer Park

**Reports:** Jul: ---  
Aug: ---  
Sep: ---

**Citations:** Jul: ---  
Aug: ---  
Sep: ---

**Parking Citations:** Jul: (1) Handicap Violation  
Aug: ---  
Sep: ---

**Traffic Collisions:** Jul: ---  
Aug: ---  
Sep: ---

## Ortega Park

**Reports:**            **Jul:**    ---  
                          **Aug:**    **(1) Grand Theft Auto**  
                          **Sep:**    **(2) Narcotic/Warrant Arrests**

**Citations:**        **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---

**Parking Citations:** **Jul:**    **(2) Parking Prohibited**  
                          **Aug:**    ---  
                          **Sep:**    ---

**Traffic Collisions:** **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---

## Cindy Montanez Natural Park

**Reports:**            **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---

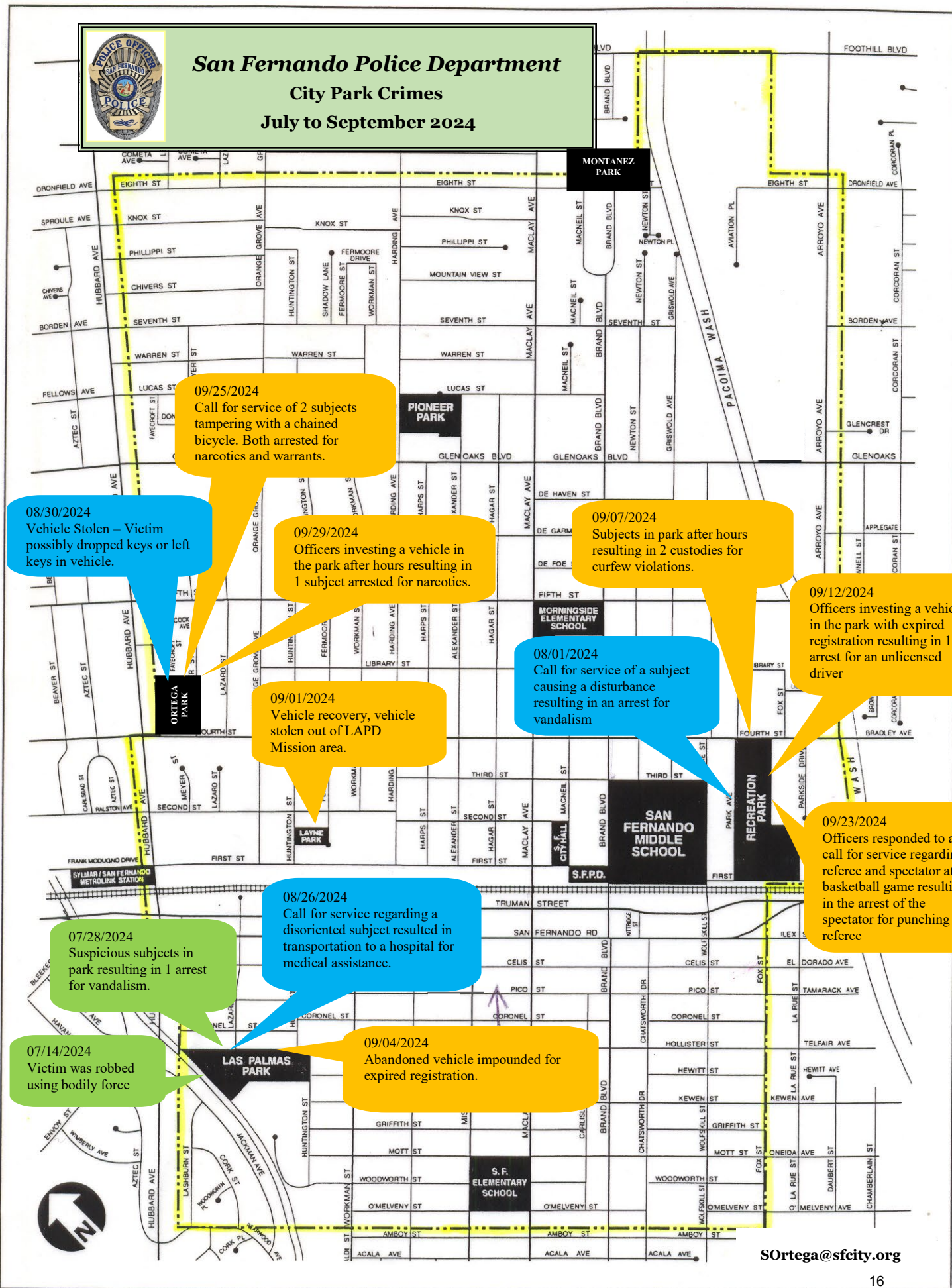
**Citations:**        **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---

**Parking Citations:** **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---

**Traffic Collisions:** **Jul:**    ---  
                          **Aug:**    ---  
                          **Sep:**    ---



**San Fernando Police Department**  
**City Park Crimes**  
**July to September 2024**







**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services

**Date:** October 10, 2024

**Subject:** Presentation on the Pacoima Wash Bikeway Project

**RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Pacoima Wash Bikeway Project.

**BACKGROUND/ANALYSIS**

This item was added to the agenda by Commissioner Erica Friend at the September 12, 2024 Parks, Wellness and Recreation Commission Regular Meeting.

**BUDGET IMPACT**

There is no impact to the budget by discussing this item.



## MEMORANDUM

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**To:** Chair Robert Gonzales and Commissioners

**From:** Maribel Perez, Recreation and Community Services Supervisor

**Date:** October 10, 2024

**Subject:** New Park Signage Update

### **RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the new park signage.

### **BACKGROUND/ANALYSIS**

This item was added to the agenda by Vice Chair Patty Lopez at the September 12, 2024 Parks, Wellness and Recreation Commission Regular Meeting.

### **BUDGET IMPACT**

There is no impact to the budget by discussing this item.

**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Director of Recreation and Community Services

**Date:** October 10, 2024

**Subject:** Cesar E. Chavez Memorial

**RECOMMENDATION**

It is recommended that the Parks, Wellness and Recreation (PWR) Commission receive and file an update on the Cesar E. Chavez Memorial by Ad Hoc Committee Members, Chair Robert Gonzales and Vice Chair Patty Lopez.

**BACKGROUND/ANALYSIS**

The Ad Hoc Committee has met previously with Pueblo Y Salud (PYS) to discuss the development of a renovation plan for the Cesar E. Chavez Memorial. The Ad Hoc has met with RCS Director Julio Salcedo to review the existing MOU with Pueblo Y Salud. The Ad Hoc agreed to meet after the July 11, 2024 PWR Commission meeting to sink calendars and schedule a meeting. A meeting was scheduled for August 9, 2024. The Ad Hoc, staff and PYS met and reviewed the MOU agreement. A date will be scheduled to conduct a tour of the Cesar E. Chavez Memorial and Recreation Park Facility. This item was originally added to the agenda by Vice Chair Patty Lopez.

**BUDGET IMPACT**

There is no impact to the budget by discussing this item.

**To:** Chair Robert Gonzales and Commissioners

**From:** Julio Salcedo, Recreation and Community Services Director  
By: Maribel Perez, Recreation and Community Services Supervisor  
Linda Bowden-Moreno, RCS Administrative Assistant

**Date:** October 10, 2024

**Subject:** Department Programming, Services, Activity, and Business Updates

**RECOMMENDATION:**

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

**BACKGROUND:**

1. The mission of the Recreation and Community Services Department (RCS) is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

**DEPARTMENT UPDATES:**

**Programs and Services**

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

### **Save the Date!**

#### **Día de Los Muertos/ Day of the Dead**

Join the City of San Fernando at the annual Día de Los Muertos event at Recreation Park on Saturday, October 26, 2024. This special celebration will include arts and crafts, cultural entertainment, altars, and an amazing puppet show! Día de Los Muertos, or Day of the Dead, is a Mexican holiday that honors and celebrates the lives of deceased loved ones. It typically takes place on November 1st and 2nd, blending ancient Aztec rituals with cultural traditions. Families create colorful altars, called ofrendas, adorned with photos, marigolds, candles, and offerings like food and sugar skulls to welcome the spirits of the dead back to the living world for a brief, joyful reunion. The holiday reflects the belief that death is a natural part of life, and rather than a time of mourning, it is a celebration of remembrance and continuity.

### **Save the Date!**

#### **Vet at the Park**

The City of San Fernando, in partnership with L.A. County, will be hosting a Free Pet Wellness Clinic on Sunday, December 15, 2024, 9:00am to 1:00pm at Rudy Ortega Sr. Park located at 2025 Fourth Street, San Fernando. Free services include exams, vaccines, microchips, and pet supplies. First come, first served. No appointments needed.

#### **Hispanic Heritage Month**

On September 20, 2024, the City of San Fernando celebrated Hispanic Heritage Month at Las Palmas Park. Participants enjoyed an afternoon of music, dancing and culture. The City of San Fernando recognizes the contributions and the influence that Hispanic Americans have made in enriching the community with many achievements in military service, business, law, politics, education, and the arts. In addition, Hispanic Americans have played a major role in shaping this country's history by paving the way for future generations to be able to enact change, and encompass the spirit of innovation, resilience and unity that define the Hispanic experience.

#### **Cooling Centers**

Cooling Centers continue to be activated when temperatures reach 95 degrees Fahrenheit. Locations are at Recreation Park at 208 Park Avenue and Las Palmas Park located at 505 South Huntington Street. Cooling Center hours are 9:00 am to 7:00 pm. Everyone is welcome. Cool water available upon request. For more information call (818) 898-1290.

## **SENIOR SERVICES**

#### **Halloween Costume Celebration for Seniors**

Join Las Palmas Park in a Halloween Celebration on Thursday, October 31, 2024 at 12:00 p.m. This festive gathering for seniors invites participants to dress in their scariest and funniest

costumes to be part of the contest. Stop by and enjoy great dance music, treats, refreshments, and an opportunity to connect with others at this spooky monster mash!

### **Monthly Senior Craft**

On Monday, October 7, 2024, Las Palmas Park hosted seniors in the monthly craft activity. Participants transformed clay into a skull shaped work of art, and added a personal touch of creativity by decorating and adorning their sculpture. Each participant enjoyed this opportunity to try something different and got to keep their creation. Look for more craft activities coming up at Las Palmas Park. For more information call (818) 898-7340.

### **Senior Meals**

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a delicious and nutritious hot meal! Folks that are 60+ can qualify for this free program (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals 5 days a week! Please call 818-898-7340 for more information.

### **Platicas de la Vida con Café**

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety and everyday life situations. Classes are held in Spanish on the second and fourth Thursday of the month at 9:00 am. Please contact Las Palmas Park at (818) 898-1290 for more information.

### **Los Angeles Regional Food Bank Distribution**

The Regional Food Bank monthly distribution was held on October 7, 2024 from 9:00am-11:00am and distributed 224 food kits. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of over 200 seniors monthly. The next distribution will be held on Monday, November 4, 2024. For more information on food assistance programs please contact Las Palmas Park at 818-898-7340.

### **Senior Meals**

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Free nutritious hot meals are served Monday through Friday. The program also provides meals five days a week for folks that are homebound, registration and home assessment required. The program is free for senior 60+ with a suggested donation of \$3.

### **Monthly Birthday Celebrations**

Every first Wednesday of the month, staff coordinates a monthly birthday celebration for the seniors. Participants and celebrants enjoy coffee, tea and yummy birthday cake. All this is made possible by the continuous support from Pink Tree Insurance.

### **Monthly Matinee**

Every first Thursday of the month Las Palmas Park is transformed into a matinee featuring family friendly films and treats. The activity is open to the public, showtime is at 12pm.

### **Platicas de la Vida con Café**

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety, and everyday life situations. Classes are held in Spanish at 9am, this month's sessions will be held September 12 and 26.

### **Senior Club News**

- The September Senior Dance was held on Saturday, September 21, 2024 at Las Palmas Park. Seniors dressed in their best embroidered and vibrant attire representing various cultural traditions commemorating Fiestas Patrias. Doors opened at 6pm. Participants danced the night away with a live music performance offered from 7:00 pm to 11:45 pm. Ticket prices were \$15 for members and \$25 for non-members. The next Senior Dance is scheduled on Saturday, October 26, 2024 and will feature a Halloween theme. For more information call Las Palmas Park at (818) 898-7340.
- Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm at Las Palmas Park. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.
- Senior Trips: On September 14, 2024, seniors visited the Ford Theatre and enjoyed the Viva La Tradicion performance paying homage to Mexican cinematic divas of the '40s and '50s with vibrant vocal harmonies and colorful costumes. It was an unforgettable tribute full of rancheras y sones, dancing, and so much more.

Approximately 40 seniors enjoyed a visit to the Chumash Casino on September 22, 2024. Participants enjoyed playing slots, table games, bingo, good food, and some shopping. Pics in E drive

Stop by Las Palmas Park to pick up a trip list or call 818-898-7340 for more information.

### **Ongoing Senior Programs**

The following senior activities are ongoing. For more details, please call Las Palmas Park at 818-898-7340 or visit the City Website at [www.sfcity.org](http://www.sfcity.org).

Music Class  
Clase de Canto  
Bingo  
Arthritis Exercise  
Crafty Ladies  
Manejo Personal de Diabetes  
Walkable Wednesday  
Classes de Ingles  
Adult Coloring  
Senior Zumba  
Chair Yoga

## **SOCIAL SERVICES**

### **San Fernando After School Teen Program**

Calling all teens! Whether you love sports, arts, or just hanging out, there's something for everyone at the San Fernando Rec Park After School Teen Program. This program provides opportunities for homework assistance, Teen's-Only open gym for ages 11-17, videogame action, and much more. Come and unwind, connect and have a great time afterschool Monday through Friday from 3pm to 6pm at San Fernando Recreation Park located at 208 Park Ave. Opening Day: 10/7/24

### **Teens for a Better Community**

Teens for a Better Community is up and running again! The group met on September 25, 2024 at Las Palmas Park. Meetings include discussions regarding details on the program, brainstorming sessions, College Jeopardy, exciting volunteer opportunities and delicious snacks. Later this year, TBC will be moving to its new teen lounge located at Recreation Park! For more information please call Las Palmas Park at (818) 898-7340 or email [jsalas@sfcity.org](mailto:jsalas@sfcity.org)

#### **Next Meeting Date:**

- Date: Wednesday, October 23, 2024
- Time: 6:00 pm to 7:30 pm
- Location: Las Palmas Park – 505 S. Huntington St. San Fernando, CA 91340

## **RECREATION**

### **Leisure & Fitness Classes**



Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visting [www.sfcity.org/sfrecreation](http://www.sfcity.org/sfrecreation).

- **3 Wins Fitness San Fernando**  
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**  
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**  
Mon & Wed | 6:00pm | Recreation Park
- **Folklorico**  
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**  
Saturdays | 9am | Las Palmas Park
- **Senior Music**  
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**  
Thursdays | 9am | Las Palmas Park

### **Ninja Ninja Learns**

Ninja Ninja Learns is moving to Rudy Ortega Sr. Park! The fall session will focus on Kung Fu, the martial art inspired by practitioners observing insects, birds and mammals in the wild. Through play-based target drills, group games, and physical challenges the young participants will learn about animal Kung Fu.

### **Folklorico**

Francisco Javier Verdin, co-director of the acclaimed Ballet Floklorico Ollin, has been teaching folklorico classes for the community at Las Palmas Park for over 20 years. His vast knowledge of dance, love of the cultural arts and performance creates a great class dynamic for all levels of experience. The last 12-week session of the year will run from September 20, 2024 through December 13, 2024. Register today!

### **Lopez Adobe**

On September 28, the Lopez Adobe hosted an OktoberFiesta tour night in honor of Hispanic Heritage Month and Oktoberfest. Visitors enjoyed guided tours of the historical house, themed refreshments like root beer floats, aguas frescas, pretzels, esquite and activities in the garden area.

Join us on October 26, 2024 for a “Fall-O-Ween” themed tour night at the Adobe from 5:30-8:30pm. For more information call Recreation Park at (818) 898-1290.

### **Sports Programs**

#### **Mission City Fall Ball**

Fall Ball will run through November at Las Palmas Park. The league offers the opportunity to learn and grow as an athlete with a taste of competition as well as that to develop lasting friendships through teamwork and comradery. The league is open to youth ages 3-14, register today!

#### **Youth Basketball**

Winter Youth Basketball is open for enrollment. Pre-season trainings are scheduled for November with the season beginning in January. Don't miss out, register today and take advantage of the discounts.

#### **No Limit Basketball Fall Clinic**

No Limit Basketball Clinics offer four weeks of off-season training and conditioning with experienced and seasoned coaches. These sessions are offered for youth ages 6-17 and open to all levels. Join the fun, register today!

#### **BUDGET IMPACT:**

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the FY 2023-2024 budget.

#### **CONCLUSION:**

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.