



CHAIR- VACANT
COMMISSIONER JULIE CUELLAR
COMMISSIONER ERICA FRIEND
COMMISSIONER NATASHA SANCHEZ-BROOKS
COMMISSIONER CHRISTIAN GARCIA

CITY OF SAN FERNANDO

PARKS, WELLNESS, AND RECREATION COMMISSION REGULAR MEETING AGENDA SUMMARY THURSDAY, APRIL 10, 2025 – 6:30 PM

CITY HALL COUNCIL CHAMBERS
117 MACNEIL STREET
SAN FERNANDO, CALIFORNIA 91340

PUBLIC PARTICIPATION OPTIONS

Please visit the City's YouTube channel to live stream and watch previously recorded Parks, Wellness, and Recreation Commission meetings, which is also available with Spanish subtitles at: <https://www.youtube.com/c/CityOfSanFernando>

In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including in-person translation services, or other services please call the Recreation and Community Services Department at (818) 898-7349 or email at LMoreno@sfcity.org at least 2 business days prior to the meeting.

SUBMIT PUBLIC COMMENT IN PERSON:

Members of the public may provide comments in person in the City Council Chambers during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

SUBMIT PUBLIC COMMENT VIA EMAIL:

Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission prior to consideration of the agenda. Comments received via email will be distributed to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

CALL-IN TO PROVIDE PUBLIC COMMENT LIVE AT THE MEETING:

Members of the Public may **call-in between 6:30 p.m. and 6:45 p.m.** Comments will be heard in the order received, and limited to three minutes. If necessary, the call-in period may be extended by the Chair.

Call-in Telephone Number: (669) 900-6833
Meeting ID: 986 1620 1615
Passcode: 988843

When connecting to the Zoom meeting to speak, you will be placed in a virtual "waiting area," with your audio disabled, until it is your turn to speak and limited to three minutes.

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CALL TO ORDER

ROLL CALL

TELECONFERENCE REQUESTS/DISCLOSURE

Recommend consideration of requests received for remote teleconference meeting participation made by members of the City’s legislative bodies, as permitted under the provisions of Assembly Bill (AB) 2449, Government Code Section 54953, and the City of San Fernando adopted Resolution No. 8215, effective March 1, 2023.

PLEDGE OF ALLEGIANCE

APPROVAL OF AGENDA

Recommend that the Parks, Wellness, and Recreation Commission approve the agenda as presented.

PRESENTATIONS

A. EAGLE SCOUT PROJECT- ERNESTO PRADO

B. PRESENTATION OF FISCAL YEAR 2025-2026 BUDGET CALENDAR- ERICA D. MELTON, DIRECTOR OF ADMINISTRATIVE SERVICE

DECORUM AND ORDER

City Commissioners are appointed by City Council and must be free to discuss issues confronting the city in an orderly environment. Members of the public attending City Commission meetings shall observe the same rules of order and decorum applicable to the City Council ([SF Procedural Manual](#)). Any person making impertinent derogatory or slanderous remarks or who becomes boisterous while addressing a City Commission or while attending a City Commission meeting, may be removed from the room if the Presiding Officer so directs the Sergeant-At-Arms and such person may be barred from further audience before the City Commission.

PUBLIC STATEMENTS – WRITTEN/ORAL

Members of the public may [provide comments in person in the City Council Chambers](#) during the Public Comments section of the Agenda by submitting a comment card to the Board Secretary.

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Members of the public may submit comments by email to LMoreno@sfcity.org no later than **12:00 p.m. the day of the meeting**, to ensure distribution to the Parks, Wellness, and Recreation Commission and made part of the official public record of the meeting.

Members of the public may provide a **live public comment by calling in between 6:30 p.m. and 6:45 p.m. CALL- IN INFORMATION: Telephone Number: Telephone Number: (669) 900-6833, Meeting ID: 986 1620 1615; Passcode: 988843**

CONSENT CALENDAR

Items on the Consent Calendar are considered routine and may be disposed of by a single motion to adopt staff recommendation. If the Parks, Wellness, and Recreation Commission wishes to discuss any item, it should first be removed from the Consent Calendar.

1) CONSIDERATION TO APPROVE PARKS, WELLNESS, AND RECREATION COMMISSION MEETING MINUTES FOR:

- a. March 13, 2025

ADMINISTRATIVE REPORTS

2) SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY

Recommend that the Parks, Wellness, and Recreation Commission receive and file this Informational report by SFPD, updating on activity and crime in the parks.

3) REORGANIZATION OF THE COMMISSION – SELECTION OF CHAIR AND VICE CHAIR

Recommend that the Parks, Wellness and Recreation Commission proceed with a reorganization of the Commission and the selection of its Chair and Vice Chair.

4) DEPARTMENT PROGRAMS AND SERVICES UPDATE

Recommend that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff direction as appropriate.

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STAFF COMMUNICATION

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

Commissioner(s) may request to agendize an item for discussion at a future meeting, subject to approval by the Commission. Requests should align with the commission's scope of responsibility, adhere to City Council policies, and consider the availability of staff resources and budget constraints.

ADJOURNMENT The meeting will adjourn to its next regular meeting.

AFFIDAVIT OF POSTING

I hereby certify under penalty of perjury under the laws of the State of California that the foregoing agenda was posted on the City Hall bulletin board not less than 72 hours prior to the meeting.

Dated: _____ at: _____

Signed By: _____

Agendas and complete Agenda Packets (including staff reports and exhibits related to each item) are posted on the City's Internet Web site (www.sfcity.org). These are also available for public reviewing prior to a meeting at the Recreation and Community Services Department Public Counter. Any public writings distributed by the Parks, Wellness, and Recreation Commission to at least a majority of the Commissioners regarding any item on this regular meeting agenda will also be made available at the Recreation and Community Services Department Public Counter located at 208 Park Avenue, San Fernando, CA, 91340 during normal business hours. In addition, the City may also post such documents on the City's Web Site at www.sfcity.org. In accordance with the Americans with Disabilities Act of 1990, if you require a disability-related modification/accommodation to attend or participate in this meeting, including auxiliary aids or services please call the Recreation and Community Services Department Office at (818) 898-7349 or LMoreno@sfcity.org at least 48 hours prior to the meeting.



CITY OF SAN FERNANDO
PARKS, WELLNESS AND RECREATION COMMISSION

REGULAR MEETING MINUTES
MARCH 13, 2025
ZOOM MEETING STREAMED ON YOUTUBE

THE FOLLOWING MINUTES ARE A SUMMARY OF ACTIONS TAKEN BY THE PARKS, WELLNESS AND RECREATION COMMISSION. VIDEO AND AUDIO OF THE ACTUAL MEETING ARE AVAILABLE FOR LISTENING AT: <https://www.youtube.com/c/CityOfSanFernando>

CALL TO ORDER/ROLL CALL

Commissioner Cuellar called the meeting to order at 6:30p.m. Administrative Assistant, Linda Bowden-Moreno, conducted the roll call.

The following persons were recorded as present:

PRESENT:

Commissioners Julie Cuellar, Natasha Sanchez-Brooks, Fredy Ortega and Christian Garcia.

ABSENT:

Erica Friend

ALSO PRESENT:

Recreation and Community Services Director Julio Salcedo, Recreation Supervisor Maribel Perez, SFPD Commander Chiasson, Public Works Director Wendell Johnson, Administrative Assistant Linda Bowden-Moreno and Office Clerk Soledad Chavez.

PLEDGE OF ALLEGIANCE

Commissioner N. Sanchez-Brooks led in the Pledge of Allegiance.

APPROVAL OF AGENDA

Commissioner N. Sanchez-Brooks motioned to approve the agenda for the March 13, 2025 Parks, Wellness and Recreation Commission Regular Meeting. Commissioner F. Ortega seconded the motion. The motion passed unanimously with the following roll call vote:

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AYES: J. Cuellar, N. Sanchez-Brooks, F. Ortega, C. Garcia

NOES:

ABSENT: E. Friend

ABSTAIN:

INTRODUCTION OF INCOMING COMMISSIONERS

Commissioner J. Cuellar welcomed and introduced new commissioners: Christian Garcia and Fredy Ortega.

PUBLIC STATEMENTS – WRITTEN/ORAL

Community members Adan Garcia, Everto Ruiz, Manny Granillo, Richard Villa, Richard Nemigh, Jim Ortega, Aida Valdivia and Ruben Rodriguez gathered to support of agenda item number 3, which requests an honorary plaque to recognize former directors Jess Margarito and Julian Leon.

PRESENTATIONS

None.

CONSENT CALENDAR

1. APPROVAL OF MINUTES

Commissioner C. Garcia motioned to approve the Consent Calendar approving the Minutes of the November 14, 2024 Parks, Wellness and Recreation Commission Meeting. Commissioner N. Sanchez-Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: J. Cuellar, N. Sanchez-Brooks, F. Ortega, C. Garcia

NOES:

ABSENT: E. Friend

ABSTAIN:

ADMINISTRATIVE REPORTS

PARKS, WELLNESS AND RECREATION COMMISSION

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2. SAN FERNANDO POLICE DEPARTMENT UPDATE ON PARK ACTIVITY – SFPD Commander Chiasson presented a quarterly Park Crimes Report detailing citations, crime, parking and traffic citations, and arrests for the months of October, November and December. At this time, he opened the floor for questions.

3. RECOGNITION PLAQUE FOR FORMER PARK DIRECTORS: JESS MARGARITO, JULIAN LEON – J. Salcedo recommended that the Parks, Wellness, and Recreation Commission support the donation and placement of a plaque in recognition of the contributions made by former Park Directors: Jess Margarito and Julian Leon, brought forth by a local group of former and current residents. The commission is also asked to recommend that City Council authorize the placement of the plaque in the Las Palmas Park lobby. Lastly, the commission is asked to consider the plaque layout and recommend edits on verbiage and image that align with the City’s values and standards, and to authorize residents to host an unveiling ceremony event tentatively scheduled for late May or early June of 2025. J. Salcedo also discussed the potential budget impact on the City, which would be minimal as the plaque and unveiling event costs would be covered by the group of residents. Staff time is determined to be at an estimated cost of \$217.00 for the installation of the plaque. At this time, he opened the floor for any questions.

Commissioner J. Cuellar motioned to approve non-substantial edits and move forward to City Council in support of this item. Commissioner N. Brooks seconded the motion. The motion passed unanimously with the following roll call vote:

AYES: J. Cuellar, N. Sanchez-Brooks, F. Ortega, C. Garcia

NOES:

ABSENT: E. Friend

ABSTAIN:

4. SAN FERNANDO FAMILY CENTER AT PUIG’S HOUSE – J. Salcedo announced a future agreement with a local university to offer parenting classes as well as physical and motor skills activities for families with children aged 0 to 5 years. A proposed MOU will be presented at the next City Council meeting. At this time, he opened the floor for any questions.

5. RUDY ORTEGA SR. PARK MAINTENANCE SCHEDULE REPORT – W. Johnson presented an update on maintenance of all City facilities discussing the achievements and challenges related to vandalism. At this time, he opened the floor for any questions.

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6. DEPARTMENT PROGRAMS AND SERVICES – Staff provided a Power Point presentation on the emergency response to wildfires and high wind events, senior craft workshops and activities, Veteran Recognition Program, CSUN VITA free tax preparation program, L.A. Food Bank distribution, youth sports and programs, Pioneer Park Grand Reopening, San Fernando Mile Run and Walk and the upcoming Spring Jamboree event.

STAFF COMMUNICATION

M. Perez announced the opening of Recreation Leader II positions, the tour dates and hours for the Lopez Adobe house, a new free Electro dance workshop and a special presentation at the next month's meeting where a Boy Scout will share ideas for building a new library in one of the City's parks.

J. Salcedo shared information about the upcoming Parent Academy at San Fernando Middle School, which will focus on resources to help parents address various issues on child safety and well-being. He also thanked all Recreation staff.

COMMISSIONER UPDATES/REQUESTS TO AGENDIZE ITEM FOR DISCUSSION AT A FUTURE MEETING

None.

ADJOURNMENT

Commissioner J. Cuellar adjourned the Parks, Wellness and Recreation Commission meeting at 8:10 p.m.

To: Commission Members

From: Julio Salcedo, Director of Recreation and Community Services
By: Maribel Perez, Recreation & Community Services Supervisor
CJ Chiasson, SFPD Commander
Sylvia Ortega, Police Records Administrator

Date: April 10, 2025

Subject: San Fernando Police Department Update on Park Activity

RECOMMENDATION:

It is recommended that the Parks, Wellness and Recreation Commission:

- a. Receive and file an update from SFPD on activity and crime in the parks; and
- b. Provide staff direction as appropriate.

BACKGROUND:

1. On February 8, 2024 the Parks, Wellness and Recreation Commission requested to receive quarterly updates from SFPD reporting on activity and crime in the parks.

ANALYSIS:

The recreational value of parks is integral to the well-being of the community and its residents, offering spaces for leisure, exercise, and social interaction. However, amid the serene environment of these public areas, parks also become focal points for various activities, both constructive and detrimental. As guardians of public safety, the City of San Fernando Police Department has diligently monitored and analyzed the trends in park activity and crime to ensure the continued enjoyment and safety of all park-goers.

The quarterly report aims to provide an overview of the recent activity and crime trends observed within the parks under the department's jurisdiction, which are the following:

- Recreation Park, 208 Park Ave.
- Layne Park, 120 N. Huntington St.

San Fernando Police Department Update on Park Activity

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- Las Palmas Park, 505 S. Huntington St.
- Pioneer Park, 828 Harding Ave.
- Rudy Ortega Senior Park, 2025 Fourth St.
- Cindy Montañez Natural Park, 801 Eight St.

The quarterly report will include a San Fernando City Parks Crime Trends table (Attachment “A”) illustrating information regarding police reports, moving citations, parking citations, traffic collisions and Community Resource Management (CRM’s) that occurred in and around the parks. The report will also provide a map view of the City with color-coded citations (Attachment “B”) to provide an overview of the information reported on the table.

In addition to providing the data, a representative from the Police Department will attend the PWRC meetings on a quarterly basis to present the report and answer any questions from the commission.

Schedule of Quarterly Reports

Commission Meeting	SFPD Update Quarterly Report
January	October - December
April	January - March
July	April – June
October	July - Sept

BUDGET IMPACT:

There is no budget impact to receive and file the San Fernando Police Department Update on Park Activity.

CONCLUSION:

It is recommended that the Parks, Wellness and Recreation Commission receive and file the update report and provide staff with direction as appropriate.

ATTACHMENTS:

- A. Park Crime Trends Report
- B. Park Crime Map

San Fernando City Parks Crime Trends		January 2025	February 2025	March 2025	Total
Recreation Park	Reports	0	0	1	1
	Citations	0	0	0	0
	Parking Citations	2	1	6	9
	Traffic Collisions				
	CRMs	63	47	64	174
Layne Park	Reports	0	0	0	0
	Citations	0	0	0	0
	Parking Citations	0	0	0	0
	Traffic Collisions				
	CRMs	11	8	7	26
Las Palmas Park	Reports	1	0	0	10
	Citations	0	0	0	0
	Parking Citations	1	0	4	5
	Traffic Collisions				
	CRMs	54	37	51	142
Pioneer Park	Reports	0	0	0	0
	Citations	0	0	0	0
	Parking Citations	4	1	0	1
	Traffic Collisions				
	CRMs	21	18	20	59
Ortega Park	Reports	0	0	0	0
	Citations	0	1	0	1
	Parking Citations	0	0	0	0
	Traffic Collisions				
	CRMs	15	18	28	61
Cindy Montanez Natural Park	Reports	0	0	0	0
	Citations	0	0	0	0
	Parking Citations	0	0	0	0
	Traffic Collisions				
	CRMs	6	6	0	12

CRM: Community Resource Management

Recreation Park

Reports: **Jan:** ---

Feb: ---

Mar: ---

Citations: **Jan:** ---

Feb: ---

Mar: ---

Parking Citations: **Jan:** (2) Handicap Violation

Feb: (1) Handicap Violation

Mar: (3) Sweeper Violation, (2) Expired Registration, (1) Parked in Employee
Designated Space

Traffic Collisions: **Jan:** ---

Feb: ---

Mar: ---

Layne Park

Reports: **Jan:** ---

Feb: ---

Mar: ---

Citations: **Jan:** ---

Feb: ---

Mar: ---

Parking Citations: **Jan:** ---

Feb: ---

Mar: ---

Traffic Collisions: **Jan:** ---

Feb: ---

Mar: ---

Las Palmas Park

Reports: Jan: (1) Possession of Unlawful Paraphernalia

Feb: ---

Mar: ---

Citations: Jan: ---

Feb: ---

Mar: ---

Parking Citations: Jan: (1) No Parking When Posted

Feb: ---

Mar: (4) Expired Registration

Traffic Collisions: Jan: ---

Feb: ---

Mar: ---

Pioneer Park

Reports: Jan: ---

Feb: ---

Mar: ---

Citations: Jan: ---

Feb: ---

Mar: ---

Parking Citations: Jan: (4) Private Property

Feb: (1) Private Property

Mar: ---

Traffic Collisions: Jan: ---

Feb: ---

Mar: ---

Ortega Park

Reports: Jan: ---

Feb: ---

Mar: ---

Citations: Jan: ---

Feb: (1) Unlawful Use Of Women's Restroom By a Male

Mar: ---

Parking Citations: Jan: ---

Feb: ---

Mar: ---

Traffic Collisions: Jan: ---

Feb: ---

Mar: ---

Cindy Montanez Natural Park

Reports: Jan: ---

Feb: ---

Mar: ---

Citations: Jan: ---

Feb: ---

Mar: ---

Parking Citations: Jan: ---

Feb: ---

Mar: ---

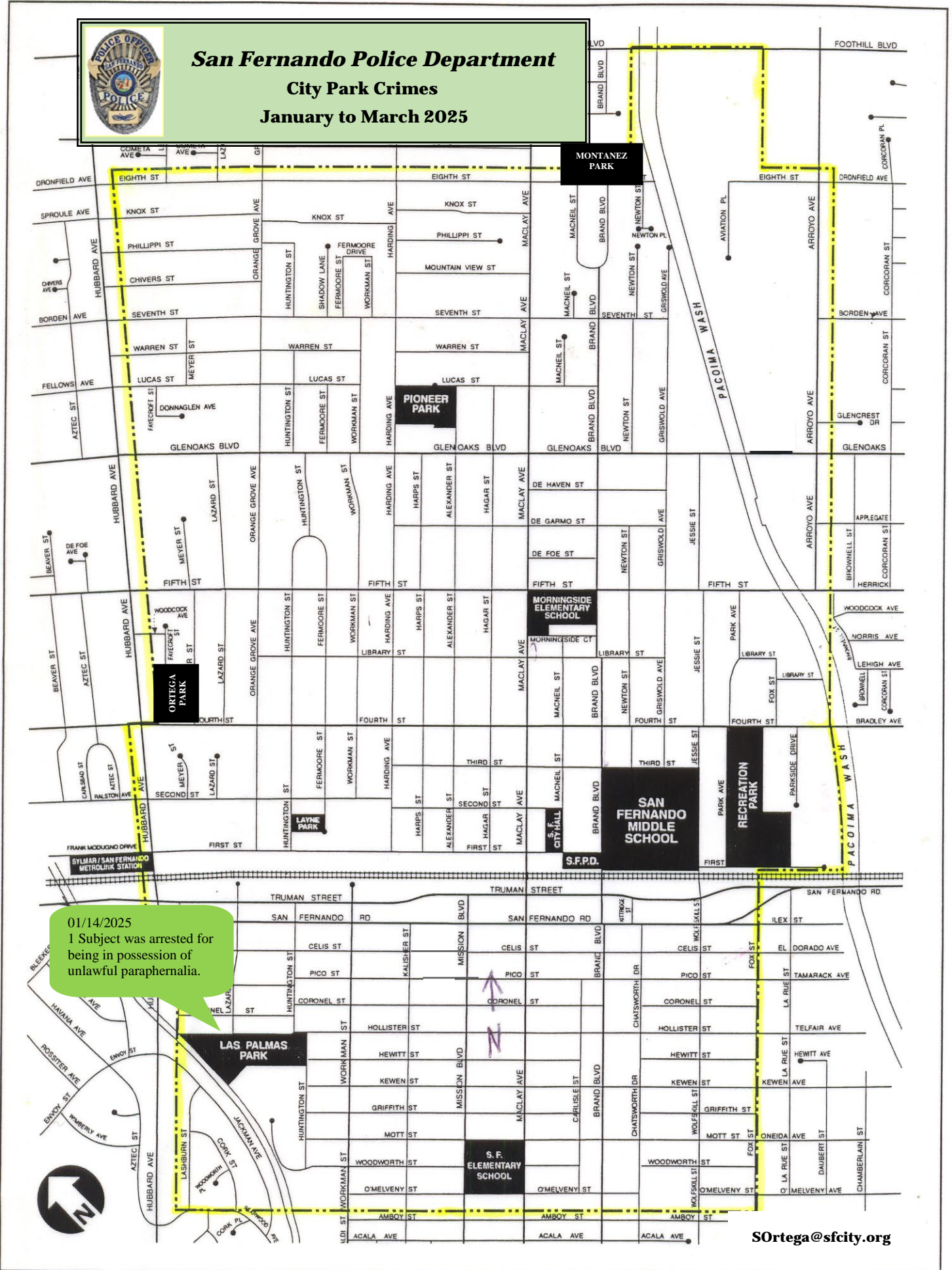
Traffic Collisions: Jan: ---

Feb: ---

Mar: ---



San Fernando Police Department City Park Crimes January to March 2025



01/14/2025
1 Subject was arrested for
being in possession of
unlawful paraphernalia.



MEMORANDUM

To: Commissioners

From: Julio Salcedo, Director of Recreation and Community Services
Linda Bowden-Moreno, Administrative Assistant

Date: April 10, 2025

Subject: Reorganization of the Commission- Selection of Chair and Vice Chair

RECOMMENDATION

It is recommended that the Parks, Wellness and Recreation (PWR) Commission conduct the annual reorganization and make a selection of a new Chair and Vice Chair.

BACKGROUND/ANALYSIS

The annual reorganization of the Commission is an opportunity to select a new Chair and Vice Chair in order to refresh leadership, promote fairness, share responsibilities, and maintain accountability.

Any Commissioner may nominate themselves, or another Commissioner, for the position of Chair or Vice Chair. The nomination must be seconded by another Commissioner. A roll call vote will be conducted and a new Chair and Vice Chair will be elected by a majority of votes.

BUDGET IMPACT

There is no impact to the budget by discussing this item.

To: Commission Members

From: Julio Salcedo, Recreation and Community Services Director
By: Maribel Perez, Recreation and Community Services Supervisor
Linda Bowden-Moreno, RCS Administrative Assistant

Date: April 10, 2025

Subject: Department Programming, Services, Activity, and Business Updates

RECOMMENDATION:

It is recommended that the Parks, Wellness, and Recreation Commission:

- a. Receive and file a report updating the programs, services, activities, and business conducted by the Recreation and Community Services Department; and
- b. Provide staff guidance or recommendations, as appropriate.

BACKGROUND:

1. The mission of the Recreation and Community Services (RCS) Department is to develop and implement enriching community, cultural, and recreational opportunities that foster the overall well-being and personal development of our community.
2. The RCS Department conducts a wide array of programs, services, activities, and business throughout the year. Staff provides a monthly update on items discussed at the Parks, Wellness, and Recreation Commission (PWRC) meetings and welcomes any guidance or recommendations regarding the items presented.

DEPARTMENT UPDATES:

Programs and Services

The RCS Department provides a variety of programming and services for the San Fernando community. All Los Angeles County Department of Public Health protocols and Best Practices guidelines for operating recreational facilities are strictly adhered to. Safety is the top priority for RCS staff when conducting activities for the community. All program participants and park

visitors are made aware of safety guidelines being implemented to ensure patrons feel safe while participating in the Department's programs.

Save the Date!

Shake off the cold weather and welcome the sun at the **Spring Jamboree!** Mark your calendar and join in for a day of fun for the entire family on Saturday, April 19, 2025. Hop on over and enjoy a delightful family tradition packed with festive fun including Games, Prizes, Food, an Easter Egg Hunt at 10:45 a.m. sharp, and a visit from the Easter Bunny!

NEW THIS YEAR! Adult Easter Egg Scramble!

Don't miss out on this egg-citing opportunity to have fun and for a chance to win a special prize! This scramble is a time challenge in which the contestant needs to go onto the field to obtain an egg that contains a puzzle. The fastest person to complete the puzzle correctly will be the winner!

Veteran Recognition Program

The City of San Fernando's Veteran Recognition Program proudly includes the Veteran Banner Program, which honors local veterans by displaying 48 banners throughout Maclay Avenue and Truman Street. These banners showcase the service and dedication of veterans in the community and are displayed from May through mid-November. Applications are now being accepted for the program through mid-April. This program is a testament to the City's deep appreciation and respect for the many sacrifices made by local veterans and their families. For more information on this program, please call Las Palmas Park at (818) 898-7340 or email Juan Salas at JSalas@sfcity.org.

Honor your High School or University Graduate

Honor your 2025 graduating senior with a commemorative banner that will be displayed throughout the City of San Fernando. Applications are available now through May 2, 2025 on the City website at www.sfcity.org or at Las Palmas Park. For more details call (818) 898-7340.

CSUN VITA Clinic is ready for the 2025 Tax Season!

Under the supervision of experienced tax practitioners, trained and certified CSUN students provide free tax preparation services (federal and state) to eligible low-income taxpayers. This **Free Income Tax Preparation Program** is offered at Las Palmas Park from January through April of 2025. Professionally trained volunteers can prepare and electronically file your federal and state income tax returns. Appointments are available at Las Palmas Park on Friday afternoons and Saturday morning. For appointments email vita@csun.edu or call (818) 677-3600.

SENIOR SERVICES

Save the Date! Mother's Day Celebration

Stop by Las Palmas Park on Friday, May 9 to celebrate and honor moms at the Mother's Day Tea Garden event. Participants will enjoy an afternoon of delicious tea, finger foods and a craft

activity to create a lovely keepsake. Ladies ages 50 and over are welcome to register and take part in this annual celebration. Be sure to dress in your Sunday best! For more information please call Las Palmas Park at (818) 898-7340.

Senior Meals

In partnership with ONEgeneration, Las Palmas Park continues to host the Elderly Nutrition Program (ENP) for seniors. Stop by and register with the ONEgeneration team, Rene and Hayle, and enjoy a delicious and nutritious hot meal! Folks that are 60+ can qualify for this free program (suggested donation is \$3) Mondays through Fridays. If you know of anyone that is 60+ and is homebound, ONEgeneration can deliver hot meals 5 days a week! For more information please call (818) 898-7340.

Platicas de la Vida con Café

In partnership with the Department of Mental Health, Las Palmas Park is hosting workshops to discuss and offer assistance to those dealing with emotional trauma, anxiety and everyday life situations. Classes are held in Spanish on the second and fourth Thursday of the month at 9:00 am. Please contact Las Palmas Park at (818) 898-1290 for more information.

Los Angeles Regional Food Bank Distribution

The Regional Food Bank monthly distribution was held on Monday, April 7, 2025 from 9:00am-11:00am and distributed approximately 230 food kits. This program continues to serve seniors age 60+ on a monthly basis at Las Palmas Park. This drive-through food program provides a free food kit containing nutritious items such as meats, canned fruits and vegetables, cereals and grains. The program serves an average of over 200 seniors monthly. The next distribution will be held on Monday, May 5, 2025. For more information on food assistance programs please contact Las Palmas Park at (818) 898-7340.

Painting at the Park

This step-by-step art class teaches seniors self-expression through art in creating their very own masterpiece. This class offers the tools to learn techniques and discover creativity in painting. Supplies and instruction are provided. Classes are offered monthly at Las Palmas Park.

Alzheimer's Los Angeles

Monthly classes are offered in Spanish at Las Palmas Park to address important issues related to memory loss, brain health, dementia, cognitive decline and much more. Classes are scheduled on the first Thursday of the month at 9:30 am. Light refreshments are provided. Please contact Las Palmas Park at (818) 898-7340 for more information.

Intro to Computers

The *Intro to Computers* class is geared for seniors to learn basic computer skills and important tips on navigating the internet securely, including how to identify safe websites and avoid common online threats. Additionally, participants will practice typing and become familiar with

keyboard functions to improve their technology skills. Classes are offered at Las Palmas Park. For more information please call (818) 898-7340.

Senior Club News

Older Americans Recognition Day

The Los Angeles County Commission for Older Adults (LACCOA) and the Department of Aging & Disabilities (AD) will host the 60th Annual Older Americans Recognition Day (OARD) Event tentatively on May 22, 2025.

This year's event theme is "*Flip the Script on Aging*", which focuses on transforming how society perceives, talks about, and approaches aging. Las Palmas Park has nominated Jose Garcia, a long time Senior Club member, to be recognized for his many years of service which includes serving on the board, being a trip coordinator, and many years of volunteering to decorate and purchase supplies for the monthly senior dances.

Staff and club members truly appreciate the dedication and the unwavering support that Jose Garcia has provided over his many years as a Club member and Las Palmas Park participant. He is very deserving of being this year's nominee for this special recognition.

The Monthly Senior Dance was held on Saturday, March 15, 2025 at Las Palmas Park. Participants enjoyed live music and dancing in celebration of St. Patrick's Day. Doors opened at 7:00 pm. Ticket prices were \$15 for members and \$25 for non-members. The next Senior Dance is scheduled on Saturday, April 26, 2025 and the theme will be spring. For more information call Las Palmas Park at (818) 898-7340.

Senior Club Monthly Meetings occur on the first Sunday of each month at 1:00 pm at Las Palmas Park. Seniors interested in becoming active and involved in the Senior Club may attend meetings or call 818-898-7340 for more details.

Ongoing Senior Programs

The following senior activities are ongoing. For more details on programs and activities, please call Las Palmas Park at 818-898-7340 or visit the City Website at www.sfcity.org.

Music Class

Clase de Canto

Bingo

Arthritis Exercise

Crafty Ladies

Manejo Personal de Diabetes

Walkable Wednesday

Classes de Ingles
Adult Coloring
Senior Zumba
Chair Yoga

SOCIAL SERVICES

San Fernando After School Teen Program

The After School Teen Program is going strong! The program offers early open gym for teens only, a game room with Playstation 5, foosball, a ping pong table, board games, as well as homework assistance and school supplies. The program operates Monday through Friday, from 3 pm to 6 pm at San Fernando Recreation Park located at 208 Park Ave. For more information, please call (818) 898-1290.

Teens for a Better Community

Teens for a Better Community (TBC) continues to meet and hold discussions on programs, brainstorming sessions, and volunteer opportunities. Snacks and refreshments are provided. Meetings are scheduled twice per month and are now held in the new teen lounge at Recreation Park. For more information please call (818) 898-7340. For more information please call (818) 898-7340 or email jsalas@sfcity.org.

RECREATION

Leisure & Fitness Classes

Classes are currently in session and available for registration in-person by visiting one of the park offices or online by visting www.sfcity.org/sfrecreation.

- **3 Wins Fitness San Fernando**
Mon, Wed & Fri | 8:15am | Recreation Park
- **Total Body Conditioning**
Mon-Thur | 7:00pm | Recreation Park
- **Inclusive Zumba**
Mon & Wed | 6:00pm | Recreation Park
- **Folklorico**
Wed & Fri | 7pm | Las Palmas Park
- **Shotokan Karate**
Saturdays | 9am | Las Palmas Park
- **Senior Music**
Tuesdays | 9am | Las Palmas Park
- **Clase de Canto**
Thursdays | 9am | Las Palmas Park

Adult Basketball

Come experience the excitement of Adult Basketball at Recreation Park, where passion for the game meets friendly competition. Spring registrations are now closed and the teams are anxious to get on the court. Join the fun on Wednesday nights at Recreation Park, starting April 9th, tip off at 6pm.

Open Gym Pickleball

Pickleball is back at Recreation Park on Tuesday nights at 6pm!. Come learn and make new friends through this growing sport, all equipment is provided at the park. Las Palmas Pickleball meets on Mondays at 10am and Fridays at 10:30am. Tuesday nights, 6-9pm.

Mission City Baseball Spring Season

It's time for MISSION CITY BASEBALL! Opening day for Spring 2025 was held on Saturday, March 8, 2025. The league is open to youth ages 3-14, and is a great program for both beginners and advanced players. For more information call (818) 898-1290.

Tiny Tykes Sports Clinics- Basketball

Tiny Tykes Sports Clinics are a perfect way to introduce the little athletes in the community to sports. The spring season will start with Basketball. Participants, ages 2-6, learning the fundamentals of the sport through guided activities and play. Clinics take place Saturday mornings at Recreation Park beginning in April.

No Limit Basketball Clinics

Whether youth want to hone in their skills, or get better at the game, the No Limit Basketball Clinics offers off-season training to keep our basketball engaged and focused on the sport. These clinics are offered to youth ages 7-17 at Recreation Park on Mondays starting in April.

Registrations are now open for the summer season of Youth Basketball. Sign up early to take advantage of the early bird discount and free pre-season training!

Tennis is BACK!

Get ready to swing into action with Johnny Allen Tennis this spring! Whether your child is picking up a racket for the first time or looking to sharpen their skills, these fun and engaging lessons are perfect for all levels.

Electro Dance **New Class Alert**

Discover the electrifying world of Electro Dance, a high-energy street dance style that blends a medley of influences like industrial dance, hip-hop, popping, locking, disco, voguing, and whacking. Characterized by its frenetic arm movements, freehand flow, and geometric precision, this style also incorporates shuffling footwork and hip-hop-inspired toprock for a

unique, dynamic expression. Paired with pulsating electro house and hardstyle beats, the dance captivates audiences with its original yet rhythmic vibe.

ArmTalx will provide free workshops at Recreation Park from March through June. Stop by and explore this exhilarating dance form, connect with its vibrant history, and learn to express yourself through its signature moves! Open to individuals 14 years and older, no prior experience necessary.

Volunteer Coaches Needed for Youth Sports

The Recreation and Community Service Department is always on the lookout for volunteer coaches for the sports programs. For the safety of participants and volunteers, interested individuals must undergo a background check (cost covered by the City) and complete online sport-specific trainings prior to being assigned. Volunteers also receive registration discounts which are effective once all requirements are met. For more information on how to become a volunteer call (818) 898-1290.

Lopez Adobe Tours

Tours of the Lopez Adobe have resumed. For private or special tour requests, please call the Recreation and Community Services Department office at (818) 898-1290.

BUDGET IMPACT:

The programs, services, activity, and business updates in this report are part of the Department's work plan and funds have been allocated for such work in the current fiscal year budget.

CONCLUSION:

It is recommended that the Parks, Wellness, and Recreation Commission receive and file the Department Update Report and provide any guidance or recommendations as appropriate.