



THE CITY OF

SAN FERNANDO

JULY 2025

SEPTEMBER 2025

RECREATION AND COMMUNITY SERVICES PROGRAM & SERVICE GUIDE



TABLE OF CONTENTS

4-5	<u>Special Events</u>
6-7	<u>Leisure Classses</u>
8-9	<u>Youth Sports</u>
10-11	<u>Youth Programs</u>
12	<u>Cultural Arts</u>
13	<u>Adult Sports</u>
14	<u>Senior Crafts and Socials</u>
15	<u>Senior Clubs</u>
16-17	<u>Senior Wellness Programs</u>
18	<u>Workshops</u>
19	<u>Technology Program</u>
20	<u>Special Interest</u>
21	<u>Parks and Facilities</u>
22	<u>Recreational and Community Services Directory</u>

MISSION STATEMENT

Our mission is to develop and implement programs and activities that provide for the well-being and personal development of the City's residents. Our staff is dedicated to creating those experiences that provide for good citizenship, sense of community and better quality of life.

Department Offices

Recreation Park

208 Park Ave.

818-898-1290

Mon. - Fri. 9:00AM-5:00PM

Las Palmas Park

505 S. Huntington St.

818-898-7340

Mon. - Fri. 9:00AM-5:00PM

Contact Us

Recreation@sfcity.org

Visit SFCITY.org/SFRecreation

to download this current issue to your phone

Get Involved with the City of San Fernando Recreation and Community Services! We invite you to take part in the wide range of recreational programs and services offered by the City of San Fernando Recreation and Community Services Department! Whether you're looking to stay active, learn something new, or connect with your community, we have something for everyone — from youth sports and senior activities to cultural events and wellness programs. Come join us and experience the joy of recreation, community, and connection!

SPECIAL EVENTS



Independence Day Festival

Celebrate Independence Day with a full day of fun, food, and a drone show at our annual Independence Day Festival!

Featuring Live
Performance from:

July 4, 2025
6:00PM - 10:00PM

Watermelon
Eating Contest!
@ 6:30PM



San Fernando Recreation Park, 208 Park Ave.

SUMMER CONCERTS

Join us for our Summer Concert Series, a family-friendly evening filled with live music, food vendors, and fun for all ages. Admission is free—don't miss out on this perfect summer night!

August 16, 2025 | New Beginnings Band | San Fernando Recreation Park

August 23, 2025 | Selena Tribute Band | San Fernando Recreation Park

August 30, 2025 | Susie Hansen Latin Band | Casa de Lopez Adobe

Movies at the Park



July 18

Recreation Park



July 25

Pioneer Park



August 1

Recreation Park

Pre-Movie Activity starts at 7:30PM

Movies start at dusk

(between 8:00-8:15PM)

Bring your lawn chair or blanket

818.898.1290 | WWW.SFCITY.ORG/SFRECREATION

LEISURE CLASSES



Music Class

Learn to play an instrument, singing techniques and participate in community presentations.

Ages: 18+

Monthly: \$25

Tuesdays at 9:00AM

Las Palmas Park



Academic Drawing

This class will focus on perspective, shapes, composition and rendering techniques. Each lesson is a stepping stone for the next one. Classes are two hours with a break in between to allow the creativity to flow.

Ages: 8-12

7-week session:\$90

4:00PM-6:00PM

Las Palmas Park



Line Dancing

Explore different styles of Line Dance with a variety of music including country, pop, rock & roll, latin and big band.

Ages: 18+

8-week session:\$25 Wednesdays at 10:00AM

Las Palmas Park

Clase De Canto

Descubra el instrumento de la voz. El estudiante aprenderá vocalización, dicción, cuadratura y afinación para lograr expresar un canto con sentimiento y proyectar una emoción efectiva a su público. (Instrucción en Español)

Edades: 18+

Mensual: \$35

Jueves 9:00AM Parque de Las Palmas

3 Wins San Fernando

A nationally recognized community exercise program focused on promoting healthy and active lifestyles.

Ages: 18+

Monday/Wednesday/Friday 8:15AM

Recreation Park

3 Wins Youth Summer Program

Monday/Wednesday/Friday 8:15AM

Ages 4-14



Inclusive Zumba

High energy, calorie burning dance party modified for individuals with limited mobility or special needs. A parent, guardian or caretaker must accompany the registered participant.

Ages: 14+

Monthly: \$25

Monday and Wednesday at 6:00PM

Recreation Park



Total Body Conditioning

Moderate-to-high intensity full body workout designed for all fitness levels. Develop strength, balance and endurance through cardio and resistance training while increasing cardiovascular agility, burning calories and sculpting your body.

Ages: 18+

Monthly: \$60

Monday - Thursday at 7:00PM

Recreation Park



YOUTH SPORTS

Youth Basketball Summer League

Ages: 7-17

June- August 2025 (In Season)

Saturdays 9:00AM-5:00PM

Recreation Park

Mission City Summer Baseball Clinic

Ages: 3-14

July- August 2025

\$65 City Resident

\$70 Non Resident

Tuesdays & Thursdays 6:00PM - 7:30PM

Las Palmas Park

Mission City Fall Ball

Ages: 3-14

Sept-Nov. 2025

\$110 -\$150 City Resident

\$120-\$160 Non Resident

\$900 Advance Team Registration

Tuesdays & Thursdays 6:00PM - 7:30PM

Las Palmas Park

\$20 off before 8/22 (not applicable to advance team registrations)

Johnny Allen Tennis

Participants will learn the basics of Tennis like hand eye coordination and balance before moving into technique, placement, movement and advancing into competitive skills.

Ages: 3-17

July-September

Saturdays: 8:15AM - 12:00PM

\$50 - \$65

Pioneer Park



Tiny Tykes Basketball

Participants will learn the fundamental skills of basketball in a fun and supportive environment.

Ages: 3-6

Residents: \$35

Non-City Residents: \$45

August-September

Recreation Park

YOUTH SPORTS

Ninja Ninja Learns

Introducing students to fundamental martial arts elements in a non-contact and non-competitive environment. Participants receive a headband at the end of the session, upon completion of program.

Ages: 2-12 Years old

August-September

Registration: \$90

Saturdays at 9:00AM



Shotokan Karate

Class will teach the traditional form of martial arts known as Shotokan Karate. Focus will be on the basic techniques of punching, striking, kicking, blocking and partner drills. the class will emphasize calisthenics, stretching and overall respect towards others.

Ages: 5-16

Saturdays: 9AM

Las Palmas Park

Monthly \$45



All classes and programs listed in this guide are subject to change based on enrollment. Programs with low registration may be modified or removed.

Keep your favorite activities running by registering now!

YOUTH PROGRAMS

Teens for a Better Community

Teens for a Better Community (TBC) is a youth leadership program that empowers high school students to take part in community service projects, summer/winter camps, and city-wide events.

For more information: (818) 898-1290
jsalas@sfcity.org



Tutcint

Tutcint Youth Empowerment is now enrolling for our next six-month program. We aim to raise Academic Achievement, promote Cultural and Community engagement.

Online Tutoring - Tuesdays

Cultural Program - Thursdays

Las Palmas Park Rec/Outings

Monthly Incentives

For more information 818-639-3932 ext 2003
<https://www.pukuu.org>



AS@P! Teen Program(After School @ the Park

Coming this Fall is the AS@P! Teen Program at Recreation Park. Offering teens ages 11-17 a safe space to play, learn and relax with a recreation teen room with table games, video games, educational information and a brand new computer lab. AS@P! Teen Program will also offer early access to the gym for open play basketball, pickleball and volleyball.

Monday-Friday

FREE (registration required)

3:00PM-6:00PM





Summer Day Camp

Summer is here!

Registrations for Summer Day Camp are ongoing and will be throughout the summer. Children ages 5-13 years will participate in various activities such as arts & crafts, science, cooperative games, sports, swim and much more. FREE summer meals (lunch for campers) will be provided by the Los Angeles Food Bank.

Summer Camp is from June 16th - August 8th

Monday - Friday from 7:30AM - 6:00PM

Recreation Park

Register online or contact Recreation Park at (818) 898-1290

For more information visit the city website at: www.sfcity.org/sfrecreation



CULTURAL ARTS

Folklorico

Experience the classical style of Mexican culture; learn regional dances of Mexico through movement and music. Participants will be separated into two categories, beginners and intermediate, and assigned a class day to attend.

Ages: 5+

Wednesday or Friday at 7:00PM

Las Palmas Park | \$60-\$65

June - September 2025

Aztec Dance

Explore the music, choreography and poetry of this ancient dance tradition while understanding the history behind Danza. Mexica Danza is a form of art that helps build identity and self esteem through the use of culture, history, and the preservation of indigenous traditions.

Ages: 5+

Thursdays at 7:00PM

Las Palmas Park



Mariachi Master Apprentice Program

MMAP unites community youth with Grammy Award-winning master musicians to preserve the mariachi music genre. The program is supported in part by the National Endowment for the Arts, and the City of San Fernando. Led by Master Musicians from Mariachi Los Camperos.

Limited space, call to inquire.

(818) 898-1290



ADULT SPORTS

Volleyball Open Gym

Come bump, set, and spike your way into fun at our Open Gym Volleyball! Whether you're a seasoned player or just here for a good time, everyone is welcome.

Thursdays

5:00PM - 9:00PM

Recreation Park

Adult Basketball League

Fall Season 2025

Participants must be 18 and over to play.

5 player minimum, 12 player maximum per roster.

September - November

Wednesday Nights

\$340 per team, plus referee fees paid on game day

Pickleball Open Gym

Looking to improve your skills or just have some fun? Come out to our Pickleball Open Gym! All ages and skill levels welcome - bring your paddle or borrow one of ours.

Equipment available for use.

Tuesdays

5:00PM-9:00PM

Las Palmas Park



"Where community meets competition."

SENIOR CRAFTS AND SOCIALS

Tuesday Therapy

Tuesdays | 10:00am-11:00am

Las Palmas Park - Lobby

Did you know that coloring is a great way to relax and improve your brain's function? Stop by our coloring table to pick up a coloring sheet.

*Supplies provided

Terracota Pot Painting

Enjoy a relaxing and creative Pot Painting workshop! It is a great way to express yourself, socialize, and take home a beautifully decorated plant pot.

Monday, July 7

9:30AM - 11:00AM

\$5.00/per person

Priority registrations ends July 2.

Summer Time Tie Dye

Get creative at this colorful Tie-Dye Workshop. Dive into the art of tie-dye with fun techniques and great company.

Monday, August 4

9:30AM - 11:00AM

\$5.00/per person

Las Palmas Park

Elderly Nutrition Program

Weekly

Monday - Friday | 11:00AM-12:00PM

Las Palmas Park

Dining room opens at 10:00AM

Must be 60 years or older to participate.

To register call (818) 654-8990 or email

County meals@Onegeneration.org

Provided by One Generation



Co-Sponsors:

Pink Tree Insurance



Monthly Birthday Celebration

Las Palmas Park

For Seniors 55+ | 10:00am-11:00am

Join us on the first Wednesday of the month to celebrate birthdays.

Birthday cake, coffee, and tea will be provided.

Co-Sponsor: Pink Tree Insurance

*We will sing Happy Birthday at 10:15 am

SENIOR CLUBS

Park Bingo

Fridays | 11:00AM-12:00PM

Las Palmas Park

Birthday Celebrations on the last Friday of each month.

Tuesdays | 9:45AM - 11AM

Recreation Park

*Doors open at 9AM

Birthday Celebrations on the last Tuesday of each month.

Bingo playing cards, \$6 or 2/\$10

Weekly social bingo and monthly potlucks.
Birthday Celebrations on the last Tuesday of each month.

Crafty Ladies

Wednesdays | 9:00AM

Las Palmas Park

Weekly program focused on the art of the hook. Learn and share crochet, knitting and other fun crafting techniques.



Las Palmas Senior Citizens Club

A membership-driven program designed to give seniors a place to gather and socialize. Club activities include monthly meetings, dances, and excursions.

Ages: 55+ | Fees: \$42.00/year

Meeting Schedule

Las Palmas Park

Sun. | 1:30PM

July. 13 | Aug. 3 | Sept. 7

Dance Schedule

Las Palmas Park

July. 26 | Aug. 16 | Sept. 20

Senior Trips

July 12 | Camarillo Outlets

Sept. 21 | Solvang

Call Las Palmas Park for more information (818) 898-7340.

SENIOR WELLNESS PROGRAMS



Chair Yoga

Chair Yoga is a form of exercise specifically geared towards the elderly. Benefits include increased mobility and flexibility, improved mental health, and reduced stiffness and stress.

Monthly Fee \$30

Fridays at 9:00AM

Las Palmas Park



Pickleball

Experience the fastest-growing sport in the country. If you have played tennis or ping-pong, you are sure to enjoy this exciting new game! Beginners are trained and will practice with staff.

All equipment provided.

Weekly

Mondays: 10:00AM - 12:00PM

Fridays: 10:30AM - 1:00PM

Las Palmas Park

Summer Pickleball Tournament

Friday, July 25 | 10:30AM

Las Palmas Park

Free to register | Limited to 20 contestants.

Registration:

Opens July 1, 2025 | Closes July 21, 2025

Details:

- Open to players ages 18 and up
- Individuals will be paired the day of the event
- All skill levels welcome

Come for the competition, stay for the community! Paddles up!

For more call 818-898-7340.

Walkable Wednesdays

Come stroll with us every Wednesday to complete 30 minutes of walking. Everyone is welcomed to walk at their own pace.

Weekly

Wednesdays at 8:30AM

Las Palmas Park Picnic Tables

Zumba Gold

Zumba combines low and high intensity dance moves through choreographed routines to offer an interval style, calorie burning dance fitness party suitable for all fitness levels.

Ages: 55+

Must register monthly

Tuesdays at 10:30AM

Las Palmas Park

Co-Sponsored by:

Humana

**Get Medicare-ready with a
no-obligation benefits review**



Call a licensed sales agent

Germán Silva

747-295-2835 (TTY: 711)

Humana

CA License #0K61463

Chair Zumba Gold

Chair Zumba combines low to mid intensity dance moves through choreographed routines to offer an interval style. All of the routines are done by sitting on a chair and includes some exercises leaning on a chair.

Ages: 55+

Monthly \$10

Thursdays at 10:30AM

Las Palmas Park



NEW CLASS ALERT!

Starts August 6, 2025



Stretching & Strengthening

Boost your strength, mobility, and flexibility with this low-impact fitness class designed specifically for older adults. Using chairs and resistance bands, you'll engage in gentle yet effective exercises that support overall wellness and functional movement.

Monthly Fee \$10

Wednesdays at 10:30AM

Las Palmas Park

Free demo classes

July 23 & 30 | Wednesdays at 10:30AM

Las Palmas Park

WORKSHOPS

Platicas de la vida con café



Acompáñenos para charlar sobre la vida y conversar sobre nuestro dolor emocional, nuestras ansiedades y mucho más.

Se reúne el segundo y cuarto jueves del mes.

jul. 10* | ago. 28* | sept. 11 y 25

9 AM | Las Palmas Park | Gratis

Las clases son proveídas por el Departamento de Salud Mental del Condado de Los Ángeles.

Lunch & Learn with Regal Medical Group

Spend an hour with us each month this summer and walk away with helpful tips and fresh insights.

12:00PM - 1:00PM | Las Palmas Park | Gratis

How to Pack a Go-Bag | Wednesday, July 30

Learn how to prepare for a natural disaster with practical tips on packing an emergency Go-Bag.

Bonus! Guests will receive a small, disposable emergency kit that includes a first aid kit, flashlight, and an emergency blanket.

*Light lunch will be provided for those who RSVP by July 28.

Wellness with Dr. Parvinchi | Wednesday, August 27

Discover how to cultivate overall wellness through gut health, mindfulness, attaining inner peace, and boosting your metabolism

*Light lunch will be provided for those who RSVP by August 25.

Medicare 101 | Wednesday, September 24

Gain a clear understanding of Medicare. This workshop is perfect for those nearing eligibility or helping loved ones navigate the process.

*Light lunch will be provided for those who RSVP by September 22.

Cuidándonos Juntos

Únase a nuestro taller educativo sobre salud cerebral y Alzheimer, diseñado para informar y empoderar a la comunidad.

9:00AM–10:30AM | Las Palmas Park

Jueves, 3 de julio | Jueves, 7 de agosto | Jueves, 4 de septiembre

*Se le ofrecerá café y té.

Las clases son proveídas por:



VOLUNTEERS NEEDED

LOOKING TO MAKE A DIFFERENCE? BECOME A VOLUNTEER!

Be part of a dedicated team making a positive impact in the lives of seniors. We're looking for friendly, reliable volunteers (ages 18+) who enjoy working with older adults and are willing to assist in areas such as:

- Meal service
- Participant check-in
- Room setup and cleanup
- Leading or assisting with activities

Interested? Call us today at 818-898-7340 to learn more!

TECHNOLOGY PROGRAM

Intro to Computers

Ready to enhance your digital skills? Our team is here to help you conquer your tech challenges and gain confidence in navigating the digital world.

Register for a class today!

Laptops will be provided during class.

<p>Session 1: Digital Connection Wednesday, July 9 9:30am-10:30am Wednesday, September 24 9:30am-10:30am Discover the tools and skills you need to thrive in today’s tech-driven world. Whether it’s email, social media, video calls, or online safety, our digital connection resources help you stay informed, engaged, and connected.</p>
<p>Session 2: Safe Browsing I Wednesday, July 23 9:30am-10:30am Learn how to search the web, use apps, and keep your information and devices safe from malware, viruses and hackers.</p>
<p>Session 3: Become Comfortable with the Keyboard Wednesday, August 13 9:30am-10:30am Build confidence with the keyboard by practicing real words and phrases. This lesson offers a simple, effective way to improve your typing skills.</p>
<p>Session 4: Email Basics Wednesday, August 27 9:30am-10:30am Creating and sending personalized emails using outlook, gmail or yahoo.</p>
<p>Session 5: Safe Browsing II (Requirement: must have taken Safe Browsing I) Wednesday, September 10 9:30am-10:30am Become comfortable navigating the internet and downloading safely.</p>

Technology Wednesdays

Need one-on-one assistance? We can help with your devices - smartphones, tablets, or laptops!

Call Las Palmas Park to schedule an appointment today!

For more information, call (818) 898-7340

SPECIAL INTEREST



Casa De Lopez Adobe

The two-story Monterey-type adobe home was completed in 1883 by Valentin Lopez as a gift for his sister Catalina and her husband Geronimo Lopez. The family lived in the area long before the City of San Fernando was conceived and became known as the town's "first family." Members of the Lopez family lived in the adobe until 1962. The home was purchased from the Lopez family in 1970 and restored in 1974 as the original building for use as an early historical site, opening its doors to the public on April 5, 1975.

Tour Dates

July 26, August 30, & September 27

6:30PM - 9:30PM

Or by appointment

Call (818) 898-1290

For more information on
monthly events visit:

www.SFCity/SFRecreation.org



Cesar E. Chavez Memorial

The memorial honors the life, work and legacy of Cesar E. Chavez and includes artistic elements such as a mural, statues and eagle fountain which reflect the struggle of the farm workers.

Open year-round for self-led tours.

PARKS AND FACILITIES

Rentals

Whether you are planning a small meeting or a large gathering, the City of San Fernando provides the ideal setting for your event. Visit our website sfcity.org/sfrecreation for additional information or call (818) 898-1290 for location availability.

* Parks with Facilities or Community Centers

Facilities

1. Casa de López Adobe
1100 Pico St.
 - Lopez Adobe House
 - Restrooms
 - Fountain
 - Street parking
2. Cesar E. Chavez Memorial
Truman & Wolfskill
 - Walking Path
 - Cesar E. Chavez Statue, Memorial, & Mural
 - Eagle Fountain Wall
3. Las Palmas Park*
505 S. Huntington St.
 - Indoor Facility: Multi Purpose Rooms & Gymnasium
 - Outdoor Baseball Fields (4) & Basketball Courts
 - Playground & Fitness Area
 - Picnic Areas & Public BBQs
 - Restrooms
4. Layne Park
120 N Huntington St.
 - Outdoor Basketball Courts
 - Playground & Picnic Area
5. Pioneer Park
828 Harding St.
 - Outdoor Baseball Fields (2), Basketball Court, & Tennis Courts (2)
 - Playground
 - Picnic Areas & Public BBQs
 - Restrooms
6. Rudy Ortega Sr. Park*
2025 Fourth St.
 - Tea House
 - Walking Trail
7. San Fernando Recreation Park *
208 Park Ave.
 - Indoor Facility: Multi Purpose Rooms & Gymnasium
 - Outdoor Softball Field & Basketball Court
 - Playground & Fitness Areas (2)
 - Picnic Areas & Public BBQs
 - Restrooms
8. Cindy Montañez Natural Park
801 8th St.
 - Walking Trail

RCS DIRECTORY

Administration

RCS Director: **Julio C Salcedo**

JSalcedo@sfcity.org | (818) 898-7381

Executive Assistant: **Maria Calleros**

MCalleros@sfcity.org | (818) 898-7380

Administrative Assistant: **Linda Bowden-Moreno**

LMoreno@sfcity.org | (818) 898-7349

Office Clerk (Las Palmas Park): **Soledad Chavez**

SChavez@sfcity.org | (818) 898-7340

Office Clerk (San Fernando Park): **Tiffany Hernandez**

Thernandez@sfcity.org | (818) 898-1290

Recreation & Community Services

RCS Supervisor (Recreation Park): **Maribel Perez**

MPerez@sfcity.org | (818) 361-7156

RCS Supervisor (Las Palmas Park): **Juan Salas**

JSalas@sfcity.org | (818) 898-1296

RCS Coordinator: **Marisol Diaz**

MDiaz@sfcity.org | (818) 898-7341

RCS Program Specialist (Recreation): **Freddy Tapia**

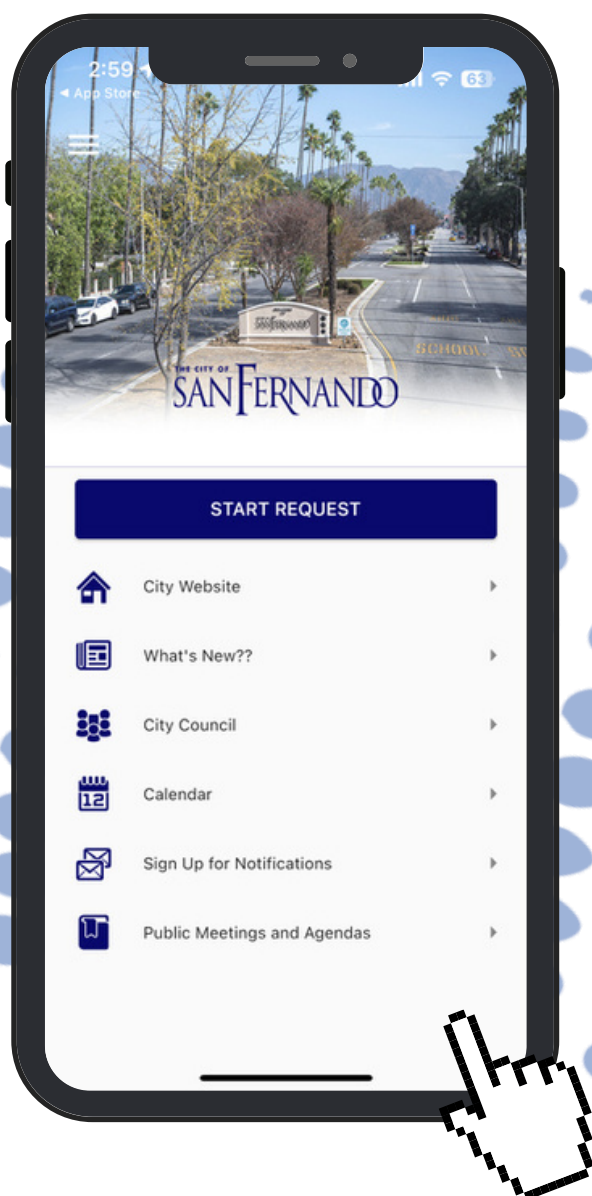
FTapia@sfcity.org | (818) 898-7360

RCS Program Specialist (Community Services): **Patty Garcia**

PGarcia@sfcity.org | (818) 361-7155



DOWNLOAD MY SAN FERNANDO



AVAILABLE NOW

- Access Information
- Submit Service Requests
- Report Issues
- And more...

Download App Now

