

OCTOBER - DECEMBER 2025

FALL 2025



RECREATION AND COMMUNITY SERVICES PROGRAM & SERVICE GUIDE



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MISSION STATEMENT

Our mission is to develop and implement programs and activities that provide for the well-being and personal development of the City's residents. Our staff is dedicated to creating those experiences that provide for good citizenship, sense of community and better quality of life.

Department Offices

Recreation Park
208 Park Ave.
818-898-1290
Mon. - Fri. 9:00 AM-5:00 PM

Las Palmas Park
505 S. Huntington St.
818-898-7340
Mon. - Fri. 9:00 AM-5:00 PM

Contact Us

Recreation@sfcity.org

Visit SFCITY.org/SFRecreation
to download this current issue to your phone

Get Involved with the City of San Fernando Recreation and Community Services!

We invite you to take part in the wide range of recreational programs and services offered by the City of San Fernando Recreation and Community Services Department! Whether you're looking to stay active, learn something new, or connect with your community, we have something for everyone — from youth sports and senior activities to cultural events and wellness programs.

Come join us and experience the joy of recreation, community, and connection!

SPECIAL EVENTS



DAY OF THE DEAD FESTIVAL

Join us as we celebrate life, culture, and tradition at the City of San Fernando's Día de los Muertos Festival! Enjoy a vibrant evening filled with live music, cultural performances, traditional altars (ofrendas), art exhibits, delicious food, and family activities.

October 25

11:00 AM - 4:00 PM

Recreation Park



HOLIDAY TREE LIGHTING

Kick off the holiday season with joy and community spirit at the City of San Fernando's Annual Holiday Tree Lighting Celebration! Enjoy live entertainment, holiday music, family-friendly activities, delicious treats, and a special visit from Santa Claus.

December 6

6:00 PM - 9:00 PM

Casa De Lopez Adobe

LEISURE CLASSES



CLASE DE CANTO

Descubra el instrumento de la voz. El estudiante aprenderá vocalización, dicción, cuadratura y afinación para lograr expresar un canto con sentimiento y proyectar una emoción efectiva a su público. (Instrucción en Español)

Edades: 18+

Mensual: \$35

Jueves 9:00 AM

Las Palmas Park



MUSIC CLASS

Learn to play an instrument, singing techniques, and participate in community presentations.

Ages: 18+

Monthly: \$25

Thursdays at 9:00 AM

San Fernando Recreation Park



LINE DANCING

Explore different styles of Line Dance with a variety of music, including country, pop, rock & roll, Latin, and big band.

Ages: 18+

8-week session: \$25

Wednesdays at 10:00 AM

Las Palmas Park



TOTAL BODY CONDITIONING

A moderate-to-high intensity full-body workout designed for all fitness levels. Develop strength, balance, and endurance through cardio and resistance training while increasing cardiovascular agility, burning calories, and sculpting your body.

Ages: 18+

Monthly: \$65

Monday - Thursday at 7:00 PM

Recreation Park

INCLUSIVE ZUMBA

High-energy, calorie-burning dance party modified for individuals with limited mobility or special needs. A parent, guardian, or caretaker must accompany the registered participant.

Ages: 14+

Monthly: \$25

Monday and Wednesday at 6:00 PM

Recreation Park



3 WINS SAN FERNANDO

A nationally recognized community exercise program focused on promoting healthy and active lifestyles.

Ages: 18+

Monday/Wednesday/Friday 8:15 AM

Recreation Park



***Holiday Class Pass–December 2025**

Free trial of selected Recreation classes | Registration Required | Space is limited

Inclusive Zumba | Total Body Conditioning | Shotokan Karate | Ninja Ninja Learns | Tennis

YOUTH SPORTS

YOUTH BASKETBALL WINTER LEAGUE PRE-SEASON

Ages: 7-17
Pre-Season
November-December 2025
\$85 resident fee
\$90 non-resident fee
Saturdays: 9:00 AM-5:00 PM
Recreation Park

MISSION CITY FALL BALL

Ages: 3-14
September-November 2025
In Session
Tuesdays & Thursdays 6:00 PM - 7:30 PM
Las Palmas Park

JOHNNY ALLEN TENNIS

Participants will learn the basics of Tennis, like hand-eye coordination and balance, before moving into technique, placement, movement, and advancing into competitive skills.

Ages: 3-17
October-December
Saturdays: 8:15 AM - 12:00 PM
Ages 3-5: \$50 resident/ \$55 non-resident
Ages 6-17: \$60 resident/ \$65 non-resident
Pioneer Park



***Holiday Class Pass-December 2025**

Free trial of selected Recreation classes | Registration Required | Space is limited

Inclusive Zumba | Total Body Conditioning | Shotokan Karate | Ninja Ninja Learns | Tennis

TINY TYKES BASKETBALL

Participants will learn the fundamental skills of basketball in a fun and supportive environment.

Ages: 3-6

October - November

Residents: \$35

Non-City Residents: \$45

Recreation Park

NINJA NINJA LEARNS

Introducing students to fundamental martial arts elements in a non-contact and non-competitive environment. Participants receive a headband at the end of the session, upon completion of the program.

Ages: 2-9 years old

October - November

Registration: \$90

Saturdays at 9:00 AM

SHOTOKAN KARATE

Class will teach the traditional form of martial arts known as Shotokan Karate. Focus will be on the basic techniques of punching, striking, kicking, blocking, and partner drills. The class will emphasize calisthenics, stretching, and overall respect towards others.

Ages: 5-16

Saturdays: 9:00 AM

Las Palmas Park

Registration: \$45

NO LIMIT BASKETBALL CLINICS

Participants will develop fundamental skills in basketball through games, activities, and challenges designed to teach proper form and technique. The clinics emphasize the importance of sportsmanship and teamwork in achieving success in the game.

October 2025

Ages 6-17

Residents: \$30

Non-resident: \$45



YOUTH PROGRAMS



AS@P! TEEN PROGRAM

AS@P! The Teen Program offers teens ages 11-17 a safe space to play, learn, and relax in a recreation room featuring table games, video games, educational information, and a brand-new computer lab. The Teen Program will also offer early access to the gym for open play in basketball, pickleball, and volleyball.

Monday-Friday

FREE (registration required)

3:00 PM-6:00 PM



TEENS FOR A BETTER COMMUNITY

Teens for a Better Community (TBC) is a youth leadership program that empowers high school students to take part in community service projects, summer/winter camps, and city-wide events.

For more information: (818) 898-1290
jsalas@sfcity.org



TUTCINT

Tutčint Youth Empowerment aims to raise academic achievement and promote Cultural and Community engagement.

Online Tutoring - Tuesdays

Cultural Program - Thursdays

Las Palmas Park Rec/Outings

Monthly Incentives

For more information 818-639-3932 ext 2003

<https://www.pukuu.org>

CULTURAL ARTS



MARIACHI MASTER APPRENTICE PROGRAM

MMAP unites community youth with Grammy Award-winning master musicians to preserve the mariachi music genre. Led by Master Musicians from Mariachi Los Camperos. Limited space, call to inquire. (818) 898-1290



FOLKLORICO

Experience the classical style of Mexican culture; learn regional dances of Mexico through movement and music. Participants will be separated into two categories, beginners and intermediate, and assigned a class day to attend.

Ages: 5+

Wednesday or Friday at 7:00 PM

Las Palmas Park | \$60-\$65

September - December 2025



AZTEC DANCE

Explore the music, choreography, and poetry of this ancient dance tradition. Mexica Danza is a form of art that helps build identity and self-esteem through the use of culture, history, and the preservation of indigenous traditions.

Ages: 5+

Thursdays at 7:00 PM

Las Palmas Park

ADULT SPORTS

ADULT BASKETBALL LEAGUE

Fall Season 2025

Participants must be 18 and over to play.
5 player minimum, 12 player maximum per roster.

September - November

Tuesday & Wednesday Nights

\$310 per team

\$45 referee fee per game

VOLLEYBALL OPEN GYM

Come bump, set, and spike your way into fun at our Open Gym Volleyball! Whether you're a seasoned player or just here for a good time, everyone is welcome.

Thursdays

5:00 PM - 9:00 PM

Recreation Park

PICKLEBALL OPEN GYM

Looking to improve your skills or just have some fun? Come out to our Pickleball Open Gym! All ages and skill levels welcome - bring your paddle or borrow one of ours.

Equipment available for use.

Tuesdays

5:00 PM-9:00 PM

Las Palmas Park

BASKETBALL OPEN GYM

Join us for Basketball Open Gym! Drop in and enjoy a friendly, active environment where everyone gets to play.

5:00 PM-9:00 PM

Call during office hours (M-F, 9-5 pm) to inquire about available days.

Las Palmas Park 818-898-7340

Recreation Park 818-898-1290

**“Community, connection,
and a little friendly
competition.”**



SENIOR CLUBS

PARK BINGO

Bingo playing cards, \$6 or 2/\$10
Join us weekly for social bingo, prizes, and fun!

Fridays | 11:00 AM-12:00 PM
Doors open at 10:30 AM
Las Palmas Park
Birthday Celebrations on the last Friday of each month.

Tuesdays | 9:45 AM - 11:00 AM
Recreation Park
*Doors open at 9:00 AM
Birthday Celebrations on the last Tuesday of each month.

CRAFTY LADIES

Join a welcoming craft circle to explore textiles, share tips, and work on projects — perfect for beginners and experienced crafters.

Wednesdays at 9:00 AM
Las Palmas Park



LAS PALMAS SENIOR CITIZENS CLUB

A membership-driven program designed to give seniors a place to gather and socialize. Club activities include monthly meetings, dances, and excursions.

Ages: 55+

Fees: \$42.00 per year

Meeting Schedule

Las Palmas Park

First Sunday of the Month at 1:30 PM

October 5 | November 2 | December 7

Dance Schedule

Las Palmas Park

October 18 | November 22 | December 13 & 31

Call Las Palmas Park for more information
(818) 898-7340.

Senior Trips

Explore new places and make connections on exciting trips — an adventure, outing, and travel experience all in one.

Oct. 4 | Avocado Festival, Carpinteria

Oct. 14 - Oct. 16 | Las Vegas, Old Town

Nov. 15 | Farmer Market, Los Angeles

Dec. 6 | Viejas Casino, Alpine

Dec. 20 | Nochebuena, Soraya Theatre



SENIOR WELLNESS PROGRAMS

CHAIR YOGA

Gentle chair-based yoga for seniors to improve flexibility, mobility, and mental well-being while easing stiffness and stress.

Monthly Fee \$30

Fridays at 9:00 AM

Las Palmas Park

PICKLEBALL

Stay active and improve balance with this easy-to-learn game. Great for exercise at any skill level.

Beginners are trained and will practice with the staff.

Mondays: 10:00 AM - 12:00 PM

Fridays: 10:30 AM - 1:00 PM

All equipment provided.

Las Palmas Park

WALKABLE WEDNESDAYS

Join us every Wednesday for a 30-minute stroll. Everyone is welcome to walk at their own pace.

Wednesdays at 8:30 AM

Las Palmas Park Picnic Tables

**“Wellness, friendship,
and fun — discover
activities that keep both
body and mind strong.”**



HALLOWEEN PICKLEBALL TOURNAMENT

Friday, October 24 | 10:30 AM

Las Palmas Park

Free to register | Limited to 20 contestants

Registration:

Opens October 6, 2025 | Closes October 20, 2025

Details:

- Open to players ages 18 and up
- Individuals will be paired on the day of the event
- All skill levels welcome

Come for the competition, stay for the community! Paddles up!

For more, call 818-898-7340



ZUMBA GOLD

Dance to upbeat routines designed for active older adults. Improve coordination, balance, and energy in every class. Suitable for all fitness levels.

Ages: 55+

Must register monthly

Tuesdays at 10:30 AM

Las Palmas Park



CHAIR ZUMBA GOLD

Enjoy Zumba from a seated position with moves for all abilities. Boost mobility, rhythm, and energy at your own pace.

Ages: 55+

Monthly \$10

Thursdays at 10:30 AM

Las Palmas Park



STRETCHING & STRENGTHENING

Improve your flexibility, mobility, and core strength with guided stretches and light exercises.

Monthly Fee \$10

Wednesdays at 10:30 AM

Las Palmas Park

SENIOR SOCIALS



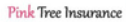
ELDERLY NUTRITION PROGRAM

Monday - Friday | 11:00 AM - 12:00 PM
Las Palmas Park
Dining room opens at 10:00 AM
Must be 60 years or older to participate.
To register, call (818) 654-8990
countrymeals@onegeneration.org
Provided by One Generation



MONTHLY BIRTHDAY CELEBRATION

Las Palmas Park
For Seniors 55+ | 10:00 AM - 11:00 AM
Join us on the first Wednesday of the month to celebrate birthdays.
Birthday cake, coffee, and tea will be provided.
Co-Sponsor: Pink Tree Insurance
*We will sing Happy Birthday at 10:15 AM

Co-Sponsors:  Pink Tree Insurance



TUESDAY THERAPY

Tuesdays | 10:00 AM - 11:00 AM
Las Palmas Park - Lobby
Did you know that coloring is a great way to relax and improve your brain's function? Stop by our coloring table to pick up a coloring sheet.
*Supplies provided

WORKSHOPS



PLATICAS DE LA VIDA CON CAFE

Comparta experiencias, hable sobre los cambios de vida y conéctese con otros en un entorno grupal guiado.

Oct. 9 y 23 | Nov. 13 | Dec. 11

9 AM | Las Palmas Park | Gratis

Las clases son proveídas por el Departamento de Salud Mental del Condado de Los Ángeles.



CUIDANDONOS JUNTOS

Únase a nuestro taller educativo sobre salud cerebral y Alzheimer, diseñado para informar y empoderar a la comunidad.

9:00AM–10:30AM | Las Palmas Park

Jueves, 2 de Octubre

Jueves, 6 de Noviembre

Jueves, 4 de Diciembre

*Se le ofrecerá café y té.

Las clases son proveídas por:



VOLUNTEERS NEEDED

LOOKING TO MAKE A DIFFERENCE? BECOME A VOLUNTEER!

Be part of a dedicated team making a positive impact in the lives of seniors. We're looking for friendly, reliable volunteers (ages 18+) who enjoy working with older adults and are willing to assist in areas such as:

- Meal service
- Participant check-in
- Room setup and cleanup
- Leading or assisting with activities

Interested? Call us today at 818-898-7340 to learn more!

SPECIAL INTEREST



CASA DE LOPEZ ADOBE

The two-story Monterey-type adobe home was completed in 1883 by Valentin Lopez as a gift for his sister Catalina and her husband, Geronimo Lopez. Members of the Lopez family lived in the adobe until 1962. The home was purchased from the Lopez family in 1970 and restored in 1974 as the original building for use as an early historical site.

Tour Dates

October 25th - 5:30 PM - 8:30 PM

December 6th - 5:00 PM - 9:00 PM

Or by appointment

Call (818) 898-1290

For more information on monthly events, visit:
www.SFCity/SFRecreation.org



CESAR E. CHAVEZ MEMORIAL

The memorial honors the life, work, and legacy of Cesar E. Chavez and includes artistic elements such as a mural, statues, and an eagle fountain, which reflect the struggle of the farm workers. Open year-round for self-led tours.

SPONSORSHIPS

Thank You to Our Sponsors!

We extend our heartfelt appreciation to our generous sponsors for their continued support of our community programs and events.

Because of your contributions, we are able to provide fun, enriching, and memorable experiences for all residents.

Your partnership makes a difference — thank you for helping our community thrive!

EVENTS AT THE LODGE

SAN FERNANDO



Great Location to host weddings, quinceanera's, company parties and more.

Get in touch with our rental specialist at
(805) 419-5305 for available dates

PARKS AND FACILITIES

Rentals

Whether you are planning a small meeting or a large gathering, the City of San Fernando provides the ideal setting for your event. Visit our website sfcity.org/sfrecreation for additional information or call (818) 898-1290 for location availability.

* Parks with Facilities or Community Centers

Facilities

1. Casa de López Adobe

1100 Pico St.

- Lopez Adobe House
- Restrooms
- Fountain
- Street parking

2. Cesar E. Chavez Memorial

Truman & Wolfskill

- Walking Path
- Cesar E. Chavez Statue, Memorial, & Mural
- Eagle Fountain Wall

3. Las Palmas Park*

505 S. Huntington St.

- Indoor Facility: Multi Purpose Rooms & Gymnasium
- Outdoor Baseball Fields (4) & Basketball Courts
- Playground & Fitness Area
- Picnic Areas & Public BBQs
- Restrooms

4. Layne Park

120 N Huntington St.

- Outdoor Basketball Courts
- Playground & Picnic Area

5. Pioneer Park

828 Harding St.

- Outdoor Baseball Fields (2), Basketball Court, & Tennis Courts (2)
- Playground
- Picnic Areas & Public BBQs
- Restrooms

6. Rudy Ortega Sr. Park*

2025 Fourth St.

- Tea House
- Walking Trail

7. San Fernando Recreation Park *

208 Park Ave.

- Indoor Facility: Multi Purpose Rooms & Gymnasium
- Outdoor Softball Field & Basketball Court
- Playground & Fitness Areas (2)
- Picnic Areas & Public BBQs
- Restrooms

8. Cindy Montañez Natural Park

801 8th St.

- Walking Trail

RCS DIRECTORY

Administration

RCS Director: Julio C Salcedo
JSalcedo@sfcity.org | (818) 898-7381

Executive Assistant: Maria Calleros
MCalleros@sfcity.org | (818) 898-7380

Administrative Assistant: Linda Bowden-Moreno
LMoreno@sfcity.org | (818) 898-7349

Office Clerk (San Fernando Park): Tiffany Hernandez
Thernandez@sfcity.org | (818) 898-1290

Recreation & Community Services

RCS Supervisor (Recreation Park): Maribel Perez
MPerez@sfcity.org | (818) 361-7156

RCS Supervisor (Las Palmas Park): Juan Salas
JSalas@sfcity.org | (818) 898-1296

RCS Program Coordinator: Marisol Diaz
MDiaz@sfcity.org | (818) 898-7341

RCS Program Coordinator (Recreation): Freddy Tapia
FTapia@sfcity.org | (818) 898-7360

RCS Program Coordinator (Community Services): Patty Garcia
PGarcia@sfcity.org | (818) 361-7155



All classes and programs listed in this guide are
subject to change based on enrollment.
Programs with low registration may be modified or
removed.

Keep your favorite activities running by registering
now!